## Practicum Site Information Sheet

**Markham Stouffville Hospital**

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<th>Type of Practicum</th>
<th>Supervisor and Contact Information</th>
<th>Opportunities</th>
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<td>Child Program</td>
<td>Dr. Jessica Cooperman&lt;br&gt;<a href="mailto:jcooperman@msh.on.ca">jcooperman@msh.on.ca</a>&lt;br&gt;905-472-7373 x6187</td>
<td>Fall/Winter (Sept-May)&lt;br&gt;Intervention only</td>
<td>Dr. J. Cooperman&lt;br&gt;Child &amp; Adolescent Services&lt;br&gt;Markham Stouffville Hospital&lt;br&gt;381 Church Street&lt;br&gt;Markham, ON, L3P 7P3</td>
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<td>Adult Program</td>
<td>Dr. Helen Chagigiorgis&lt;br&gt;<a href="mailto:hchagigiorgis@msh.on.ca">hchagigiorgis@msh.on.ca</a>&lt;br&gt;905-472-7373 x7014</td>
<td>Fall/Winter (Sept-May)&lt;br&gt;Summer (May-Aug)&lt;br&gt;Intervention &amp; Assessment</td>
<td>Dr. H. Chagigiorgis&lt;br&gt;Adult Outpatient Mental Health&lt;br&gt;Markham Stouffville Hospital&lt;br&gt;381 Church Street&lt;br&gt;Markham, ON, L3P 7P3</td>
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**It is possible to do a combined Adult and Child practicum for students wishing to gain experience in both adult and child and adolescent treatment services. Note: Only the Adult practicum is available over the summer.**

## General Information

MSH is a 220-bed community hospital, which has been serving the Markham and surrounding area since 1990. For details on all programs and services offered at MSH, please visit our website: [http://www.msh.on.ca/programs_and_services](http://www.msh.on.ca/programs_and_services). The Mental Health Services at MSH include Adult Outpatient Services, Child and Adolescent Services (CAS), Crises Services, and the BRIDGE day treatment program (Building, Restoring, Initiating, Developing, Growing and Empowering). There are two full-time registered psychologists in the Mental Health System and the program offers an opportunity for practica in the Adult Outpatient Mental Health and Child, Adolescent and Services (CAS). Practicum students are offered the staff discount for monthly parking rates. In addition, Viva transit services the hospital via several routes (e.g., the Viva Purple).

### Adult Outpatient Mental Health

The Adult Program services patients ranging from age 18 to 65. Treatment is offered in both group and individual contexts and the following models are utilized: cognitive behavioural therapy (CBT), emotion focused therapy (EFT), and dialectical behavioural therapy (DBT). Practicum opportunities include co-facilitating a CBT or Emotion Regulation group for mood disorders and individual therapy with clients presenting with a variety of Axis I as well as comorbid Axis II presentations. Assessment opportunities include standardized diagnostic pre-group assessments (MINI) in order to determine suitability for group treatment as well as outpatient and inpatient psychodiagnostic assessments (e.g., cognitive and personality).

### Child & Adolescent Services Program (CAS)

CAS provides assessment and treatment services to out-patients and day hospital patients up until their 19th birthday. Treatment opportunities include individual and group work using primarily a CBT framework. While CAS runs groups for children and teens, psychology practicum students tend to co-facilitate groups.
for adolescents with mood disorders and assist with groups geared at the treatment of anxiety in younger children.

**Supervision**
The expectation is approximately one hour of individual supervision per week and on an as-needed basis. Group supervision may be available.

**Training/research opportunities**
Drs. Chagigiorgis and Cooperman maintain a database of research data (pre, post and follow-up measures) collected from CBT group participants. Students are welcome to engage in data collection, organization, analysis, and dissemination of the current program evaluations. Students are also welcome to come up with their own projects.

The Outpatient Mental Health Program staff conducts weekly case conferences, clinical workshops, and seminar series which students are welcome and encouraged to attend. In both the Adult and CAS programs, team members attend weekly clinical rounds, interdisciplinary team meetings, and psychology discipline meetings. Students will be encouraged to attend if appropriate.

**Practicum Application Deadline:** Please check with your university for common application due date and notification date.

**Application procedure**

All applications should contain the following:

- A current curriculum vitae;
- Two letters of reference preferably from a clinical setting (these can be emailed directly to us);
- A cover letter specifying your interest in a practicum (Adult, CAS or both). *Please indicate whether you are interested in the Summer (May-August) OR Fall/Winter (September -May).* The cover letter should also outline your training goals and needs and how they fit within the services offered at MSH;
- One example of an assessment report you have completed with identifying information removed is also required (class report is acceptable);
- Unofficial graduate transcripts.

**Location**
Markham Stouffville Hospital
381 Church Street,
Markham Ontario, L3P 7P3

**Transportation**
- Staff discount for monthly parking rates.
- Viva transit service.