

# School of Early Childhood



UNIVERSITY OF TORONTO OISE | ONTARIO INSTITUTE FOR STUDIES IN EDUCATION



Friday, June 5, 2015 Ontario Institute for Studies in Education, 252 Bloor Street West, Main Floor Library

# TWELFTH ANNUAL

Summer Institute on Early Childhood Development

# Wellness in an

Integrated Workforce

### WELLNESS IN AN INTEGRATED WORKFORCE

#### About the Institute

Children and families face many stressors and need knowledgeable and skilled early childhood professionals offering support. Meanwhile the sector itself faces challenges as it adapts to a shifting landscape and expectations to work in a more integrated way with families and their children. These realities serve as an impetus to identify and examine both the policies and practices that contribute to the well-being of staff, families and children.

The 12th Annual Summer Institute on Early Child Development will focus on strategies to support workforce well-being through cross-sector collaborations.

# OVERVIEW OF THE PROGRAM

- 8:45 a.m. Registration & Refreshments (Main Floor Library)
- 9:30 a.m. Welcome and Introduction Jennifer Jenkins, Atkinson Chair of Early Childhood Development and Education
- 9:45 a.m. Panel Conversation: What contributes to well-being in my workplace Caitlin Patterson, Frankland Public School

Nancy Searl, Holland Bloorview Rehabilitation Hospital

Sarfra Najeemudeen, 360 Kids Family Resource Centre

Tasha Palmer, Jean Tweed Child Development Centre

Moderator: Zeenat Janmohamed, George Brown College

Early childhood professionals in the front line of child and family services share their employer policies and personal strategies for creating well-being in the workplace.

- 10:15 a.m. Participant Discussion
- 10:30 a.m. Poster Session

**Speakers Corner** 

Break

11:15 a.m. Morning Workshops: (Please select a session from page 3)

#### 12:15 p.m. Lunch & Wellness Break

#### 1:15 p.m. Afternoon Workshops:

(Please select a session from page 4)

#### 2:15 p.m. Ministry of Early Years Division Update

Shannon Fuller, Ministry Early Years Division, Director, Business Planning, Outcomes and Assessment Branch The Ministry will provide an overview of the Child Care Modernization Act, 2014(CCEYA), the work to support proclamation of Child Care and Early Years Act, 2014 and highlight key aspects of the proposed regulations under the CCEYA.

2:35 p.m. The Pascal Report: 6 years later; A boom, bust or echo?

Charles Pascal, Professor, OISE/UT Kerry McCuaig, Fellow in Early Childhood Policy, Atkinson Centre, OISE/UT

Report author Charles Pascal in conversation with the Atkinson Centre policy fellow, Kerry McCuaig. The Pascal plan for reforming early education and children's services promised a revolution in education when it was released in 2009. Has it delivered and how?

3:15 p.m. Closing Remarks

Patricia Chorney Rubin, Director, School of Early Childhood, George Brown College

3:30 p.m. ECE Award and Reception

Patricia Chorney Rubin, Director, School of Early Childhood, George Brown College

Join us in recognizing the contribution of Jamie Kass to the professional status of Early Childhood Educators. Jamie is the National Child Care Coordinator for the Canadian Union of Postal Workers. She has an academic background in Psychology and Early Childhood Education. Jamie is a union activist, a feminist; and a tireless advocate in support of a national child care system.

# MORNING WORKSHOPS

(Please select one on your registration form)

### 1. Wellbeing: A review of the literature

A review of the literature on well-being: Exploring the many elements of children's well-being and the relational and systemic factors that impact healthy child development.

DANIEL POLISZCZUK, PhD Candidate, Developmental Psychology and Education, OISE/UT

### 2. City of Toronto: Shared Outcome Project

Defining child and family well-being in Toronto: This workshop will cover the shared outcomes project, which identifies 5 child outcomes and 5 family outcomes developed through a community engagement process. As the project moves through the data collection phase, learn more about how shared outcomes can help the child and family sector work collectively to improve well-being.

BRENDON GOODMURPHY, Policy Development Officer, Toronto Children's Services

### 3. Professional Education for Early Childhood Educators

A review of recent studies that examine effective pedagogy and organization of post-secondary early childhood programs.

JANE BERTRAND, Adjunct Faculty, OISE/UT, and Program Director, Margaret and Wallace McCain Family Foundation

#### 4. Wellbeing in the Workforce: Policy Implications

This workshop explores the legal and policy implications for early childhood professionals in FDK including the impact of law and policy on the wages, working conditions and professional status of RECEs in FDK.

**ROMONA GANANATHAN, PhD, OISE/UT** 

#### 5. Infant Mental Health; Empowering Professionals \* STARTS AT 10:45 am

The Infant Mental Health Promotion (IMHP) at The Hospital for Sick Children in Toronto is a community based coalition of individuals and professional agencies dedicated to promoting optimal mental health outcomes for infants in the first three years of life. This presentation will share some of the evaluation data findings and lessons learned in the development and delivery of a wide spread initiative to engage and empower professionals and encourage collaboration in their work with infants & toddlers.

