

BIOGRAPHIES

Babatunde Adekson

Babatunde Adekson, M.S., N.C.C., CASAC-T, is a 2nd year PhD student in the Counseling Education and Supervision program at the University of Rochester, in Rochester, NY. His research interests include a primary focus on the Stigma of Mental illness, its effect on marginalized groups, with specific focus on the impact of stigmatizing attitudes and behaviors on the help seeking behaviors of individuals representing various cultural groups and communities. He is also very interested in Spirituality and the impact that spiritual development and awareness by both practitioners and clients has on the treatment relationship and experience. In his spare time, he enjoys Sunday mornings at Church, reading, listening to music, playing basketball and watching sports.

Mary Olufunmilayo Adekson

Mary Olufunmilayo Adekson, PhD, is an associate professor in the counselor education department at St. Bonaventure University, St. Bonaventure, New York. She teaches: Introduction to the profession of counseling, group, multicultural counseling, internship in school and mental health. As the current chair of the department, she oversees the daily activities of students and the faculty on the main campus. She is currently interested in research in spirituality within the counseling field. Her book on Yoruba traditional healers of Nigeria, published by Routledge in 2003 and her current manuscript on Native American and Canadian medicine man and healers, attest to her keen interest in traditional healing within her ethnic Yoruba group, the North American Natives and in Africa and other parts of the world. She is currently a member of American Counseling Association, Association for Multicultural Counseling and Development, Association for Counselor Education and Supervision, National Alliance on Mental Illness (NAMI) Cattaraugus County, New York. She is also a member, founding professor and faculty adviser of Phi Rho, the St. Bonaventure chapter of Chi Sigma Iota (International Counselor Education Honor Society). Among other things, she likes to walk and exercise at St. Bonaventure Ritcher Center, pray for others, mentor her past and present students and attend church on Wednesdays and Sundays.

Saadia Akram-Pall

Saadia Akram-Pall, psychotherapists and clinical member of the Ontario Society of Psychotherapists, has more than 20 years of experience helping individuals, couples, and families with a variety of psychosocial issues. She has a deep understanding of diversity and multicultural issues. Saadia has MA and M.Ed. degrees in psychology as well as post-master's specialization in clinical psychology. Presently, she is pursuing her doctorate degree in Counselling Psychology from OISE/UT. She has been working since more than 15 years in the nonprofit, community based sector and gained experience with diverse, newcomer and immigrant populations in reference to psychosocial and acculturation issues. Her doctoral dissertation mainly focuses on exploring resilience in immigrant population in the context of acculturation and depression. She has participated in various research projects, and her articles have also been published in professional journals. Her book *Abnormal Psychology* has been recommended for master's-degree studies. She has organized variety of groups, workshops, professional development trainings and community education forums.

Waseem Alladin

Waseem Alladin, PsyD, is the Editor in Chief of Counselling Psychology Quarterly: An International Journal of Theory, Research & Practice. He is the Clinical Director of the Centre for Work Stress Management /Centre for Cognitive Neuropsychology Therapy and Head of Psychology for Autism Care UK. He is a consultant chartered clinical and counselling psychologist, a forensic clinical neuropsychologist and a coaching psychologist. He has recently published in the fields of chronic pain and in transcultural and clinical psychology. He is a keen promoter of an ethnobiopsychosocial

model for counselling and psychotherapy (UNESCO Paris Conference, 2008), has made similar presentations from an Asian perspective at International Conferences in Durban, South Africa, 2010 and in Yogyakarta, Indonesia, 2010. He is Co-Editor with Roy Moodley & Aanchal Rai of Bridging East-West Psychology and Counselling. Sage [2010].

Denise Angelle

Denise is an artist, poet, writer, humanitarian aid worker, teacher and training Psychology Counselor who has spoken and used her arts as expression and therapy base in a number of areas including: Domestic Violence, Sexual Abuse, Poverty/Homelessness, Trauma. She has trained in Culturally Adapted Cognitive-Behavioural Therapy and Culture & Psychology and works in the areas of Arts, Mental Health, Language, Education, Social, Spiritual & Economic Development, etc. Denise is the founder of WORLDSTRENGTH Organization and has been working in Haiti since 2009. Denise has published a book, Poetry & Art-Volume I, "Strength" in 2008 & is currently writing about her experiences in Haiti.

Eileen Antone

Dr. Eileen Antone is a member of the Oneida of the Thames First Nation. She is Director of Aboriginal Studies/Centre for Aboriginal Initiatives at the University of Toronto. Dr. Antone is also a faculty member in the department of Adult Education, Community Development, and Counselling Psychology as well as a faculty member of the Transitional Year Programme. Dr. Antone has many years of experience with Aboriginal communities and organizations, both as a committee member and as a concerned individual advocating for Aboriginal perspectives. During her academic career the subject of her research, professional writing, teaching and field development has been Aboriginal knowledge and traditional ways of being. Dr. Antone's research is in Aboriginal Literacy, which she has found must be firmly rooted in the traditions of Aboriginal people. The traditions of Aboriginal people continue to be applicable today in the twenty-first century. She found through her research that Aboriginal literacy facilitates the development of self-determination, affirmation, achievement and sense of purpose.

