Counselling Psychology

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The Counselling Psychology program is staffed by eleven full-time faculty members. Each year the program also draws upon the expertise of practitioners who are invited to teach both required and special topics courses.

**Full-time Faculty:** C. Chen; R. Gillis; A. Goldstein; M.A. Guttman; R. Moodley; N. Piran; M. Schneider; J. Silver; L. Stermac; S. Stewart; J. Watson

**Internship Coordinator; Counselling Clinic Coordinator:** J. Silver

In addition to this document, students should refer to the AECP Handbook, which contains important information about faculty advisors, availability of office space for students, and keys for access to the department. Other useful documents that will be of interest to students include:

- **Graduate Supervision — Guidelines for Students, Faculty and Administrators:**

- **University Policies and Procedures (Including statements on freedom of speech, prohibited discrimination, etc.):**
  [http://www.utoronto.ca/govcncl/pap/index.htm](http://www.utoronto.ca/govcncl/pap/index.htm)

OISE’s Education Commons provides e-mail accounts to all registered OISE students. Students are strongly encouraged to set up an OISE e-mail account in order to access communications from the program, including important announcements.

Upon admission, all students will be assigned a faculty advisor (see the AECP Handbook for more details). If students are enrolled in a program that requires a thesis, their faculty advisor may also be their thesis supervisor. Choosing a thesis supervisor is a separate process from being assigned an advisor, and is based on affinity between student and faculty research interests.

**COUNSELLING PSYCHOLOGY FOR PSYCHOLOGY SPECIALISTS**

The M.A. and Ph.D degree programs for Psychology Specialists are full-time programs designed for students interested in working in careers in psychological research and practice. The course of study prepares the student for registration as a Psychological Associate (Master’s level) or Psychologist (Doctoral level) in Ontario. The content covered in each degree is considered essential for professional training and the Ph.D. program has been accredited by the Canadian Psychological Association (CPA). The content areas include: counselling and psychotherapy interventions, psychological assessment and diagnosis, cognitive/affective foundations, social foundations, biological foundations, advanced research methods, and history and systems of psychology.

Normally, a full-time course load consists of three half-courses in each of the Fall and Winter sessions. A limited number of courses are offered in the two Summer sessions. Courses for the upcoming academic year (including Summer courses) are posted in April. Students are responsible for ensuring that they meet the prerequisites and current requirements of their program. This may be done in consultation with their faculty advisor. Students should also consult the OISE Bulletin and the School of Graduate Studies Calendar for more information.

All practicum and internship arrangements must be made in consultation with the Internship Coordinator, Dr. J. Silver. Students are encouraged to consult the Coordinator as soon as possible after admission into their program of study.
MASTER OF ARTS for Psychology Specialists

Students are required to complete eight half-courses, a 500 hour practicum, and a thesis. This program must be completed as full-time study. The thesis is completed under the supervision of a full-time faculty member from the Counselling Program. Coursework can usually be completed in three semesters and it is expected that all program requirements will be completed within two years.

REQUIRED COURSES:

AEC1202H Personality Theories and Techniques of Counselling
AEC1203Y Practicum I: Interventions in Counselling Psychology (Full year course)
AEC1219H Ethical Issues in Professional Practice in Psychology
AEC1263H Seminar in Research Methods for M.A. Students (see Colloquium Series requirement)
AEC3224H Individual Cognitive and Personality Assessment

Students are encouraged to complete AEC1202H, AEC1203Y and AEC1263H early in their program. Two other courses may be selected from the list of optional courses at the end of this document. Courses may also be selected from outside of the Counselling Psychology program.

Students intending to apply to a Doctoral degree following completion of the M.A. degree should plan their course work accordingly. In particular, students may consider taking Introduction to Applied Statistics (HDP1287H) as a prerequisite for Intermediate Statistics and Research (HDP1288H) at the Doctoral level.

Counselling Psychology Colloquium Series:
This series is offered periodically throughout the academic year. It is expected that all M.A. students will attend a minimum of three CP colloquium presentations during their program. Attendance at this series partially fulfills the course requirements for AEC1203Y. The completed Counselling Psychology Colloquium Attendance form should be submitted to Dr. Judy Silver together with the Placement Evaluation form.

DOCTOR OF PHILOSOPHY for Psychology Specialists

Students are required to complete a minimum of 10 half-courses, 500 practicum hours, 2000 internship hours, a written comprehensive examination, and a thesis. This program must be completed as full-time study. The internship requirement can be fulfilled as a full-time 12 month placement or as a part-time placement over a 24 month period (1000 hours in each). As of September 2007, Ph.D. internships must conform to CPA requirements.

