



Notes on Relevant Experience Requirement for Application to the Master of Education in Counselling Psychology, Counselling and Psychotherapy Field

Admission requirements state that at least one year of relevant experience is required.

- The 1-year minimum is a guideline for the amount of experience we expect. We do not have the resources to approve or recommend a particular position or setting for interested applicants.
- The admissions committee does not prefer consecutive over periodic experience, nor distinguish between part-time vs. full-time hours
- Strong applicants to the MEd program have practical experience in a mental health environment, with adult populations, practicing or exposed to some of the counselling techniques and interventions as taught in the MEd curriculum.
- In your statement of intent, identify where your practical skillsets, counselling exposure and professional development goals fit with the MEd program curriculum, perhaps by naming courses and/or models of therapy. Your resume and professional reference letter should corroborate, and each would detail your locations of practice, client populations served, counselling interventions practiced, and time durations of each.

This information will ensure that your professional focus is relevant and it would appear likely that you can be successfully placed in a practicum site within our program.