Arlene Arias

Arlene Arias is a Licensed Clinical Social Worker for the Department of Mental Health and Addiction Services in New Haven, Connecticut. She practices at the Connecticut Mental Health Center where she conducts psychiatric evaluations and works with patients who present with acute psychiatric issues. She has worked in the field of mental health since 1995 and has taught several undergraduate behavioral science courses. Arlene is a doctoral student at the University of Hartford's Educational Leadership Program where she is currently working on a dissertation examining leadership and culturally competent service delivery in local mental health authorities in Connecticut.

Michel'e Bertrand

Michel'e Bertrand is a counsellor-therapist and doctoral student of Counselling Psychology at OISE/UT. She is interested in traditional healing, Black feminist thought and critical race theory, trauma therapy, cinema and relational psychoanalysis. Her work and ideas draw upon multiple experiences of migration and change, and all the difficult, loving conversations she is grateful to have been having along the way.

Jason Brown

Jason Brown, PhD, is a psychologist and social worker interested in holistic and strength based approaches to individual, family and community wellness. He teaches at the University of Western Ontario in the Counselling Psychology program.

Zack Cernovsky

Zack Cernovsky, PhD, (also known as Zdenek Cernovsky) studied psychology at the University of Berne and at the University of Zurich in Switzerland. He taught psychology for the University of Maryland in various US military settings in Germany and in Great Britain before immigrating to Canada in 1979. He has worked as a clinical psychologist and as a scientist in psychiatry at the Faculty of Medicine of the University of Western Ontario and its affiliated hospitals and also in the affiliated Lawson Research Institute. He has published more than 100 peer reviewed articles in scientific journals.

Nurun L. Chowdhury

Nurun L. Chowdhury holds a BSc in Biology and is currently completing her BSc Honours in Psychology from Memorial University. She is interested in pursuing a career in clinical psychology and is currently examining the determinants of mental health of immigrant populations in Canada, including social support and gender. Previous research experience includes a study on natural health product utilization among children in Newfoundland and Labrador (NL), and she is currently the research coordinator for a CIHR funded project studying wait times amongst cancer patients in NL.

Simon Chung

Simon Chung, MS, is a counsellor and doctoral student in counseling psychology at the University at Albany, State University of New York. His broad professional interests include working with underserved populations and those with oppressed cultural identities. Specific research and writing contributions of Simon's typically pertain to racial-ethnic identity, acculturation, race-related stress, and social advocacy. Simon is currently a subcommittee co-chair for the Asian American Psychological Association convention, as well as an executive board member for the organization's Division of Students. His involvement within his academic institution includes previously teaching a course in Psychology, Cultural Diversity, and Social Justice, and serving on the university's Multicultural Affirmative Action Committee.

Maria Collar

Maria Collar is a native of Havana, Cuba. At the age of fourteen immigrated to Miami, with her parents, and went on to graduate from Coral Gables Senior High, complete a Bachelor of Arts in Psychology with honors and certificate in Women's Studies from Florida International University. She is a recipient of the Psychology Research Initiatives Mentorship Experience Associate award (Funded by NIGMS and APA) and author of the article Enriched Rearing Facilitates Spatial Exploration in Northern Bobwhite (*Colinus Virginianus*) Neonates published in the *Developmental Psychobiology Journal*. She has also served as an undergraduate research assistant in the Developmental Psychobiology laboratory at Florida International University and graduate research assistant in the Comparative Bioacoustics laboratory at University at Buffalo. Currently, is an active member of Psi Chi National Honor Society in Psychology, CHI SIGMA IOTA Counseling Academic and Professional Honor Society and American Counseling Association, seeking a Master of Science in Community Mental Health Counseling at St. Bonaventure University with an expected graduation date of spring 2012. She is interested in counseling techniques which utilizes folklore, holistic approaches, indigenous practices and principles used by native healers as basis for creative therapy.

Shelley L. Craig

Shelley L. Craig, RSW, Ph.D. is an Assistant Professor at the Factor-Inwentash Faculty of Social Work at the University of Toronto. Dr. Craig teaches in the Health and Mental Health streams. Her professional interests include the social determinants of health and the service delivery system for sexual minority youth.

Susan Crawford

Susan Crawford received her masters in Social Work from the University of Toronto. Her primary research examined the influences on identity development of mixed race youth and more recently transracial adoption with a focus on parenting. She is the creator of the Transracial Parenting Initiative, a pre-assessment training program for new and prospective adoption and foster applicants. Susan is currently piloting a 2-day training session for professionals in the field of adoption, foster care and recruitment to explore ways to balance an integrated anti-oppressive framework in the assessment and evaluation of prospective applicants. She is the proud recipient of the 2009 Adoption Activist award presented by the North American Council of Adoptable Children (NACAC) and is currently the executive director and founder of Blend Education & Training Inc.

Monica Das

Monica is currently working as a provisional psychologist with the Black Gold School Division and with The Ability Society in Edmonton, Alberta. She graduated with a MEd. in psychological studies in education from the University of Alberta in 2010. Monica has been volunteering with anti-racism organizations as well as literacy projects with settlement services since 2000. Through her professional and personal endeavors, Monica has developed a strong passion for working towards anti-oppression ideals and exploring identity politics in Canadian context.

