

Chapter 8. Thoughts

First Narrative: Before participating in the video, Growing New Roots, I remember myself being shy and depressed, most times in and outside of school. I was going through a variety of emotions before I finally made my choice to participate in the video.

Second Narrative: Before doing this video, I was new to Canada, so I felt very different to my friends, because I felt that they had been here so many more years, so they were more developed than me.

Third Narrative: Before this activity, I was afraid to talk to people, I didn't trust myself, and I didn't like to go out with anybody.

Fourth Narrative: Before doing the video I was new to Canada, so I didn't have enough friends and I was I quiet person.

Fifth Narrative: Before doing the video life was very hard. I didn't know enough English, and I didn't have friends at all. I didn't know anything about the culture.

Sixth Narrative: During the video, I began to connect with other people in the school. I made many friends and I felt I was bringing something useful to other people.

Seventh Narrative: During the shooting of the video I was flattered for being chosen to represent such a great number of people but at the same time it was this responsibility because of the importance of this video to so many actors, parents, teachers, but most importantly the new coming to Canada students.

Eighth Narrative: During the participation of this video I start to get involved in the school activities and I got to know more people here and there. I start feeling more confident in myself.

Ninth Narrative: By doing the video I met a lot of people and new people, and I talked to them. I became friends with them.

Tenth Narrative: During this activity I started to know new people, make friends, get involved in school activities, and also I started to be friendly with people around me.

Eleventh Narrative: After participating in the video, I became more understanding and sympathetic to other people for problems and hardships. Of course I was proud of myself because I knew I had contributed to a very good cause.

Twelfth Narrative: After the participation, I start making friends, it really helped me to feel more secure about myself and to feel comfortable speaking the language.

Thirteenth Narrative: After doing the video, I feel good about it because I feel that people can help themselves too, the same way that I did.

Fourteenth Narrative: After this activity, I will be very happy because I will make other people understand us and the way we feel. And the most important thing, is that now I believe in myself.

Fifteenth Narrative: And after doing the video I feel really good about myself because I know I have done something very unselfish and something useful that is useful not just to people in this country but in other countries too.