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1. Overview of the Book

This handbook will provide an overview of the unique history, present status, and future prospects in counseling psychology/psychotherapy of more than 40 nations across the globe. Consistent subheadings will be generated in each chapter so that readers could cross-reference between countries, themes, and issues.

We propose the following subheadings for each country Chapter (+/- 6000 words each chapter):

- Abstract
- Introduction
- Demographics
- Brief history of counseling and psychotherapy
- Counselor education programs, accreditation, licensure, and certification
- Current counseling and psychotherapy theories, process and trends
- Indigenous and traditional healing methods
- Research and Supervision
- Strengths, weaknesses, opportunities and challenges
- A Case Study
- Future Directions
- Conclusion
- References

The Handbook is divided into SEVEN Parts:

**Part I: A Global Overview of Counseling and Psychotherapy:** A comprehensive introduction to the history, philosophy, process and trends in counseling and psychotherapy in a global context (by Dr. Juris G. Draguns, Penn State University)

**Parts II – VI: Counseling and Psychotherapy around the World.** Each part divided into the five continents/regions. Each region has chapters from some of the major countries where counseling and psychotherapy is undertaken. Countries were selected on the basis of their (a) population size; (b) how well they represent a given region in the world; (c) how well they represent global cultural variability; (d) how well developed their counseling and psychotherapy traditions are; and (e) whether we can find a good author(s) for a chapter on a given country. Regions are presented in alphabetical order, beginning with Africa and followed by the Americas, Asia, Europe, and the Middle East. Furthermore, invited authors are those who are familiar with and
have a well-rounded understanding of the development of counseling and psychotherapy in their country of expertise.

**Part VII: Comparative Analysis across Borders: Bridging Counseling and Psychotherapy across Cultures.** In this last section of the book the editors will examine the issues, themes, trends, challenges and processes of counseling and psychotherapy theory, research and practices across the globe. Through a cross-cultural analysis this Chapter will discuss future directions for a global intercultural and multicultural approach.

2. **Rationale**

2.1 **Examining the impacts of globalization**

Globalization can be defined as the growing interconnectedness between people around the world with regards to social, political, economic, technological and cultural exchanges. In mental health care, globalization has increased the need for countries to look beyond their borders in order to promote effective health care strategies. Indeed, we are now witnessing worldwide changes in the mental health care systems brought about by globalization, whether it is the health care policies or the therapeutic orientations endorsed by practitioners. However, globalization has generally led to the domination of Western views of mental health as well as the policies and interventions associated with it. In other words, integration of foreign values and ideas has been more apparent in non-Western countries than Eurocentric nations. This is due in part to the well-established status and specialty of Western psychological theories as the standard approach to counseling and psychotherapy. But as globalization continues to characterize the world we live in today, it is imperative for practitioners, clinicians, educators, and those in training to abandon their sense of self-sufficiency and actively increase their understanding of counseling and psychotherapy practices as they exist across cultures and nations.

2.2 **Meeting the challenges of immigration**

As the current high rate of immigration is driving many demographic changes in the West, mental health professionals must acquire the ability to interact effectively with people of different cultures. In thirty-five of the U.S.’s fifty largest cities for instance, non-Hispanic Whites are or soon will be the minority (according to Census 2006). These new racial/ethnic configurations inevitably bring about different worldviews,
belief systems, values, customs, lifestyles, etc. In order to meet the diverse needs of minorities, clinicians should not only be ready to integrate their clients’ cultural attitudes and beliefs into diagnosis and treatment but also continuously promote skills and practices that ensure culturally responsive services. This book will therefore illuminate the development of counseling psychology/psychotherapy in countries worldwide as a way to enhance understanding of diverse cultures and to help build multicultural competencies.

2.3 Limited research
There is a paucity of research publication in this area of study. While existing books have mainly examined (1) theories and interventions that pertain to international or global psychology and (2) general cross-cultural counseling strategies for ethnic minorities living in Western countries, our study is of notable difference. We are stepping beyond borders and exploring the development of counseling psychology and psychotherapy in countries located across the globe.

2.4 Growing interest in this area of study
No single text is available to the growing numbers of counselors and psychotherapists who take interest in the development of counseling psychology and psychotherapy in countries worldwide.

