



UNIVERSITY OF TORONTO  
OISE | ONTARIO INSTITUTE  
FOR STUDIES IN EDUCATION

Department of Applied Psychology and Human Development

# Practicum Site Information Sheets

**Version - November 11, 2022**  
**For 2023-2024 Practica**

### **List of sites participating in GTA Practicum Day event:**

- B&C Health
- Baycrest Health Sciences
- Broadview Psychology
- Centre for Addiction and Mental Health (CAMH)
- Centre for MindBody Health (CMBH)
- Centre for Interpersonal Relationships (CFIR)
- Child and Adolescent Psychology (CAP) Centre
- Cognitive & Interpersonal Therapy Centre (CITC)
- Community Head Injury Resources Service (CHIRS)
- Dr. Gillian Kirsh & Associates
- Dr. Julie Wallis
- Family First Play Therapy Centre
- Family Psychology Centre (FPC)
- Forest Hill Centre for Cognitive Behavioral Therapy
- Forward Thinking Psychological Services (FTPS)
- Framework Therapy and Assessment Centre
- Hamilton Health Sciences (**see supplemental brochure for additional information**)
- Holland Bloorview Kids Rehabilitation Hospital (**see supplemental brochure for additional information**)
- Humber River Hospital
- Kinark Child and Family Services
- Lutherwood (**see supplemental brochure for additional information**)
- New Leaf Psychology Centre
- North Peel Family Health Team
- North York General Hospital
- Ontario Sex Therapy
- Peel District School Board
- Possibilities Clinic
- R.E.A.D. Clinic
- Reach Out Centre for Kids (ROCK) (**see supplemental brochure for additional information**)
- SickKids (**see supplemental brochure for additional information**)
- St. Joseph's Healthcare Hamilton
- Step Stone Psychology
- Sunnybrook Health Sciences Centre, Frederick Thompson Anxiety Disorders Centre
- Surrey Place Centre
- The Downtown Psychology Clinic (**see supplemental brochure for additional information**)

- The Mindful Living Centre (**see supplemental brochure for additional information**)
- The Red Oak Centre
- Toronto Metropolitan University (TMU) Centre for Student Development and Counselling (**see supplemental brochure for additional information**)
- Toronto Psychology & Wellness Group (TPWG)
- Transforming Emotions
- Trillium Health Partners (Queensway) WSIB Neurology Group
- University Health Network (**see supplemental brochure for additional information**)
- University of Toronto Health & Wellness
- Waypoint Centre for Mental Health Care
- West End Psychological Services
- York University Student Counselling, Health and Well-Being (SCHW)

**List of sites not attending event but accepting students:**

- DBT Hamilton
- Dr. Angela Fountain & Associates
- Dr. Jennifer Barbera
- Dufferin-Peel Catholic District School Board
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Transforming Emotions

Trillium Health Partners (Queensway) WSIB Neurology Group

University Health Network

**University of Toronto Health & Wellness**

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York University Student Counselling, Health and Well-Being (SCHW)

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Broadview Psychology

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Framework Therapy and Assessment Centre

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Assessment & Treatment, Child/Adolescent Day Hospital Program)

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Step Stone Psychology

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Dr. Julie Wallis

Dufferin-Peel Catholic District School Board

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SickKids

SickKids Centre for Community Mental Health

Surrey Place Centre

The Red Oak Centre



# Adult Sites

## **Practicum Site Information Sheet**

**Name of site:** Baycrest Hospital  
**Supervisor or Contact Person:** Dr. Gillian Rowe  
**Email:** [growe@baycrest.org](mailto:growe@baycrest.org)  
**Phone:** 416-785-2500 x 3183  
**Address:** 3560 Bathurst Street, Toronto, ON M6A 2E1  
**Type of Practicum offered:**  
Child \_\_\_\_ Adult ☒ Both \_\_\_\_  
Assessment \_\_\_\_ Intervention \_\_\_\_ Both ☒

### **General Information:**

The Neuropsychology and Cognitive Health Program at Baycrest offers practicum placements for students currently enrolled in accredited graduate psychology training programs. Students may choose from four placements, including Neuropsychological Assessment, Memory Intervention, Behavioural Management and Support, and Mental Health Services.

### **About Baycrest**

Baycrest Health Sciences is a global leader in geriatric healthcare, residential living, research, innovation, and education, with a special focus on brain health and aging. As an academic health sciences centre fully affiliated with the University of Toronto, Baycrest provides an exemplary care experience for aging clients combined with an extensive clinical training program for students and one of the world's top research institutes in cognitive neuroscience.

Baycrest is located at 3560 Bathurst Street in Toronto near Bathurst and Wilson streets. It is easily accessible by public transit.

**Care.** Baycrest serves approximately 1200 seniors per day. It is home to a globally recognized and innovative continuum of healthcare, wellness, and prevention programs and services. Services include outpatient clinics, a hospital, long-term care home, and residential and community-based programs designed especially for people in their 50s, 60s, 70s, 80s and beyond.