Velma Demerson

On a May morning in 1939, eighteen-year-old Velma Demerson and her lover were having breakfast when two police officers arrived to take her away. Her crime was loving a Chinese man, a “crime” that was compounded by her pregnancy and subsequent mixed-race child. Sentenced to a home for wayward girls, Demerson was then transferred (along with forty-six other girls) to Toronto's Mercer Reformatory for Females. The girls were locked in their cells for twelve hours a day and required to work in the on-site laundry and factory. They also endured suspect medical examinations. When Demerson was finally released after ten months' incarceration weeks of solitary confinement, abusive medical treatments, and the state's apprehension of her child, her marriage to her lover resulted in the loss of her citizenship status.

Velma Demerson is a widow, and mother of three children—the first child, the son of her interracial marriage, died at age twenty-six. She has worked throughout her life in a variety of positions, mostly as a secretary for governments (provincial and federal) and lawyers. She is self-educated.

Nathalie Dinh

Nathalie Dinh, Ph.D., is Professional Chief of Psychology at St. Mary's Hospital Center, in Montreal, Canada. She received her training in psychology at McGill University and the University of Montreal. Prior to becoming a psychologist, she obtained business and administrative education from the John Molson School of business of Concordia University and held various managerial positions in communications and marketing in the aerospace industry in Montreal and Paris, France. Dr. Dinh

has clinical and research experience in the formulation of cultural diagnostic interviews with individuals and families from diverse cultural backgrounds for which she trains Psychology interns and Psychiatric residents. She is a consultant to the Cultural Consultation Service at the Jewish General Hospital. Her current interests include integrating evaluative instruments and psychotherapeutic approaches toward a culturally-sensitive assessment of multicultural clientele. *Dr. Dinh's presentation is dedicated to OISE's 2011 Recipient of the Lifetime Achievement Award, her mentor and dear friend, Dr. Suman Fernando.*

Sandra Dixon

Ms Sandra Dixon holds a B.A (Hons.) in Psychology from the University of Guelph as well as a MA in Counselling Psychology from the Adler School of Professional Psychology (Chicago). She currently works as Caseworker for Toronto Employment and Social Services, where she provides effective service-delivery to myriad underserved, marginalized and underrepresented clients. As well, her current involvement with Women's Place, a community organization in a priority neighbourhood in Scarborough, has heightened her passion for working with and serving individuals who are often mislabelled and viewed as underdogs in our society. She has plans to pursue her doctoral studies in the near future. She strongly feels that her quest for higher learning will place her in a strategic position to further enhance her ability as a critical thinker; thus, becoming a change-agent on a societal level.

Chelsea Durber

I was born and raised in Vancouver BC and moved to Vancouver Island to complete my post-secondary education. This April I completed my honours B. A. in Psychology at the University of Victoria, Canada. I am interested in counselling and hope to pursue a career in counselling psychology focusing on adolescents.

Jerome A. Farrell

Jerome A. Farrell, MA, is a doctoral candidate in counseling psychology at the University at Albany, State University of New York. His professional interests include working with historically marginalized populations through clinical work, research, and training activities. Jerome has written and presented on topics such as acculturation, ethnic identity, racism, the use social identities in the supervision process, teaching and mentoring. Jerome has taught a course in Psychology, Cultural Diversity, and Social Justice, has supervised and trained masters and doctoral students. He has presented at conferences in the U.S. and Europe.

Suman Fernando

Suman Fernando, MD (Camb) is Sri Lankan by origin but has been living in UK most of his life. He was a consultant psychiatrist in the (British) National Health Service for many years before becoming an academic. He is now attached to the European Centre for Migration & Social Care at the University of Kent at Canterbury (UK) and currently Honorary Visiting Professor at Department of Applied Social Sciences, London Metropolitan University, London (UK).

Since his seminal book in 1988, *Race and Culture in Psychiatry*, Suman has written or edited five others, the latest (in 2010) being the third edition of *Mental Health, Race and Culture* – a book that is used extensively in training of mental health professionals in the UK. Latterly, Suman has been involved in a project of research and capacity building in Sri Lanka within the Trauma & Global Health (TGH) Program co-ordinated by McGill (Montreal); drawing on this and his extensive study of

cultural diversity in the understanding of mental health and wellbeing, Suman has co-written a significant publication ('Challenges in Developing Community Mental Health Services in Sri Lanka') on how services should be developed in low income countries in Asia.

For many years, Suman has been in the forefront of groups in the UK resisting oppressive legislation restricting rights of people diagnosed with 'mental illness' and in lobbying for change in psychiatric practice and the way mental health services are structured. Also he has been involved in developing community services for black and minority ethnic people in London (UK), and in providing critical advice on service development generally. Suman has visited Canada many times to give lectures and was involved over ten years ago in developing Across Boundaries, a mental health centre for ethno-racial communities in Toronto. Further details of Suman's background and work as well as copies of several of his papers are available on his website <http://www.sumanfernando.com>.