Course work can usually be completed in four semesters. Students are expected to have completed a thesis proposal and to have formed their thesis committee by the end of the semester following the completion of course work.

Prerequisites: Students are expected to have completed courses in Personality Theories and Techniques in Counselling (AEC1202H), Practicum I: Interventions in Counselling Psychology (AEC1203Y), Ethical Issues in Professional Practice in Psychology (AEC1219H), Seminar in Research Methods for M.A. Students (AEC1263H), and Individual Cognitive and Personality Assessment or its equivalent at the Master’s level.

The prerequisites listed will be additional requirements or students who have not satisfied these courses in previous studies. Please note that some courses may only be available in alternate years.
REQUIRED COURSES:

A. Counselling and Psychotherapy

AEC3215H Seminar in Counselling Psychology: Part 1
AEC3217Y Practicum II: Interventions in Counselling Psychology (Normally completed in first year of program)
AEC3268Y Ph.D. Internship

B. Psychology Measurement/Assessment and Diagnosis

AEC3225H Assessment and Diagnosis of Personality and Psychopathology (Normally completed in second year of program)
AEC3260H Psychopathology and Diagnosis

C. Advanced Research Methods

AEC3218H Research Seminar in Counselling Psychology (Normally completed in second year of program)
HDP1288H Intermediate Statistics and Research Design

D. History and Systems Psychology

HDP3204H Contemporary History and Systems in Human Development in Applied Psychology (May be waived if undergraduate equivalent)

E. Optional Courses

If applicable other courses may be selected from the list of optional courses at the end of the Guidelines. Courses may be selected from outside of the department as well.

Counselling Psychology Colloquium Series:
This series is offered throughout the academic year. It is expected that all Ph.D. students will attend a minimum of six CP colloquium presentations during their program. Attendance at this series partially fulfills the course requirements for AEC3268Y. The completed Colloquium Attendance form should be submitted to Dr. Judy Silver together with the Placement Evaluation form.

Supervision: All Ph.D. students are required to gain experience in the supervision of Master’s level counselling students. This experience can be completed as part of one of the field placement requirements (practicum or internship) or as volunteer experience working with one of the AEC1203Y class instructors or with faculty supervisors in the Counselling and Psychoeducational Clinic. This experience partially fulfills the course requirements for the Ph.D. Internship Course AEC3268Y. The completed Counselling Psychology Supervision Experience form should be submitted to Dr. Judy Silver together with the Internship Evaluation form.

Thesis: Students must develop, complete, and defend a Doctoral dissertation in an oral examination. The content of the dissertation research may address theoretical issues applicable to counselling concerns and practice, relate to the development of programs in a variety of educational or applied settings, or in some other way contribute to the development and practice of counselling psychology. All Doctoral theses must be supervised by a full-time faculty member of the Counselling Psychology Program.

Comprehensive Examination: A written comprehensive examination must be successfully completed prior to defending the Doctoral thesis. The examination covers the topics of: research methods, individual differences and social aspects of behaviour, cognitive-affective theories of behaviour, and biological aspects of behaviour, as well as the analysis of a clinical case.

Students must complete a registration form before June 30. The comprehensive exam will be written on the Tuesday after Labour Day of every year: http://aecp.oise.utoronto.ca/cp/students/forms.html.

All Doctoral students are required to complete an Annual Doctoral Student Report.
COUNSELLING PSYCHOLOGY FOR COMMUNITY AND EDUCATIONAL SETTINGS

The M.Ed and Ed.D. programs for Community and Educational Settings are designed for students interested in a variety of positions in education and in the community and in professional positions in agencies offering psychological services. These programs can be pursued on a part-time or full-time basis. The Ed.D. program, however, requires one year of full-time study. Please see the School of Graduate Studies Calendar for regulations about part-time and full-time study.

Normally, a full-time course load consists of three half-courses in each of the Fall and Winter sessions. A limited number of courses are offered in the two Summer sessions. Courses for the upcoming academic year (including Summer courses) are posted in April. Students are responsible for ensuring that they meet the prerequisites and current requirements of their program. This may be done in consultation with their faculty advisor. Students should also consult the OISE Bulletin and the School of Graduate Studies Calendar for more information.

All practicum and internship arrangements must be made in consultation with the Internship Coordinator, Dr. J. Silver. Part-time students should note that the counselling practicum requires one or two days per week on site, and many of the optional courses in the program are not offered after hours. Students are encouraged to consult the Coordinator as soon as possible after admission into their program of study. Upon acceptance students may begin their programs in July or September.

The Counselling Psychology Colloquium Series: The series is offered periodically throughout the academic terms. All Community and Educational Settings students are encouraged to attend the colloquium series.