**Research & Innovation.** Baycrest is a leader in cognitive neuroscience and memory research, with the goal of transforming the journey of aging. The stellar reputation of the Rotman Research Institute reflects its ability to raise and answer fundamental questions about memory, aging, and the neuroscience of cognition. The Kunin-Lunenfeld Applied & Evaluative Research Unit provides resources and expertise to support clinical, evaluative and translational research at Baycrest. The Canadian Centre for Aging and Brain Health Innovation is a solution accelerator focused on driving innovation in the aging and brain health sector.

**Education.** Through its local and globally focused educational efforts, Baycrest's Centre for Education & Knowledge Exchange in Aging is striving to be the world's pre-eminent distributor of knowledge regarding best and leading-edge practices in senior care and aging solutions. Baycrest has an extensive clinical training program in geriatric care. Annually, nearly 900 students, trainees, and other practitioners from 24 universities and



colleges have a unique opportunity to experience the delivery of high quality care alongside leading experts on one of the world's most comprehensive campuses of care focused on aging and care of older adults.

## About Neuropsychology & Cognitive Health

The Neuropsychology and Cognitive Health program focuses on the creation, implementation, evaluation, and dissemination of evidence-based neuropsychology services that assess and optimize the cognitive and behavioural health of older adults. Our clinical services include neuropsychological evaluation, neuropsychological interventions, and behavioural consultation services to Baycrest programs and the community. Our staff is made up of psychologists, social workers, administrative staff, as well as many volunteers and trainees.

Our clinical services are closely integrated with research and education. Our staff members are scientist-practitioners who contribute to the development and dissemination of clinical knowledge via clinical research, program evaluation, and the development of innovation. There is a strong emphasis on training future psychologists through practicum placements and our Predoctoral Internship Program in Clinical Neuropsychology, which is accredited by the Canadian Psychological Association.

During the academic year, we offer three formal educational series: (1) *Psychology Research Rounds*, presenting current clinical research findings by staff members in Neuropsychology and Cognitive Health, other Baycrest departments, and affiliated organizations; (2) *Neuropsychology Seminars*, providing clinical didactics to students and trainees in neuropsychology and related areas; and (3) *Evidence-Based Practice in Psychology Series*, using literature review and discussion to increase participants' ability to find and critically appraise evidence-based clinical resources and research. Additional Baycrest-wide learning opportunities available to students include Behavioural Neurology Rounds, Behavioural Support Rounds, Rotman Research Rounds, and Psychiatry Grand Rounds.

For more information about the Neuropsychology and Cognitive Health program, visit [www.baycrest.org/neuropsychology](http://www.baycrest.org/neuropsychology).

## Practicum Placement Opportunities

Neuropsychology and Cognitive Health offers practicum placements for students currently enrolled in accredited graduate psychology training programs. Placements are available during the summer term (May 1 to August 31) and the academic year (September 1 to April 30). Exact start and end dates are flexible, depending on the needs of the student and the availability of the supervisor. We offer both full-time placements (35 hours per week) and part-time placements (typically 14 to 21 hours per week). The number of practicum placements during any particular term is dependent on the availability of supervisors.

We offer four types of practicum placements. It is possible to combine elements of more than one type of placement, for example, a primarily neuropsychological assessment practicum with some exposure to memory intervention. Interested students should indicate

this in their application letter and/or during interview. Placement opportunities include the following:

**1. Neuropsychological assessment.** Students will be introduced to neuropsychological assessment of persons presenting with a range of problems such as neurodegenerative disease, stroke, trauma, psychiatric disorders, and systemic disease. Assessments are conducted for the purpose of developing a differential diagnosis and to provide functional information pertaining to management and treatment. In particular, assessment services at Baycrest focus on diagnosis of cognitive impairment due to Alzheimer's disease, vascular disease, frontal-temporal dementia, Parkinson's disease, Lewy-body disease, and other conditions.

Students will learn to: (a) conduct chart reviews and interview clients and family members to obtain relevant background information; (b) administer a battery of standardized tests of memory, attention, language, sensation, perception, praxis, visuospatial ability, motor skills, and mood; (c) score the tests administered, summarize the results, and report behavioural observations made during testing; and (d) prepare written clinical reports based on the assessments (following discussion of the results with the supervisor), including delineation of cognitive strengths and weaknesses, diagnosis of cognitive impairment, and recommendations regarding further assessment or treatment. Students may participate in interprofessional team meetings where information is shared to develop treatment plans for clients. Students will also observe and participate in feedback sessions where findings and recommendations from the assessment are communicated to clients and their family members.