Kenneth Fung

Dr. Kenneth Fung, MD, FRCPC, MSc, is a Staff Psychiatrist and Clinical Director of the Asian Initiative in Mental Health Program at the Toronto Western Hospital, University Health Network. He is also Assistant Professor with Culture, Community, and Health Studies Program at the Department of Psychiatry, University of Toronto. He completed a two-year fellowship in Cultural Psychiatry at the University of Toronto, and his Master thesis was on alexithymia among Chinese Canadians. His primary research, teaching, and clinical interests include both cultural psychiatry and psychotherapy. He is the Block Coordinator of the Cultural Psychiatry Core Seminars for psychiatry residents at the University of Toronto, and is the seminar coordinator and a psychotherapy supervisor in Cognitive Behavioral Therapy at the University Health Network. He is currently conducting a research study with Dr. Mateusz Zurowski on Acceptance and Commitment Therapy and Cognitive Behavioral Therapy for chronic pain patients. He has been involved in community-based research projects related to immigrant and refugee mental health, including HIV. He is psychiatric consultant to the Hong Fook Mental Health Association and is involved in various mental health promotion and education projects in the community. He also offers consultations at Mon Sheong Scarborough Long-Term Care Centre. He has been appointed as a member of Toronto Central Local Health Integration Network Mental Health and Addictions Advisory Council. He is the current Chair of the Federation of Chinese American and Chinese Canadian Medical Societies.

Michael J. Gargano

Michael J. Gargano is a native of Long Island and is currently a masters student in Counselor Education at St. Bonaventure University. He holds a Bachelors of Arts in Theology from St. Bonaventure University and his research interests are the integration spirituality and psychotherapy, multiculturalism, and interdisciplinary approaches to counseling.

Sarah Grzincic

Sarah Grzincic is a Masters of Education student at OISE in Adult Education and Community Development. She holds a BA in French and Spanish and a post graduate diploma in Child and Youth Work. She has been involved with group homes, the school board and child and family community centres. Upon graduation from the CYW program, she assisted psychiatric survivors seek employment followed by a position in case management. She recently completed her practicum with the Regional Diversity Roundtable which fuelled a passion for equity and diversity issues and a journey of self actualization. Born in Toronto to a Serbian father and a Filipino mother, Sarah has experienced the difficulties of trying to belong to a salient racial identity. "No Really Where Are You From?" resonates with some of the issues mixed race people encounter when they are constantly forced to choose between ethnicities in order to appease cultural ideologies. Colonialism,

immigration and globalization have inadvertently shaped humans identities within a Canadian context.

Jaswant Guzder

Jaswant Guzder, MD is an associate professor in the McGill Department of Psychiatry, head of Child Psychiatry and director of Child Day Treatment at the Jewish General Hospital, and an adjunct professor in the McGill Faculty of Education. She continues to serve as a senior consultant with the Cultural Consultation Service at the Jewish General Hospital. She is also a psychoanalyst and supervisor for the Art Therapy masters program at Concordia University. Dr. Guzder worked in Mumbai, India from 1980 to 1984. Her child and family practice in Montreal is multicultural. She is active in both the child and transcultural sections in clinical, teaching, research and administration.

William Hall

Dr. William Hall – Clinical and Counseling Psychologist in Private Practice. Former chair of the RACE group of the British Association for Counselling and Psychotherapy. Research and publications in the area of Race, Culture and Psychotherapy.

Nazila Isgandarovais

Nazila Isgandarovais an adjunct member of faculty at Emmanuel College in the newly launched Canadian Certificate in Muslim Studies. She is a Spiritual and Religious Care Coordinator with the Ontario Multifaith Centre and the Cummer Lodge Long Term Care Home, a Chaplain at the Wenleigh Long Term Care Home in Mississauga, a DMin in Pastoral Counseling, Marriage and Family Studies from Wilfrid Laurier University. She is an internationally published researcher focusing on Islamic spiritual and religious care in a healthcare setting, pastoral counselling in a multi-faith context, and Muslim identity in the West.

Beheshta Jaghori

Beheshta Jaghori is a second year doctoral student in Counselling Psychology at McGill University. Thus far, her immediate academic and research interests have focused on the field of women's mental health and cross-cultural counselling. Her doctoral thesis examines the nature and etiology of the process of intergenerational transmission of war-related trauma among Afghan refugee families. In addition, Beheshta has worked with a number of non-governmental organizations on gender issues, economic development, and the promotion of peace both in Afghanistan and in the diaspora. She is currently serving on the board of directors of the Afghan Women's Organization.

Julie Kang

Julie Kang is completing a Master of Education, with a Collaborative Program in Aboriginal Health, at OISE/University of Toronto. She is currently working as a research assistant for Dr. Eileen Antone. Julie has an Honours Bachelor of Arts from Queen's, and a Bachelor of Education from OISE/UT. Before returning to OISE/UT to pursue graduate studies, she worked as public engagement manager in a literacy and international development organization based in Toronto. She has volunteered and worked in a number of programs for children and youth, most recently in a summer literacy program for the Onigaming First Nations community in northwestern Ontario as a summer reading instructor. Her research interests include individual and community healing; culturally diverse models of learning and special education; and decolonizing models for health and wellness.

Kelley Kenney

Dr. Kelley Kenney is a Licensed Professional Counselor and a Full Professor in the Department of Counseling and Human Services at Kutztown University, Kutztown, PA. Dr. Kenney is a co-author of *Counseling Multiracial Families*, published by Sage Publications and *Counseling the Multiracial Population: Couples, Individuals, and Families*, training video, distributed by Insight Media and Micro-training Associates, as well as an author and co-author of numerous articles, monographs and book chapters regarding the multiracial population. She is the Governing Council representative for the American Counseling Association's North Atlantic Region.