3 Intended Audience
The intended audience primarily consists of certificate, diploma, undergraduate and post-graduate students in counseling, psychotherapy, psychiatry and others who have an element of counseling and psychotherapy training in their professional development (i.e., nurses, health visitors, trainee teachers, social workers, youth and community workers and medical students). This volume will be a practical and valuable reference manual for teachers, lecturers and researchers who work in counseling and psychotherapy, particularly members of the American Psychological Association, American Counseling Association, Canadian Psychological Association, Canadian Counseling Association, The British Association of Counseling and Psychotherapy, The British Psychological Society, and The United Kingdom Council for Psychotherapists, Australian Psychological Association and many others. Although existing texts on multicultural counseling and psychotherapy have been increasing over the last decade, particularly in the U.S., our book will inform readers about the
historical background, current trends and future anticipations of counseling and psychotherapy embedded in regions and countries across the globe. Therefore, it seems highly desirable that such a manual is produced for the U.S., Canada and UK markets, where the effects of globalization and the influx of immigration are especially prominent. This book will also have an international appeal, particularly in regions such Australasia, Europe, and South Africa.

4 Length of Book
The book will be presented in APA style and run about 800-900 double-spaced pages including notes and bibliography. Thirty-seven (37) Chapters + Introduction. Total number of words maximum: 250 k.

5 Competing Books
There are currently no existing works that cover the same range of topics as this one. One older book, International Psychotherapy: Theories, Research, and Cross-Cultural Implications (Downing, 1989), seems to hold the same interest; however its aims and paths are far different. While International Psychotherapy divides its chapters into three main themes (e.g., differences between traditional and modern therapies and the politics and social implications of psychotherapy, new trends in psychotherapy theories, and new trends in psychotherapy research), our chapters review the historical development, current status and future prospects of counseling psychology and psychotherapy in countries across the globe. Hence, in spite of being an informative account, International Psychotherapy fails to give much deserved attention to countries worldwide in regards to their unique history and experience with the discipline. Other books explore the status of psychology (in multidisciplinary contexts) in countries worldwide (e.g., Gilgen & Gilgen (Eds.) (1987), International Handbook of Psychology; Sexton & Hogan (Eds.) (1992), International Psychology: Views from Around the World; Wedding & Stevens (Eds.) (2004), Handbook of International Psychology; Eysenck (Eds.) (2004), Psychology: An International Perspective), whereas our focus lies specifically within the field of counseling and psychotherapy. Furthermore, many available texts are concerned with cross-cultural counseling theories and strategies in Western and some non-Western societies. Typical examples include: Pedersen, Draguns, Lonner, & Trimble (Eds.)
(2008), *Counseling Across Cultures* (6th ed.); Gielen, Fish, & Draguns (Eds.) (2004), *Handbook of Culture, Therapy, and Healing*, Gielen, Draguns, & Fish (Eds.) (2008), *Principles of Multicultural Counseling and Therapy*; and Sue & Sue (Eds.) (2007), *Counseling the Culturally Diverse: Theory and Practice*. None of these volumes, however, document the status and future prospects of counseling psychology and psychotherapy in countries located around the globe. Not much is documented about counseling and psychotherapy as they occur and develop outside of Western cultures.

6  **Book: Table of Contents**

Introduction (to the book) – Editors

**Part I: Global Overview**

Chapter 1: Global Overview of Counseling and Psychotherapy – Dr. Juris G. Draguns

**Part II: Counseling in Africa (6 chapters)**

Chapter 2: Egypt – TBA

Chapter 3: Maghreb (Algeria, Tunisia, Morocco) – Dr. Jalil Bennani

Chapter 4: Sub-Saharan Africa (Kenya, Tanzania, Uganda) – Dr. June Koinage & Dr. Rebecca Gawile Sima

Chapter 5: Francophone West Africa (focus on Senegal) – TBA

Chapter 6: Nigeria – Dr. Andrew A. Mogaji & Dr. Niyi Bojuwoye

Chapter 7: South Africa – Dr. Saths Cooper

**Part III: Counseling in the Americas (North, Central and South America) (7 chapters)**

Chapter 8: Canada (English + French speaking) – Dr. Jose Domene and Dr. Rod Bedi

Chapter 9: USA – TBA

Chapter 10: Mexico – Dr. Juan Jose Sanchez-Sosa

Chapter 11: Caribbean Islands (Jamaica, Trinidad, Grenada) – Dr. Ronald Marshall

Chapter 12: Cuba – TBA

Chapter 13: Brazil – Dr. Claudio Hutz

Chapter 14: Argentina – Dr. Hector Fernandez Álvarez & Dr. Hugo Klappenbach
Part IV: Counseling in Asia (8 chapters)
Chapter 15: Australia (including New Zealand) – Dr. Jack Brown
Chapter 16: China – Dr. Doris F. Chang, Dr. Cao Yuping, Dr. Chun Wang, & Dr. Shi Qijia
Chapter 17: Japan – Dr. Shigeru Iwakabe & Dr. Carolyn Zerbe Enns
Chapter 18: South Korea – TBA
Chapter 19: India – Dr. Tony Sam George & coauthor
Chapter 20: Pakistan – Dr. Nosheen Khan Rahman
Chapter 21: Indonesia – TBA
Chapter 22: Philippines – Dr. Isabel Melgar