**2. Memory intervention.** Students in this practicum placement may engage in memory-related intervention activities involving the entire range of memory dysfunction, from mild changes associated with normal aging and mild cognitive impairment (MCI) to severe memory impairment (amnesia) secondary to neurologic dysfunction. They will learn to integrate neuropsychological findings in order to develop and implement individualized and group memory interventions and to coordinate case management.

The types of clients receiving these services include those with normal age-related memory loss, MCI, traumatic brain injury, dementia, encephalitis, cardiovascular accidents, and other neurologic disorders. Students will learn to conduct assessments of memory and other cognitive abilities and will facilitate group and/or individual intervention. These services may occur within three contexts: (1) the *Memory and Aging Program* educates community-dwelling older adults about memory and provides memory training and lifestyle intervention to maximize memory function; (2) *Learning the Ropes for Living with MCI* provides education and training to promote brain health, well-being, and everyday memory ability in older adults with MCI and their families; and (3) *Memory-Link* evaluates and treats clients with moderate to severe memory impairment and their families and provides training in internal memory strategies and external memory aids, including using smartphone technology.

**3. Behavioural management and support.** Students in this practicum placement will gain experience in the management of responsive or challenging behaviours associated with dementia.

Students will learn how to interview point-of-care staff in order to gain a better understanding of the nature of a particular responsive behaviour and help staff objectively define it for the purpose of obtaining baseline measurements of its frequency, duration, and intensity. Students will collect information about the person's history in order to gain an appreciation of details of the history that could be incorporated into the management protocol (e.g., preferences, likes, hobbies). Students will monitor the collection of data aimed at identifying what might be triggering and maintaining the challenging behaviour (i.e., the antecedents and consequences). In collaboration with an interprofessional team, students will develop a management plan that details the specific intervention that is to be applied and will monitor ongoing collection of data for purposes of evaluating and documenting the outcome of interventions. Students will also have the opportunity to attend the Behavioural Neurology Unit's interprofessional Behavioural Management team conference and Pharmacology team conference and rounds.

**4. Mental Health Services.** In this rotation, students will have the opportunity to engage in neuropsychological assessment and/or the provision of psychotherapy to older adults with mood and anxiety disorders, and/or behaviour and personality changes. Clients are referred from the Inpatient Psychiatry Program, Psychiatric Day Hospital, and Ambulatory Mental Health Clinic, affording students

The opportunity to work with both inpatients and outpatients. In this rotation, students will work as part of various interprofessional teams that use psychosocial approaches as well as innovative drug therapies and psychotherapies. Students may participate in team rounds. Service provision on this rotation will be determined by students' individual training goals and the identified service needs.

## Practicum Application Process

Students interested in applying for a practicum placement should send the following materials by e-mail to Dr. Gillian Rowe, Clinical Neuropsychologist, at [growe@baycrest.org](mailto:growe@baycrest.org):

- A completed Practicum Application form (available at [www.baycrest.org/neuropsychology](http://www.baycrest.org/neuropsychology))
- A letter of interest describing their training experiences and goals
- A current CV
- Most recent graduate transcript (unofficial copies are acceptable)
- Two letters of reference, to be sent directly from referees to Dr. Rowe

Completed applications will be forwarded to practicum supervisors who will contact selected applicants for an interview. Please note that not all placements may be available at a given time. The type and number of placements is dependent on the availability of supervisors.

We use the common deadline and notification procedures for Greater Toronto Area Practicum Training Programs. The application deadline for both summer and fall/winter placements is in February, and the notification day is in March. If your program is outside of the greater Toronto area and has a different notification deadline, please provide details in your application form and your letter of interest.



## **Practicum Site Information Sheet**

**Name of site:** DBT Hamilton

**Supervisor or Contact Person:** Lisa Burckell, Ph.D., C.Psych., DBT-Linehan Board of Certification, Certified Clinician™

**Email:** [drburckell@dbthamilton.com](mailto:drburckell@dbthamilton.com)

**Phone:** 905-526-2100

**Address:**

69 John St. S., Unit 450  
Hamilton, ON L8P2G7

*\*This is a hybrid placement – the specific breakdown of in-person and virtual to be negotiated*

**Type of Practicum offered:**

Child \_\_\_\_ Adult  X  Both \_\_\_\_

Assessment \_\_\_\_ Intervention \_\_\_\_ Both  X

\*Placements are 1 year to allow the student to learn and apply knowledge over time.

\*Practicum students will have an opportunity to co-lead a skills group and conduct assessments at a minimum. For more advanced students, there may be opportunities to conduct individual DBT and/or CPT.

**General Information** (i.e. description of the site, clients seen, services offered, is it TTC accessible? etc.)

We are a private practice who sees individuals ages 17 and older. We provide Standard Dialectical Behaviour Therapy (DBT) for individuals who experience intense emotion dysregulation and/or who have a diagnosis of borderline personality disorder (BPD). Our clients typically experience issues with suicidality and self-injury, mood, anxiety, eating disorders, substance use, and posttraumatic stress disorder (PTSD).