CHAYA KULKARNI, Director, Infant Mental Health Promotion, Hospital for Sick Children

#### 1. Benefits of a Mindfulness-Based Program

The use of mindfulness-based programs to address overall wellbeing is increasing rapidly. This research investigated the impact of a 6 week mindfulness-based program on young children's self-regulation, prosocial behavior and hyperactivity in four full-day kindergarten classrooms.

MELANIE VIGLAS, PhD Candidate, OISE/UT

#### 2. In Search of an Effective Method of Assessing First Nations Children's Speech and Language Development

This study investigated whether the current standardized speech and language assessment tools appropriately and accurately measure the speech and language development of First Nations children in the Rainy River District. The research sample consisted of 429 early learning students from the Rainy River District School Board and The Fluharty Preschool Speech and Language Screening Test was the assessment tool utilized.

ANN ANDERSON, Speech/Language Program Coordinator, Rainy River District School Board

### 3. City of Toronto: Local Planning Strategy

How we use our definition of well-being to influence local planning for child and family services in Toronto. This workshop will update on the development of a local planning strategy for Toronto, which builds off the results of a February community symposium held by the Toronto Child and Family Network. Join us to learn about how better local planning can impact well-being by improving both access for families and the capacity of professionals in the field.

JOEY REEDER, Toronto Urban Fellow, Toronto Children's Services

DAVID LEE, Consultant, Toronto Children's Services

### 4. Collaborative Practice

With over a century of dedication to improving the quality of life for children with disabilities and their families, Holland Bloorview's Collaborative Practice Service supports professionals and inter-professional practice with structures and processes that build engaged, resilient practitioners primed to elevate and transform care in a culture of innovation, inquiry and compassion.

ISABEL ZATTI, Holland Bloorview Kids Rehabilitation Hospital, Nursery Schools Play and Learn Site

SILVIA SOUTO, Resource Consultant, Community Outreach Service, Early Learning and Development Team, Holland Bloorview Kids Rehabilitation

NANCY SEARL, Collaborative Practice Leader, Early Learning and Development Leader

#### 5. Wellbeing in the Workforce

Early Childhood Educators work in a range of community programs designed to promote the well being of children and families. Both the Jean Tweed Centre and Thorncliffe Park Neighborhood Office invest in staff to build their capacity to be effective in these dynamic transformation environments.

TASHA PALMER, Lead RECE, Jean Tweed Child Development Centre

MEREDITH MAW, Supervisor, Jean Tweed Child Development Centre

SAFRA NAJEEMUDEEN, 360 Kids Family Resource Centre

## PRE SEMINAR WORKSHOP

#### The Science of Early Child Development Initiative



# A Seminar for early childhood instructors, program supervisors and early childhood educators

Understanding that there is 15 year gap between research and practice, the Early Childhood Education team at Red River College partnered with the Atkinson Centre at the University of Toronto to develop an online resource to deliver child development concepts **and** the latest research in an expedient and interactive way. The **Science of Early Child Development** is the result of this effort, a living textbook.

*The Science of Early Child Development* is an innovative online resource that educators, students and professionals use to increase their understanding of the importance of the first years of life. This multimedia elearning tool includes videos, interactive elements, games, and content that make learning come alive. Hundreds of high quality captioned videos of children and practitioners, interviews with researchers, and international program examples provide an engaging and enriching educational experience to any sector concerned with health and education. Understanding the long reach of early childhood helps us improve outcomes for children and create a better future for everyone.

This session will take place in a computer lab so that you can start exploring The Science of Early Child Development resource. Whether you do pre-service training or work directly with children and families, you will come away inspired and full of ideas to enhance your work.

**Facilitators: Gail Hunter**, Professor, School of Early Childhood, George Brown College, **Bernice Cipparrone-McLeod**, Professor, School of Early Childhood, George Brown College and Executive Director, Atkinson Centre, OISE/University of Toronto

Thursday, June 4<sup>th</sup> 1:30-3:30 George Brown College, Ryerson Campus 99 Gerrard Street East 6<sup>th</sup> Floor computer lab

Space is limited

Registration fee: \$60 Includes: An individual ONE-YEAR license so you can continue to explore and benefit from the Science of Early Child Development material. For more information: www.scienceofecd.com

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General Inquiries: For further information about George Brown School of Ryerson Campus P.O. Box 1015, Station B, Tor T: 416.415.5000 ext. 2310 F www.georgebrown.ca/su	this program, ple f <b>Early Childho</b> onto, ON M5T 2 <sup>-</sup> 416.415.2565 <b>E</b>	ease co od, Ge F9 E <u>inst</u> e	ontact: eorge B itut@g		rown.ca Twitter	ERS	SIT	Y ( 10 1	OF INST	ГІТ		