



Project Code: Goldstein

APD 1210 RESEARCH PRACTICUM COURSE

PROJECT DESCRIPTIONS 2025-26

FALL/WINTER

Name and Title: *Abby Goldstein, Ph.D., Associate Professor.*

Lab Website: www.oisepearl.com

TITLE OF RESEARCH PROJECT: *Self-Help for Cannabis Use in Emerging Adulthood*

NUMBER OF STUDENT PLACES AVAILABLE: 1

PRIMARY MODE OF RESEARCH PLACEMENT PARTICIPATION (circle one option and describe):

☐ IN PERSON ☐ REMOTE (ONLINE) ☒ HYBRID/FLEXIBLE

Mode of placement participation will be flexible and based on the needs of the research project, with the majority of tasks completed online.

OBJECTIVES AND METHODOLOGY: The purpose of this study is to develop an online self-help tool to facilitate reductions in cannabis use among emerging adults. To do this work, we will start with a review of the literature to identify evidence-based practices for reducing cannabis use. Once these have been identified, we will develop and pilot a self-help program that can be delivered online. Pilot testing will be conducted to determine feasibility, acceptability and satisfaction with the self-help module.



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DESCRIPTION OF STUDENT PARTICIPATION: Students are expected to contribute 10 lab hours per week. Students may gain exposure to literature reviews, participant recruitment, pilot testing and data analysis. They will have the opportunity to develop a research question pertaining to cannabis use in emerging adulthood. They will learn how to conduct literature reviews, summarize relevant research, develop a research question and implement data analysis related to the research question.

DESCRIPTION OF PREFERRED SKILLS/BACKGROUND (OPTIONAL):

- Some experience conducting literature reviews
- Interest in research in substance use in emerging adulthood
- Experience developing web-based tools is an asset
- Experience with canva is an asset
- Some data analysis skills and preferably experience with SPSS

DAY AND TIMES OF LAB MEETINGS:

Lab meetings are biweekly on Fridays from 10 to 11:30