Comprehensive or Standard DBT includes weekly individual and group therapy, 24/7 coaching, and therapist participation on a consult team. We also conduct assessments for clients for treatment and for insurance providers. We also provide Cognitive Processing Therapy (CPT), Prolonged Exposure (PE), and DBT-PTSD, evidence-based treatments for PTSD.

We are conveniently located downtown in Hamilton close to the GO Station and Hamilton Rail Transit bus stops.

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**Supervision** (i.e. Is there more than one potential supervisor? group and/or individual? How often? etc.)

Dr. Burckell is the primary supervisor. Supervision includes 1 hour of individual supervision per week. In addition, Dr. Burckell is available outside of scheduled supervision times on an as-needed basis. If there are several practicum students, group training and supervision will be offered to supplement individual supervision.

**Keywords** (i.e. Eating Disorders, Chronic Pain, Obsessive Compulsive Disorder)

Borderline Personality Disorder, Emotion Regulation, Posttraumatic Stress Disorder/PTSD, DBT, CPT

**Training/research opportunities:**

Training will include direct observation, role plays, and access to readings and online trainings. Students may also attend consultation team meetings depending upon the activities in which they participate. Dr. Burckell conducts workshops on DBT, and there may also be opportunities to attend these as a participant depending upon timing.

Currently, there are no research opportunities available.

**Practicum Application Deadline:** February 1, 2023

**Application procedure** (i.e. documents needed, number of references, etc.)

Please provide the following:

1. Cover letter that details the following:

Brief description of your training and skills

Reason for applying to DBT Hamilton

Assessment focus vs. intervention focus placement desired

Number of hours and days per week requested

Start date of placement (month)

Specific experiences in which you are most interested obtaining

2. Updated CV
3. 2 clinical reference letters – The referees can email the letters directly to Dr. Burckell
4. A sample of a de-identified report

Email these materials to: [drburckell@dbthamilton.com](mailto:drburckell@dbthamilton.com)

*\*Please note that this is an advanced practicum. Applicants should have completed other placements in advance of applying. A solid background in CBT, group, and assessment are required.*

*Last Updated: October 17, 2022*

## **Practicum Site Information Sheet**

**Name of site:** Kaplan & Levitt Psychologists

**Supervisor or Contact Person:**

Brian Levitt, Psy.D., C. Psych  
Clinical and Rehabilitation Psychologist

Melissa Parlar, Ph.D., C. Psych (Supervised Practice)  
Clinical and Rehabilitation Neuropsychologist

**Email:** Practicum@KaplanandLevitt.com

**Phone:** 905-529-5131

**Address:** 1612 Main St W, Hamilton, ON L8S 1E6

**Type of Practicum offered:**

Child \_\_\_\_ Adult X Both \_\_\_\_

Assessment X Intervention \_\_\_\_ Both \_\_\_\_

**General Information:**

We assess and treat injured and traumatized patients in the auto insurance and WSIB sectors, where we also are engaged in advocacy at the provincial level. We provide compassionate, patient-centered, and individualized evidence-based assessment and treatment services.

We serve adults of all ages with many diagnoses, including but not limited to posttraumatic stress disorder, major depressive disorder, specific phobia, somatic symptom disorder, adjustment disorder, and mild TBI due to brain injury.

Our clinic is located in Hamilton, Ontario. We provide all of our usual psychological patient assessment and treatment services during the COVID-19 pandemic, using secure video conferencing. Our remote services allow us to provide care for patients from all across Ontario. For the time being we will not be seeing patients in our offices. Training, supervision, and clinical work will be done remotely. Therefore, this practicum is available to students throughout Ontario.

If you wish to learn more about our clinic and the services provided, please visit our website at [www.kaplanandlevitt.com](http://www.kaplanandlevitt.com).



Clinical opportunities available within our clinic include **Clinical Diagnostic Neuropsychological Assessments**. Opportunities to conduct psychovocational assessments may also be available, depending on patient need.

**Clinical Diagnostic Neuropsychological Assessments:** Patients primarily referred in a personal injury context (e.g., motor vehicle accident, slip and falls, workplace injury) to assess their psychological and neuropsychological functioning to inform treatment planning and diagnostic considerations. Training opportunities include:

- Gaining knowledge related to various systems in relation to patient care (e.g., auto-insurance, WSIB)
- Reviewing limits of confidentiality and obtaining informed consent related to assessment procedures
- Instruction in administering, scoring, and interpreting psychological (e.g., PHQ-9, GAD-7, IES-R, PAI, semi-structured clinical interviews, as indicated) and neuropsychological (e.g., WAIS-IV, WASI-II, WRAT-5, CVLT-II, WCST, WMS-IV subtests) test measures
- Gaining knowledge and exposure to modifications of test protocols for remote administration including logistical aspects (e.g., providing iPads to patients for testing)
- Introduction to administering and interpreting performance and symptom validity measures
- Training in carrying out and recording behavioural observations
- Introduction to review of file information
- Discussions related to case conceptualization based on test data and behavioural observations
- **Please note:** the opportunity to conduct psychovocational assessments is also available, depending on patient need

**Keywords:** personal injury, PTSD, depression, somatic symptom disorder, TBI, concussion

### **Training/research opportunities:**

Training will follow a developmental model of supervision, and will include direct observation, role play, provision and discussion of relevant readings, weekly peer supervision (with our clinical team including clinical psychologists, neuropsychologists, rehabilitation psychologists, social workers, and psychotherapists), and weekly individual supervision.