Part V: Counseling in Europe (9 chapters)
Chapter 23: Russia – TBA
Chapter 24: Poland – TBA
Chapter 25: Scandinavian Countries (Sweden, Norway, Denmark, Finland) – Dr. Johannes Lehtonen & coauthor
Chapter 26: Germany – TBA
Chapter 27: Netherlands (Holland + Benelux) – Dr. Giel J. M. Hutschemaekers & coauthor
Chapter 28: Italy – Dr. Marco Gemignani & Dr. Massimo Giliberto
Chapter 29: Spain – Dr. José M. Prieto, Dr. María Paz García-Vera, & Dr. Jesús Sanz
Chapter 30: France – Dr. Jacques Pouyaud, Dr. Valérie Cohen-Scali, & Dr. Nicole Baudouin
Chapter 31: United Kingdom – Dr. Del Loewenthal

Part VI: Counseling in the Middle East (5 chapters)
Chapter 32: Palestine – Dr. Marwan Dwairy
Chapter 33: Israel – Dr. Rebecca Jacoby
Chapter 34: Iran – Dr. Behrooz Birashk
Chapter 35: Lebanon – Dr. Brigitte Khoury
Chapter 36: Turkey – Dr. Senel Poyrazli & Dr. Suleyman Dogan

Part VII: Comparative Analysis across Borders
Chapter 37: Bridging Counseling and Psychotherapy across Cultures – Editors

9. Routledge Companion Website
A companion website will be set up by the publisher. This will provide an opportunity to offer online the following:

(a) Include some countries not in the Book
(b) Ongoing up-dating of issues, process and changes
(c) Links to local resource and community centers that offer counseling and psychotherapy
(d) Counseling and Psychotherapy Associations
(e) Further readings
(f) Any other information that seems relevant to the particular country in terms of counseling and psychotherapy

10. International Advisory Board
An international advisory board will be formed to help us ensure that chapters are presented in an appropriate and educationally-sound manner. Board members consist of prominent counseling psychologists and distinguished scholars from Africa, the Americas, Asia, Europe, and the Middle East. They are:
Michael J. Stevens (USA), Juan-Jose Sanchez-Sosa (Mexico), Danny Wedding (USA), Stephen Palmer (UK), Juris Draguns (USA), Saths Cooper (South Africa), Wassem Alladin (UK), Mathew Panathanath (India), Sharon Meir (USA), Nancy Arthur (Canada), Niva Piran (Canada), William West (UK).

11. Editors
Roy Moodley, PhD is associate professor of counseling psychology at the Ontario Institute for Studies in Education, University of Toronto, Canada. Director – Centre for Diversity in Counseling and Psychotherapy. His research interests include critical multicultural counseling/psychotherapy, race and culture in psychotherapy, traditional healing, culture and resilience, and gender and identity, with particular reference to masculinity. He is editor/co-editor of Transforming Managers: Gendering Change in the Public Sector (UCL Press/Taylor & Francis, 1999), Carl Rogers Counsels a Black Client: Race and Culture in Person-Centered Counseling (PCCS Books, 2004),
Integrating Traditional Healing Practices into Counseling and Psychotherapy (Sage, 2005), Race, Culture and Psychotherapy (Routledge, 2006).

**Uwe P. Gielen**, Ph.D. in social psychology from Harvard University where he completed his dissertation under the supervision of Lawrence Kohlberg. Former president of the International Council of Psychologists, the Society for Cross-Cultural Research, and APA’s Division of International Psychology (Division 52), he is currently a professor of psychology and director of the Institute for International and Cross-Cultural Psychology at St. Francis College (New York). Dr. Gielen has taught in China, India, and Italy and has lectured in thirty countries. His seventeen edited/coedited books include four volumes focusing on therapy, family therapy, and counseling across cultures.

**Rosa Wu** is currently pursuing her Ph.D. in Counseling Psychology at the Ontario Institute for Studies in Education in University of Toronto and her main interests include: multicultural counseling competencies, racial tensions in the counseling dynamic, traditional and alternative methods of healing, and relationship commitment processes in interracial couple relationships. Originally from Taiwan, she has lived in Costa Rica, Panama, Spain and New York and is proficient in written and spoken English, Spanish, and Mandarin Chinese.

**12. Contact Information (Editors)**

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