Mark Kenney

Mr. Mark Kenney is a Licensed Professional Counselor, an Adjunct Professor at Chestnut Hill College/DeSales University campus in the Department of Counseling Psychology and Human Services in Center Valley, PA, and Albright College Department of Interdisciplinary Studies, Reading, PA. He is also a co-author of *Counseling Multiracial Families*, published by Sage Publications and *Counseling the Multiracial Population: Couples, Individuals, and Families*, training video, distributed by Insight Media and Micro-training Associates, as well as a co-author of several book chapters addressing the multiracial population. He is co-chair of the American Counseling Association's Multiracial/Multiethnic Counseling Concerns Interest Network.

Kyle D. Killian

Kyle D. Killian, Ph.D., RMFT is Associate Professor in the Faculty of Health at York University and is Research Faculty at the Centre for Refugee Studies. Dr. Killian has published articles and book chapters on intercultural and interracial couples, immigrant and refugee families, and factors associated with resilience and burnout in health care professionals. He is co-editor and contributor to the book *"Intercultural Couples: Exploring Diversity in Intimate Relationships"* (Routledge, 2008) and is currently completing another book entitled *"Crossing Racial Borders: Interracial Couples, Intimacy and Therapy"*. A member of the editorial boards of *The Qualitative Report*, *Traumatology*, and the *Journal of Feminist Family Therapy*, Dr. Killian also conducts research on the areas of trauma and emotional intelligence.

Steven Koptie

Steven Koptie is from the Six Nations of the Grand River, and a late comer to academia, returning to graduate school after 35 years of community work in Southern Ontario and the far north. He is dedicated to the idea that Native people have a human right to be fully recognized as distinct peoples. The question of "Cultural Safety" and recognition of an Indigenous identity guides the community work he does. Mr. Koptie returned to academia in his 5th decade, and successfully graduated from OISE at the University of Toronto in 2010. He won the Presidents Award for Top Aboriginal Graduate Student after fighting hard to be admitted to graduate studies as an adult learner. Steven is a glowing example of the diversity of individuals who constitute Indigenous scholars in the academy. He notes that returning to school can enrich not only your own life, but inform and dispel the many myths that plague and undermine relationship building between Aboriginal and Canadian citizens in this country.

Bonita Lawrence

Bonita Lawrence (Mi'kmaw) teaches Indigenous Studies at York University in Toronto. She is the author of *"Real" Indians and Others: Mixed-Blood Urban Native People and Indigenous Nationhood*. UBC Press, 2004 as well as co-editor (with Kim Anderson) of *Strong Women Stories: Native Vision and Community Survival* (Sumach Press 2003), and an edition of *Atlantis: A Women's Studies*

Journal, entitled Indigenous Women: The State of Our Nations. She is a traditional singer, who has sung at rallies, social events, benefits and prisons in Kingston and Toronto.

Hung-Tat (Ted) Lo

Ted Lo, MBBS, MRCPsych, FRCPC, is a community psychiatrist in Toronto. He came from Hong Kong over 30 years ago, and has been actively involved with the development of mental health services for the ethnocultural populations and cultural competence training of the healthcare professionals. He was the Founding President of Hong Fook Mental Health Service, serving the Asian populations in Toronto with various innovative ethno-specific programmes. He often speaks to the community and was awarded the Educational Excellence in Community Healthcare by the Faculty of Medicine.

He is also an Assistant Professor in the Department of Psychiatry, University of Toronto, consulting to the Culture Community & Health Studies Program. With his colleagues there, he developed an integrative model in teaching the sociocultural component in the core curriculum for psychiatric residents. For their work in faculty development in this area, they were awarded the Ivan Silver Continuing Education award. He helped re-establish the Transcultural Psychiatry section in the Canadian Psychiatrists Association, and is part of the World Association of Cultural Psychiatrists.

Dr. Lo is part of the international Consortium on Cultural Consultations, working with the Cultural Consultation Team at Mount Sinai Hospital. He is as well a visiting faculty to the University of Addis Ababa, Ethiopia, currently helping the development of services in various parts of the country.

Over the years, Dr. Lo has been part of the mental health planning initiatives in the municipal, provincial and federal levels, currently serving on the Service System Advisory Committee of the Mental Health Commission of Canada. He led a task group overseeing the preparation of a document to advise the Commission on services to the immigrants, refugees, ethnocultural and racialized populations.

Another interest of Dr. Lo is complementary and alternative medicine (CAM), and he founded a charitable organization, FACT (Friends of Alternative & Complementary Therapies) to promote education in that area for the public as well as the mainstream healthcare professionals. He was awarded the Prix Clarite by the Canadian Complementary Medicine Association. His interest in traditional healing also led to the first International Conference on the Art and Science of Traditional Medicine.

Athena Madan

Athena Madan, CCC, is a PhD candidate at the University of Toronto, in Sociology and Equity Studies in Education (supervisor: Kwame McKenzie MD | MRC Psych). She is a mental health practitioner (Canadian Counselling & Psychotherapy Association) whose research interests include health equity, social capital in the treatment of mental illness, and the (re)building of attachment bonds following postcolonial injury.

Lauren McInroy

Lauren McInroy, B.Ed, MSW, is a recent graduate of the Factor-Inwentash Faculty of Social Work's Master of Social Work program at the University of Toronto, with a concentration on diversity and social justice. She is also a graduate of The Ontario Institute for Studies in Education, holding a Bachelor of Education degree and specializing in inner city education. Her research interests include vulnerable children and adolescents, as well as sexual and gender minority populations.