MASTER OF EDUCATION for Community and Educational Settings

Students are required to complete 10 half-courses, a written comprehensive examination, and a minimum of a 250 hour practicum. The program can be pursued on a part-time or full-time basis.

Required Courses:

- AEC1202H Personality Theories and Techniques of Counselling
- AEC1203Y Practicum I: Intervention in Counselling Psychology (Full-year course)
- AEC1214H Critical Multicultural Practice: Diversity Issues in Counselling
- AEC1219H Ethical Issues in Professional Practice in Psychology
- AEC1261H Group Work in Counselling

Four optional courses to be chosen from the list at the end of this document. Students may choose up to three courses outside of Counselling Psychology.

Comprehensive Examination: A written comprehensive exam must be completed at the end of the program. Examinations are scheduled at the end of Fall, Winter, and Summer sessions. Specific dates can be found on the Exam Registration form: http://aecp.oise.utoronto.ca/cp/students/forms.html.

It is students’ responsibility to schedule their own examination by registering with Todd Will (toddwill@oise.utoronto.ca).

The exam questions can be obtained from the department.
DOCTOR OF EDUCATION for Community and Educational Settings

Students are required to complete a minimum of nine half-courses, a 500 hour practicum, a 500 hour internship and a thesis. A minimum of five courses must be at the Doctoral level in Counselling Psychology.

The Ed.D. program is designed for working professionals and is considered a part-time program. However, one year of full-time study must be completed. Please see the School of Graduate Studies Calendar for regulations about part-time and full-time study.

Prerequisites: Students are expected to have completed courses in Personality Theories and Techniques in Counselling (AEC1202H), Practicum I: Interventions in Counselling Psychology (AEC1203Y), Ethical Issues in Professional Practice in Psychology (AEC1219H), Group Work in Counselling (AEC1261H) and Multicultural Counselling (AEC1214H) or their equivalents at the Master’s Level. Ed.D. students who have not satisfied all of these requirements will have additional requirements.

Required Courses:

- AEC3215H Seminar in Counselling Psychology: Part I
- AEC3217Y Practicum II: Interventions in Counselling Psychology (Full-year course) (Normally completed in first year of program)
- AEC3218H Research Seminar in Counselling (Normally completed when students are prepared to develop their thesis proposal)
- AEC3270H Ed.D. Internship

In addition, students are required to take one of the following research courses (normally completed prior to enrolling in AEC3218H):

- AEC1103H Introduction to Research Methods in Adult Education
- AEC1263H Seminar in Research Methods for M.A. Students
- AEC3211H Counselling and Research in Context: Critical Perspectives on Counselling and Health Promotion Research
- AEC3233H Research Seminar in Career Development
- AEC1405H Introduction to Qualitative Research

Three courses may be taken from the options listed at the end of the Guidelines. Students may also select courses from outside Counselling Psychology.

Thesis: Students must develop, complete, and defend a Doctoral dissertation in an oral examination. The content of the dissertation research may address theoretical issues applicable to counselling concerns and practice, relate to the development of programs in a variety of educational or applied settings, or in some other way contribute to the development and practice of counselling psychology. All Doctoral theses must be supervised by a full-time faculty member of the Counselling Psychology Program.

All Doctoral students are required to complete an Annual Doctoral Student Report.
GUIDANCE AND COUNSELLING

This program is designed to meet the need for well-prepared practitioners in the field of Guidance and Counselling in the schools. The program may be pursued on a part-time or full-time basis.

Normally, a full-time course load consists of three half-courses in each of the Fall and Winter sessions. A limited number of courses are offered in the two Summer sessions. Courses for the upcoming academic year (including Summer courses) are posted in April. Students are responsible for ensuring that they meet the prerequisites and current requirements of their program. This may be done in consultation with their faculty advisor. Students should also consult the OISE Bulletin and the School of Graduate Studies Calendar for more information.

The Counselling Psychology Colloquium series is offered periodically throughout the academic terms. All M.Ed. counselling students are encouraged to attend the colloquium series.

All practicum and internship arrangements must be made in consultation with the Internship Coordinator. Part-time students should note that the counselling practicum requires one or two days per week on site, and many of the optional courses in the program are not offered after hours. Students are encouraged to consult the Coordinator as soon as possible after admission into their program of study. Upon acceptance students may begin their programs in July or September. Please see: http://aecp.oise.utoronto.ca/cp/practicum

MASTER OF EDUCATION for Guidance and Counselling

Students are required to complete 10 half-courses, a written comprehensive examination, and a 250 hour practicum. This program can be taken as full-time or part-time study.

