



**Project Description: Goldstein**

**APD 1210 RESEARCH PRACTICUM COURSE**

**PROJECT DESCRIPTIONS 2026-27**

**FALL/WINTER**

**Name and Title:** *Abby Goldstein, Ph.D., Associate Professor.*

**Lab Website:** [www.oisepearl.com](http://www.oisepearl.com)

**TITLE OF RESEARCH PROJECT:** *Understanding Cannabis Use in Emerging Adulthood*

**NUMBER OF STUDENT PLACES AVAILABLE:** 2

**PRIMARY MODE OF RESEARCH PLACEMENT PARTICIPATION (circle one option and describe):**

☐ IN PERSON

☐ REMOTE (ONLINE)

☒ HYBRID/FLEXIBLE

*Please describe: Mode of placement participation will be flexible and based on the needs of the research project, with the majority of tasks completed online.*

**OBJECTIVES AND METHODOLOGY:** The students will be involved in research on cannabis use in emerging adulthood, with a focus on parent and cultural influences. As the Canadian government prepared for the Cannabis Act in October 2018, emerging adults (ages 18-25 years old) were identified as a population in need of research, clinical and public health attention (Health Canada, 2017). Emerging adults are more likely than any other age group to have used cannabis in the past year (51% of 20-24 year olds; Government of Canada, 2019) and have the highest rates of cannabis use disorders (CUDs; 7.2 times higher in emerging adults than adults ages 45 years or older; Hasin et al., 2016). Given the high prevalence of cannabis use among emerging adults, there is a critical need to identify factors implicated in the development of problematic cannabis use. The current project explores the impacts of parental rules, attitudes and cultural norms on emerging adult cannabis use and related problems.

**DESCRIPTION OF STUDENT PARTICIPATION:** Students are expected to contribute 10 lab hours per week. Students may gain exposure to participant recruitment procedures, data collection, data analysis, interpretation and write-up. They will have the opportunity to develop a research question pertaining to cannabis use in emerging adulthood. They will learn how to conduct literature reviews, summarize relevant research, develop a research question and implement data analysis related to the research question.

**DESCRIPTION OF PREFERRED SKILLS/BACKGROUND (OPTIONAL):**



**UNIVERSITY OF TORONTO**  
**OISE | ONTARIO INSTITUTE**  
**FOR STUDIES IN EDUCATION**

- Previous experience in a research lab
- Some experience conducting literature reviews
- Interest in research in mental health and substance use in emerging adulthood
- Some data analysis skills and preferably experience with SPSS

**DAY AND TIMES OF LAB MEETINGS:**

Lab meetings are biweekly on Fridays from 10 to 11:30