Meaghan Moore

Meaghan is eagerly completing the 'last leg' of her MEd in Counselling Psychology at the *University of Toronto, OISE*. Meaghan just recently completed her MEd practicum at the *Counselling and Disabilities Centre at York University* where she conducted her first of many sessions *not* under a tree, sitting by a lake, in a canoe, or inside a tent. She holds a BAH in philosophy from *Queens University*, a Certificate in Expressive Arts Therapy from the *International School for Interdisciplinary Studies* and a ten week Advanced Training in Expressive Arts Therapy as well as a Level One training in Emotion Focused Therapy through the *Emotion Focused Therapy Clinic at York University*. Meaghan has nine years experience working with 'high risk' youth (particularly those struggling with addictive substances) and other resilient populations within wilderness settings in the roles of all of outdoor educator, group facilitator, play mate, mentor, wilderness guide, and therapist.

Roy Moodley

Roy Moodley, PhD, is an Associate Professor in the Department of Adult Education and Counselling Psychology at the Ontario Institute for Studies in Education. His research interests include race, culture, and psychotherapy; traditional healers and healing; cross-cultural illness representation and presentation in psychotherapy; and gender and identity, with particular reference to masculinity.

Zahra Murad

Zahra Murad is a first year Ph.D. student in Curriculum Studies at OISE/UT. She is interested in anti-racist curriculum, Indigenous solidarity, decolonizing education and critical race theory. She hates writing bios, but loves her cat.

Martha Ocampo

Martha Ocampo is the former Co-director of Programs and Services at Across Boundaries (AB), now the Manager for Education and Resource. She played a key role in developing the Centre's Holistic Model of Care within an Anti-Racism/ Anti-Oppression Framework. She integrates indigenous practices, art, politics, spirituality and community involvement in developing services and programs that enhance healing and recovery. She has a long history of providing educational and training workshops at mental health agencies, colleges, universities and the general public and she developed a Leadership and Advocacy Training for marginalized groups.

Giles Pinto

Giles Pinto is currently a graduate student in the Counselling Psychology program at OISE/UT, pursuing the Guidance & Counselling stream. He has been a teacher, both in Canada and abroad, for more than a decade; he earned his teaching qualifications at OISE/UT and currently teaches English literature and philosophy at Branksome Hall School in Toronto. He also holds an MA in South Asian Studies from the University of Toronto. He comes from a family with mixed ancestry and his spouse is of West Indian descent. They have two children.

Sylvia Raju

Sylvia Raju is currently employed as a Mental Health Counsellor in Victoria, BC with over 13 years of frontline experience working with children, youth, and families. Sylvia is completing an MSW at the University of Victoria with her research focusing on the fluid lives of mixed-race queer women. Inspired by her mixed-race queer identity, Sylvia is dedicated to decolonizing practices, preferring to focus on sites of privilege, such as heteronormativity and whiteness, rather than on the marginal locations which they strategically inform.

Renée Rawlins

Renée is a candidate in the Doctor of Education program in Counselling Psychology for Community and Educational Settings at the University of Toronto. Renée is currently a Guidance Counsellor and Department Leader in the TDSB. She is a member of the Ontario School Counsellors Association, the Canadian Counselling and Psychotherapy Association, and the Association of Black Psychologists. Her passion for counselling, education and community advancement has led her to also work extensively in the community. Renée is the Executive Director of Black Pearls Community Services, Inc. and a member of Alpha Kappa Alpha Sorority, Inc., organizations dedicated to Black women. Through her career and her community service, Renée has developed numerous initiatives geared towards counselling and uplifting girls and women in the Black community.

Noor Aishah Rosli

Noor Aishah Rosli is a PhD student in Counseling Psychology program at Marquette University, Wisconsin, USA. She is a Malaysian citizen who has been in the United States for almost 4 years. She received her bachelor degree in psychology from International Islamic University of Malaysia, Kuala Lumpur and Master Sciences in Counseling from Universiti Utara Malaysia, Sintok, Kedah, Malaysia. Noor A. Rosli also is a writer. She is already published 18 children books. Her interest in clinical training is providing therapy and assessment with children, adolescent, and their families. She is also shows her interest in multicultural issues. Thus, she will be present a paper about acculturation at Harvard University, Boston on May 28th, 2011.

Kazi Rouf

Kazi Rouf is a PhD student of Adult Education and Community Development at OISE. He did his Masters in Environmental Studies (MES) from York University in 2008 and Bachelor of Arts (BA) in Women Studies from York University in 2006. Rouf has worked for Grameen Bank Bangladesh and in other micro-finance institutions in Bangladesh, India, Afghanistan, and Pakistan. Moreover, he worked in Namibia, Lesotho, India, Pakistan, Afghanistan, Philippines, United States and Canada for promoting small and medium enterprises (SME) and self-employment among low income people. Kazi Rouf writes many articles after working for Grameen Bank and other micro-finance institutions around the world for long time. To contact Kazi and for details regarding the references contained in the article please contact him at: rouf56@hotmail.com.