Practicum students will be expected to present a case study or relevant research article near the end of their placement during the clinic's regularly scheduled peer supervision.

While research is not considered a primary focus during a practicum placement, research opportunities are available within the clinic as we have a large clinic database. Our clinic database comprises psychological test data (e.g., GAD-7, PHQ-9, WHODAS) completed

by clinic patients at various points during their treatment. Other opportunities may also be available depending on student interest and feasibility. Students are encouraged to inquire about research opportunities available, if interested.

The ideal candidate will have an interest in remote assessment with a focus on neuropsychological assessment.

**Practicum Application Deadline:**

We are following the application deadline and Match process set out by the GTA practicum coordinators.

**Application procedure:**

Applicants interested in a September 2023 placement should email the following documents to [Practicum@KaplanandLevitt.com](mailto:Practicum@KaplanandLevitt.com):

- Cover letter
- CV
- Unofficial graduate transcript
- 2 reference letters

*Last Updated:* October 19, 2022

## **Practicum Site Information Sheet**

**Name of site:** Ontario Shores Centre for Mental Health Sciences

**Practicum Committee / Contacts:**

Dr. Jeanine Lane, Practicum Coordinator

Erica Francis, Coordinator – Student Affairs

Dr. Marc Levi, Practicum Coordinator Assistant

**Email:**

[lanej@ontarioshores.ca](mailto:lanej@ontarioshores.ca)

[franciseric@ontarioshores.ca](mailto:franciseric@ontarioshores.ca)

[levim@ontarioshores.ca](mailto:levim@ontarioshores.ca)

**Phone:** 905-430-4055

X3383 – Dr. Lane

x6704 – Erica

x6740 – Dr. Levi

**Address:** 700 Gordon St., Whitby ON., L1N 5S9

**Type of Practicum offered:**

Child \_\_\_\_ Adult Only ☒ Both \_\_\_\_

Assessment \_\_\_\_ Intervention \_\_\_\_ Both ☒

**Anticipated Number of Positions for 2023-2024:**

We anticipate having 2 practicum positions available. Programs accepting applications include the Forensic Program (clinical focus or clinical/forensic focus); and Adult Outpatients (primarily first responder trauma program and the Ontario Structured Psychotherapy Program).

**A full description of our program and application requirements is available on our website in the practicum brochure:**

<https://www.ontarioshores.ca/education/academics/psychology-practicum-and-internship>

**Practicum Application Deadline:** GTA universal application deadline

*Last Updated:* October 2022

## **Practicum Site Information Sheet**

**Name of site:** Ontario Sex Therapy

**Supervisor or Contact Person:** Morag Yule, PhD, C.Psych

**Email:** myule@ontariosextherapy.ca

**Phone:** 416-220-2656

**Address:** 366 Adelaide Street East, Suite 225, Toronto, M5A 3X9

**Type of Practicum offered:**

Child \_\_\_\_ Adult \_\_x\_\_ Both \_\_\_\_

Assessment \_\_\_\_ Intervention \_\_\_\_ Both \_\_x\_\_

**General Information About the Practicum:** (*e.g., client concerns, therapeutic modalities, virtual/in-person services, treatment approaches, assessment opportunities, etc.*)

Ontario Sex Therapy provides talk therapy to treat sexual difficulties and uses empirically supported treatments to reduce distress around sexual issues. Client concerns include: difficulty with orgasm, low sexual desire, performance anxiety, erectile dysfunction, sexual trauma, sexual anxiety and avoidance, shame and guilt around sexuality, compulsive sexual behaviour and sex-related OCD. We also support clients looking to explore sexual orientation and identity, BDSM and kink, polyamory and open relationships, and navigating unique or atypical sexual interests.

This practicum will provide specialized training in understanding, assessing, and treating a broad range of sexual difficulties. This requires existing comfort and competency in managing more general mental health concerns, as well as a sex-positive, non-judgmental, and compassionate approach to therapy.

More information about Ontario Sex Therapy can be found at [www.ontariosextherapy.ca](http://www.ontariosextherapy.ca)

**Keywords:** Sex Therapy

**Training/research opportunities:**

Ontario Sex Therapy provides specialized training in sex therapy and assessment and opportunities are available to work with adult individuals, couples, and groups.