REQUIRED COURSES:

AEC1202H Personality Theories and Techniques of Counselling
AEC1203Y Practicum I: Intervention in Counselling Psychology (Full-year course)
AEC1214H Critical Multicultural Practice: Diversity Issues in Counselling
AEC1261H Group Work in Counselling
AEC1262H Educational and Psychological Testing for Counselling
AEC1266H Career Counselling and Development: Transition from School to Work

Three courses may be taken from the list of optional courses at the end of the Guidelines. Students may also select courses from outside Counselling Psychology.

AEC1214H is required only for students beginning this program July 2006 or later. Those students beginning prior to this date can choose four courses from the list at the end of the Guidelines to complete their program, or

Comprehensive Examination: A written comprehensive exam must be completed at the end of the program. Examination are scheduled at the end of Fall, Winter, and Summer sessions. Specific dates can be found on the Exam Registration form: http://aecp.oise.utoronto.ca/cp/students/forms.html.

It is students’ responsibility to schedule their own examination by registering with Todd Will (toddwill@oise.utoronto.ca).

The exam questions can be obtained from the department.
### OPTIONAL COURSES

The following are courses from which students can choose their options. Note that some of these are required courses for certain degree programs. Please refer to annual course schedules for confirmation as some courses are not offered every year. Additionally, Summer courses and Special Topics courses are available and may not appear below.

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
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<tbody>
<tr>
<td>AEC1103H</td>
<td>Introduction to Research Methods in Adult Education [RM]</td>
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<tr>
<td>AEC1145H</td>
<td>Participatory Research in the Community and the Workplace [RM]</td>
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<tr>
<td>AEC1148H</td>
<td>An Introduction to Workplace, Organization and Economic Democracy</td>
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<tr>
<td>AEC1156H</td>
<td>Power and Difference in the Workplace</td>
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<tr>
<td>AEC1173H</td>
<td>Creativity and Wellness: Learning to Thrive</td>
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<tr>
<td>AEC1207H</td>
<td>Counselling Topics in Sexual Orientation and Gender Identity Diversity</td>
</tr>
<tr>
<td>AEC1214H</td>
<td>Critical Multicultural Practice: Diversity Issues in Counselling</td>
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<tr>
<td>HDP1223H</td>
<td>Depression in the Schools: Assessments, Prevention, and Intervention</td>
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<tr>
<td>AEC1245H</td>
<td>Brief Counselling Strategies</td>
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<tr>
<td>AEC1247H</td>
<td>Practicum in Adult Counselling (Pass/Fail)</td>
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<tr>
<td>AEC1253H</td>
<td>Feminist Issues in Counselling Psychology and Psychotherapy</td>
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<tr>
<td>AEC1262H</td>
<td>Educational and Psychological Testing for Counselling</td>
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<tr>
<td>AEC1263H</td>
<td>Seminar in Research Methods for M.A. Students [RM]</td>
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<tr>
<td>AEC1266H</td>
<td>Career Counselling and Development: Transition from School to Work</td>
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<tr>
<td>AEC1268H</td>
<td>Career Counselling and Development: Transitions in Adulthood</td>
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<tr>
<td>AEC1269H</td>
<td>Use of Guided Imagery in Counselling and Psychotherapy</td>
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<tr>
<td>AEC1278H</td>
<td>Cognitive Therapy</td>
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<tr>
<td>AEC1289H</td>
<td>Community Mental Health: Theory, Research, and Practice</td>
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<tr>
<td>AEC1405H</td>
<td>Introduction to Qualitative Research (Part I) [RM]</td>
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<tr>
<td>AEC1406H</td>
<td>Introduction to Qualitative Research (Part II) [RM]</td>
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<tr>
<td>CTL1602H</td>
<td>Introduction to Computer Applications in Education</td>
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<tr>
<td>HDP1287H</td>
<td>Elements of Statistics</td>
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<tr>
<td>HDP1288H</td>
<td>Intermediate Statistics and Research Design Research [RM]</td>
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<tr>
<td>AEC3173H</td>
<td>Effecting Change: Creating Wellness</td>
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<tr>
<td>AEC3211H</td>
<td>Counselling and Researching in Context: Critical Perspectives on Counselling and Health Promotion Research</td>
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<tr>
<td>AEC1408H</td>
<td>Working with Survivors of Trauma</td>
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</tbody>
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Special Topics courses offered in 2008/2009:

AEC1275H  Special Topics in Counselling Psychology: Addictive Behaviours: Assessment and Intervention Approaches

AEC1275H  Special Topics in Counselling Psychology: Indigenous Healing in Counselling and Psychotherapy

AEC1275H  Special Topics in Counselling Psychology: School Violence, the Child, and the Adolescent: Strategies for the Counselling and Behaviour Management of at Risk Youth in Schools