Rashmi Singla

Rashmi Singla – Associate Professor, Department of Psychology & Educational Research, Roskilde University, Denmark, simultaneously affiliated to an NGO (Transcultural Therapeutic Team) providing psychosocial services to ethnic minority youth and their families. Earlier two decades of experience as a clinical psychologist in the Municipality of Copenhagen. Currently a member of the board, Society for Intercultural Psychology, Denmark.

Ph.D. , Masters Degree in Psychology from the University of Copenhagen, Denmark as well as Master of Science in Child Developmental & Family Relationships, University of Delhi. Born and raised in North India, moved to Denmark in 1980. Main fields of academic interest and research are family relations, youth development and psychosocial intervention with focus on ethnicity and movements across borders. Besides, interplay between Eastern and Western Psychology is an area of interest. Has published books, a number of peer-reviewed journal articles as well as broad media articles within above mentioned fields. Among the published books are:

- *Etnisk minoritetsungdom i Danmark - om deres psykosociale situation (1995)*, (Ethnic Minority Youth in Denmark – About Their Psychosocial Situation), Danish Psychological Publishers, Copenhagen.
- *Youth Relationships, Ethnicity and Psychosocial Intervention, (2004)* Books Plus, New Delhi.

- *Now And Then - Life Trajectories, Family Relationships and Diasporic Identities: A follow-up Study of Young Adults* (2008), University of Copenhagen.

Christine Smillie

Christine Smillie (Nowa Geezhig Kwe/Centre of the Sky Woman) is a senior doctoral candidate, in the Aboriginal Education & Community Development Program at the Ontario Institute for Studies in Education, University of Toronto. As well, Christine is taking a Collaborative Program in Aboriginal Health at Dalla Lana School of Public Health, University of Toronto. She is the proud mother of three beautiful children and the 'Nokomis' (grandmother) of one. Christine is a member of the Metis Nation of Ontario and has affiliations with Garden River Reserve thru her mother's family. Christine's father is of Scottish and Irish heritage. From the Anishnaabe Otter Clan (Warrior & Healer), Christine's academic goals are to use her skills and knowledge to help empower her community through culturally relevant, research methods in regards to education and holistic health.

Theresa Smith

Theresa Smith has been involved in the community as a volunteer with the Centre of Addiction and Mental Health (CAMH) for over 5 years. Her experience includes developing and facilitating workshop directed towards youths, parents and teachers on topics such as harm reduction, media literacy, body image and living in families with addictions. Her interest in mixed race identity stems from the intersections of personal history and world history, immigration and colonialism and their implications on the evolution of the social construction of race. Theresa graduated with a Specialized Honors in Psychology from York University and is currently pursuing a Masters of Adult Education and Community Development at OISE.

Marguerite Sookoor

Marguerite Sookoor is a first year doctoral student in Counselling Psychology at OISE, University of Toronto. Her academic research interests have focused on ideologies of multiculturalism and their application in the therapeutic process. Specifically, she has had a long standing interest in mixed race/ interracial / interethnic relationships and children of mixed race/ethnic heritage. She plans to complete her doctoral thesis on the cultural identity development of mixed race/ethnic children and youth. Her hope is that Canadian studies of this nature may benefit interethnic couples and their children and allow access to more culturally sensitive practices when seeking mental health services.

Suzanne L. Stewart

Dr. Suzanne L. Stewart is from the Yellowknife Dene Nation (NWT, Canada) and an assistant professor in Counseling Psychology at OISE/University of Toronto. Her research and teaching focus on Indigenous mental health and healing, health promotion, and Indigenous pedagogies in post-secondary education. She has recently published in the International Journal of Health Promotion and Education, Journal of Health Psychology, Canadian Journal of Education, and First Peoples Child & Family Review. She may be contacted at: suzanne.stewart@utoronto.ca

Jean Tsai

Jean Tsai was born in Taiwan and moved to Vancouver, BC at a young age. She completed her BA in Psychology at Simon Fraser University and has recently completed her MEd. in Counselling Psychology at the Ontario Institute for Studies in Education, University of Toronto. She is interested in integrating psychotherapy with community development and cultural healing practices and hopes to practice in a setting that would facilitate such clinical work. As an active member in the Taiwanese Canadian community in Toronto, Jean participates in numerous cultural events. Her most

recent involvement includes judging the singing competition in the 2010 TELUS Taiwan Fest as well as conducting the Allegro Taiwanese student choir in 2011.

Suthakaran Veerasamy

Dr. V. Suthakaran is an assistant professor in the Psychology Department at the State University of New York at Fredonia. He obtained his Ph.D. in Counseling Psychology at the University of Maryland, College Park. He completed a post-doctoral fellowship at the University of Notre Dame, Indiana. Dr. Sutha's main research focus is his Experiential/Rational Model of Religious Identity Development. He is currently validating an instrument (RIDS: Religious Identity Development Scale) based upon his religious identity development model.