Students will have one hour of individual supervision with Dr. Yule per week and are also encouraged to attend biweekly Clinical Rounds that are available for all associates at Ontario Sex Therapy. Both client sessions and supervision are available by video or in-person. Dr. Yule is available outside of supervision times on an as-needed basis.

**Practicum Application Deadline:**

We are following the application deadline and Match process set out by the GTA practicum coordinators.

**Application procedure:** (*i.e., documents needed for application, number of references, etc.*)

This is an advanced practicum. Applicants should have completed other practicum and have experience and comfort providing general therapy techniques. Previous interest in sex therapy and/or sex research is a benefit, but not required.

Please send your CV and cover letter to [myule@ontariosextherapy.ca](mailto:myule@ontariosextherapy.ca). References will be requested following interviews.

*Last Updated:* November 2022

## **Practicum Site Information Sheet**

**Name of site:** R.E.A.D. CLINIC

**Supervisor or Contact Person:** Dr. Doug Misener

**Email:** dmisener@bellnet.ca

**Phone:** 416 469 5909 ext. 23

**Address:** 253 Danforth Avenue, Suite 100 Toronto M4K1N2

**Type of Practicum offered:**

Child \_\_\_\_ Adult \_\_x\_\_ Both \_\_\_\_

Assessment \_\_\_\_ Intervention \_\_\_\_ Both \_\_x\_\_

**General Information:**

**See Read Clinic website for further details.**

The clinic provides rehabilitation psychology, neurorehab psychological, medical and clinical psychology services to multiply disabled persons. Doctoral and Master's level students have received internship/practicum training through our facility for over 35 years. A 'medical model' in training is utilized, much like that experienced by medical undergraduates and during residency training. Efforts are made to expose students to a high number of patients, having a broad range of medical conditions, psychological or neurocognitive/neuromotor issues being part of their presentation. Students acquire normally considerable experience with patient diagnostic assessment, experience with a fairly wide array of psychological/neuropsychological assessments tools, learning both formal and clinical aspects of administration, data analysis, formulation. Opportunities exist for those with good writing skills to assist with draft report preparation, with instruction in professional report writing. Assignments are regularly provided in clinical readings, medical/mental health records review, summarization. There is sometimes liaison with multidisciplinary health care providers, including primary health care physicians, specialists offices, occupational therapist, speech pathologists, rehabilitation services workers, social workers, psychotherapists, educators, rehab case managers, nurses, as well as with colleagues in applied psychology.

Students will normally acquire a fair amount of knowledge of associated medical fields, secondary to their applied psychology exposure (e.g., neurology, physical medicine and rehabilitation, psychiatry, psychopharmacology, orthopedics, physiotherapy), as it pertains to patient health, clinical assessment, treatment. They will also learn about systemic issues in Canadian health care, patient treatment/assessment funding apart from OHIP, insurance industry operations, and health care related systems.

Training integrates both assessment, diagnostics, and treatment. Patient exposure is tempered based upon the student's past clinical experience, their demonstrated manner, and talents in engaging with patients; for some, there may be extensive early exposure, for others a graduated building of skills and knowledge; chief focus of psychological treatment is CBT, with in particular emphasis on pain management, sleep management, adjustment to disability, phobias, treatment of major depression and its variants, generalized anxiety, adjustment disorders, neurocognitive issues (e.g. mTBI, moderate brain injury), and therapy strategies for persons with sensory and motor dysfunction.

The clinic accepts students for the September - April academic year, and on occasion from January (or May) through August. Efforts are made nearing completion of the training phase to assist in guiding the student in career development in applied psychology; for graduating students demonstrating a high level of skill and talent for clinical work, support may be provided in securing employment.

**Keywords:** Rehabilitation Psychology, Medical/Health/Clinical Psychology, Vocational Psychology/Vocational Rehabilitation

**Training/research opportunities:** Research projects/opportunities are periodically available, including access to a patient population for graduate thesis research

**Practicum Application Deadline: February 1, 2023 annually (early submission is recommended)**

**Application procedure: Submit Curriculum Vitae along with cover letter, and any available professional/clinical references to: Attn: Dr. D. Misener, Read Clinic. Email to [dmisener@bellnet.ca](mailto:dmisener@bellnet.ca) or fax to: 416 469-5955**

*Last Updated: September 2022*



## **Practicum Site Information Sheet**

**Name of site:** St. Joseph's Healthcare Hamilton

**Supervisor or Contact Person:** Emily MacKillop, Ph.D., C.Psych., ABPP

**Email:** emackill@stjoes.ca

**Phone:** 905-522-1155 ext. 36371 (email preferred)

**Address:** Clinical Neuropsychology Service, G187; St. Joseph's Healthcare Hamilton, 100 West 5<sup>th</sup> St, Hamilton ON L8N 3K7