Njoki Nathani Wane

Njoki Nathani Wane, Ph.D. (University of Toronto), the current Director of Office of Teaching Support at OISE (OTSO) & Centre for Integrative Anti-Racist Research Studies (CIARS), is an Associate Professor, at the University of Toronto, Department of Sociology and Equity Studies at the Ontario Institute for Studies in Education. For the last twenty years she has been researching, writing and teaching in the areas of Black feminisms in Canada, African feminisms, African indigenous knowledges, anti-racist education in teacher education, African women and spirituality, and ethno-medicine. She has published widely in journals and anthologies in the areas of African women and indigenous knowledge, Black Canadian feminisms; African women and spirituality, anti-colonial thought and ethno-medicine. Her co-edited book (with N. Massaquoi), *Theorizing Empowerment: Canadian Perspectives on Black Feminist Thought*, was published by Inanna Publications in 2007. Other recent publications include: Wane, *Reading Fanon Differently: Black Canadian Perspectives*. In George Dei (Ed) *Fanon and the Counterinsurgency of Education* (2010). Wane & Sutherland (2010) *African and Caribbean Indigenous Healing Practices and their Relevance to Counselling and Psychotherapy: Research Findings from Kenya & Grenada*. In Moodley & Anthony George. *Alternative Counseling & Healing*. Wane, N. Traditional Healing Practices: Conversations with Herbalists in Kenya. (2010) In Dip Kapoor & Edward Shizha. In *Contemporary Asian and African Indigenous Knowledge and Learning: Essentialisms, Continuities and Change*. Malgrave MacMillan. *Indigenous Education and Cultural Resistance: a Decolonizing Project* (2009), *Curriculum Inquiry*; *Black Canadian Feminism Thought: perspectives on equity and diversity in the academy. Journal Race Ethnicity and Education*.12 (1). 65-77 (2009): and *Mapping the Field of Indigenous Knowledge in Anti-Colonial discourse: A Transformative Journey in Education. Journal of Race, Ethnicity and Education*. Vol 11 No.2. (2008).

Pat Ward

Pat Ward is a qualified counsellor, social worker, teacher and play therapist. She has worked in various settings including Health, Social Services, Education and Community based Organisations. Her qualifications include Certificate of Education, B.Phil. (Community Education), CQSW (social work), M.Ed. (Counselling) and Diploma in Play Therapy. She also has a postgraduate qualification in working with Survivors of Abuse and a further qualification in Supervision of Therapists. She is currently doing Doctorate in Counselling at Manchester University.

She presented a paper on 'White women's experiences as Mothers of Mixed Heritage children' at a conference 'Mothering across Racial Boundaries' held at Royal Holloway University, UK, in 2010.

Thelma Wheatley

Thelma Wheatley was educated in Wales, and has a Masters degree in English, York University, Ontario. She was married to a "Eurasian" Sri Lankan for thirty-five years, and has two children, one of whom is autistic. Thelma is past-president of Autism Society Ontario, Peel Region. Her first book,

My Sad Is All Gone, A Family's Triumph Over Violent Autism (Lucky Press, Ohio, 2004) about raising her autistic son, was the first to be published by a Canadian parent around the issues of violence and self-mutilation. She continues to be an advocate for developmentally challenged persons. In 2004, she joined Hands Across The Nation, a volunteer organization, to work for a summer building a field hospital with local Africans in a rural village in Mali, sub-Saharan. Currently she is the editor of the Friends of the Archives newsletter, History of Psychiatry, Centre for Addiction and Mental Health, (CAMH), Toronto. She is working on a novel about her "mixed" marriage. Thelma can be contacted at Twheatley@execulink.com.

Charmaine C. Williams

Charmaine C. Williams, PhD, is the Associate Dean Academic of Social Work and the Factor-Inwentash Chair in Social Work in Health and Mental Health. Her research bridges practice and access and equity issues that affect access to primary health care for racial minority women, HIV prevention in the Black communities, and individual and family experience of living with serious and persistent mental illnesses. The majority of her practice experience has been in the mental health care system where she worked in inpatient and outpatient services, providing interventions for individuals, families and groups. She has also been involved in organizational change initiatives in the health care sector, developing and delivering professional education in the areas of anti-racism, cultural competence, mental health and addictions, and addressing policy, procedural issues and complaints as the Anti-Racism officer for the University of Toronto.

Rosa Wu

Rosa Wu received her M.A. and Ed. M. in psychological counselling at Teachers College, Columbia University. She is currently pursuing her Ph.D. in counselling psychology at the Ontario Institute for Studies in Education in University of Toronto. Her main research interests include: multicultural counselling competencies, racial tensions in the counselling dynamic, traditional and alternative methods of healing, and relationship commitment processes in interracial couple relationships. Originally from Taiwan, she has lived in Costa Rica, Panama, Spain, and New York, and is proficient in written and spoken English, Spanish, and Mandarin Chinese.

Jin-Sun Yoon

Jin-Sun Yoon is a Senior Instructor at the School of Child and Youth Care at the University of Victoria. She brings 30 years of intersectional counselling practice and diversity training into her academic research/teaching and community-based activism stressing critical inquiry in western counselling approaches. She is co-chair of the Minority and Indigenous Women Instructors' Network (MIWIN) at UVic and a founding member of antidote: Multiracial and Indigenous Girls and Women's Network in Victoria BC. Jin-Sun is a parent of biracial children and co-sponsor of the annual Multiracial Family event. Queer alliance is supported through her work with the Positive Space Network.

Humair Yusuf

Humair Yusuf, M.A., M.Ed., is a doctoral candidate in counselling psychology at the Ontario Institute of Studies in Education, University of Toronto. His research focuses on cultural factors underlying the construction of explanatory models and representations of mental illness. Other areas of interest include aging, masculinity, spirituality, traditional healing and mental illness in Islamic contexts.