### **Type of Practicum offered:**

Adult Only

Assessment \_\_\_\_ Intervention \_\_\_\_ Both X \_\_\_\_

### **General Information:**

The clinical training faculty at SJHH is committed to providing high quality training opportunities through clinical practica, our APA/CPA accredited predoctoral internship program, and postdoctoral positions. Across a number of clinical training settings the following are emphasized: (i) provision of a rich training experience with attention given to providing adequate breadth and depth of client contacts, (ii) provision of high quality supervision, (iii) opportunities to work in multidisciplinary environments. Additionally, through ongoing evaluation of the training needs, strengths, and interests of practicum students, practica will be tailored to maximize individual students' growth in knowledge of clinical intervention and assessment strategies and the related research, and to facilitate the development of a professional identity. The primary supervisors of all training settings are registered Psychologists.

Eligible students are those currently registered in APA/CPA accredited (or equivalent) clinical, counselling, or school psychology programs. There is considerable flexibility regarding the types of practica available, including assessment, therapy, and opportunities for research. The information on our web page briefly outlines services in which practicum opportunities are currently available. Interested students should review the training website ([Clinical Practicum Placements - St. Joseph's Healthcare Hamilton \(stjoes.ca\)](http://ClinicalPracticumPlacements-St.Joseph'sHealthcareHamilton(stjoes.ca))) for more information about psychology faculty and programs at SJHH. Students may also contact faculty members with any questions about types of practicum experiences available in a particular service.

Practica may be full-time or part-time. Generally, practica begin in May, September or January and run for 16 to 32 weeks.

### **Training/research opportunities across 11 different Clinics:**

[Anxiety Disorders](#)

[Clinical Neuropsychology](#)

[Early Intervention in Young Adult Mental Health](#)

[Eating Disorders](#)

[Forensic Psychology](#)

[Health Psychology](#)

[Mood Disorders](#)

[Schizophrenia Services](#)

[WSIB Mental Health Specialty Clinic](#)

Concurrent Disorders Program

Borderline Personality Disorders Clinic

*For more information about each clinic, including direct contact information for each clinic, please refer to our training website.*

### **Practicum Application Deadline:**

All dates correspond with the larger GTA match. Deadline on/around February 1, 2023: or submission of applications for Spring/Summer 2023 and Fall 2023/Winter 2024. Applications submitted after this deadline cannot be guaranteed a review.

### **Application procedure:**

Following a review of applications, students will be informed whether or not they will be invited to participate in an interview (phone interviews will be considered in some circumstances). Decisions about placement will be made following these interviews. Students will be notified of placement decisions on the GTA Common

Notification Date by email. The Match date is yet to be determined and will be updated after the Virtual Practicum Fair on Friday, November 11<sup>th</sup>, 2022 (9am-12pm). After the match date, there is no review of new applications until the next cycle.

### **Contents of Application:**

To apply for a practicum position in any program students must **electronically submit** (1) a curriculum vitae, (2) copies of unofficial undergraduate and graduate transcripts, (3) a letter of recommendation, and (4) a cover letter indicating what aspects of the practicum are of interest and why the learner believes the practicum would address their training needs (5) [the Clinical Practicum Placement and Experience Form](#). Each of the five items must be submitted to guarantee consideration. **Submit all application materials to:** [psychologypracticum@stjoes.ca](mailto:psychologypracticum@stjoes.ca)

General inquiries about the application process can be directed to Dr. Emily MacKillop (contact information below). Students are also encouraged to contact supervisors in various rotations (contact information included in rotation descriptions) for more information about those opportunities.

Emily MacKillop, Ph.D., C.Psych., ABPP-CN  
St. Joseph's Healthcare Hamilton, West 5th Campus  
100 West 5th Street  
Hamilton ON L8N 3K7  
Tel: 905-522-1155 ext. 35592  
Fax: 905-381-5610  
Email for inquiries: [emackill@stjoes.ca](mailto:emackill@stjoes.ca)

**Submit all application items and letters of recommendation to:** [psychologypracticum@stjoes.ca](mailto:psychologypracticum@stjoes.ca)

*Last Updated: Oct. 25, 2022*

## **Practicum Site Information Sheet**

**Name of site:** Sunnybrook Health Sciences Centre, Frederick W. Thompson Anxiety Disorders Centre

**Supervisor, Director of Clinical Training:** Dr. Lance Hawley, C. Psych.

**Supervisor (Bellwood):** Dr. Rebecca Young, C. Psych.

**Email:** [lance.hawley@sunnybrook.ca](mailto:lance.hawley@sunnybrook.ca), [rebecca.young@sunnybrook.ca](mailto:rebecca.young@sunnybrook.ca)

**Phone: Dr. Hawley:** 416 480 6100 x84076

**Address:** 2075 Bayview Avenue.

**Type of Practicum offered:** Adult

Assessment \_\_\_\_\_ Intervention \_\_\_\_\_ **Both X**

**General Information** (i.e. description of the site, clients seen, services offered, is it TTC accessible? etc.)

Visit the following website for information about the Sunnybrook practica:

<http://sunnybrook.ca/content/?page=thompson-centre-educational-opportunities>

The Frederick Thompson Centre offers a wide variety of training opportunities for students. Training opportunities include **either (choose one):** a) involvement in our outpatient service (with Dr. Hawley), **or** b) in our intensive service (with Dr. Young). We believe that our training affords individuals an opportunity to acquire extensive training across the full spectrum of OCD presentations (i.e., mild to moderate severity in the outpatient service, severe symptomatology in the intensive service). Further, clients experiencing OCD often experience co-morbid mood and anxiety symptoms, and so our practica students develop the skills to treat a wide variety of symptom presentations. During this practica placement, clinical psychology students have the opportunity to develop their assessment skills, as well as both individual and group treatment skills while utilizing empirically-supported treatments including Cognitive Behavioral Therapy (CBT), Mindfulness Based Cognitive Therapy (MBCT), Dialectical Behavior Therapy (DBT) and Acceptance and Commitment Therapy (ACT). Although our primary clinical focus involves providing assessment and treatment for clients experiencing OCD and related disorders, there are also opportunities to work with clients experiencing other mood and anxiety disorders. Related training goals include becoming proficient with administering the structured clinical interview for DSM (SCID-V) (in the outpatient service) or the MINI International Neuropsychiatric Interview (MINI) (in the intensive service), and developing expertise in the assessment and formulation of treatment suitability for CBT and other CBT-umbrella interventions.

The Frederick Thompson Centre provides clinical services to clients who experience OCD and related psychological disorders, including:

### **Obsessive-Compulsive Disorder (OCD)**

Obsessive-compulsive disorder is a chronic and frequently severe disorder characterized by intrusive disturbing thoughts that the individual cannot suppress and lead to anxiety. Most individuals also have rituals or repetitive behaviours such as washing, checking, or repeating actions over and over to alleviate their obsessional fears.

### **Hoarding**

Hoarding disorder is a newly recognized condition often associated with OCD in which individuals have great difficulty discarding belongings, papers and objects to the point that clutter compromises their ability to live in their homes the way they would like to. In severe cases this can make homes uninhabitable and/or be associated with significant safety concerns such as fire or risk of falling.

### **Hair Pulling (Trichotillomania) and Skin Picking Disorder**

Hair pulling (Trichotillomania) and skin picking disorder are conditions now recognized as closely related to OCD. In these disorders individuals repeatedly pull hair or pick at their skin despite repeated efforts to stop. Over time these problems can cause very significant distress or impairment in their ability to function.

### **Body Dysmorphic Disorder**

Body dysmorphic disorder focuses on preoccupation with minor or at times imagined defects in one's appearance, such as the shape or size of one's nose, hairline, or blemishes in the skin. Many sufferers are unable to perceive any distortion in their perception of themselves, often describing themselves as extremely ugly, disfigured or worse, wreaking immense havoc in their lives.

During this practica placement, clinical psychology students have the opportunity to develop their assessment as well as their individual and group treatment skills. Although our primary clinical focus involves providing assessment and treatment for clients experiencing OCD and related disorders, there are also opportunities to work with clients experiencing other mood and anxiety disorders as well, particularly considering that most clients experience significant co-morbidity. Related training goals (in the outpatient service) include becoming proficient with administering the structured clinical interview for DSM (SCID) while also considering suitability for treatment. Furthermore, both individual and group treatment opportunities are available, utilizing empirically supported CBT approaches. A typical 2.5 day placement with the outpatient service involves co-leading at least one treatment group (CBT or MBCT), 1-2 individual cases, and one Scid assessment. A typical 2.5 day placement with the intensive service would involve being on a treatment team for at least two clients (and providing individual therapy and ERP planning); coaching clients during extended ERP sessions; co-facilitating a variety of groups as well as being a part of family meetings.

We will be offering up to eight practica placements for each time period.

- **Fall/Winter:** September 1 – April 30 (2-3 days/week, as per trainee availability)
- **Spring/Summer:** May 1 – August 31 (4 days per week)

**Outpatient Fall/Winter Practica (Supervisor: Dr. Lance Hawley).**

Dr. Hawley will be accepting **three individuals** for the eight month Fall/Winter practica. You will have the opportunity to become involved with our outpatient service, serving clients experiencing mild to moderate symptomatology. The outpatient service provides various clinical assessment, treatment, and research opportunities, and the collaborative learning plan can be tailored to consider various opportunities including assessment (using the SCID-V), individualized OCD treatment (CBT, MBCT), and group treatment. All groups are co-lead with a clinical psychologist (Dr. Lance Hawley). We are actively involved in various research initiatives, as well as various training events throughout the year. Please feel free to contact me directly if you have any questions about the placement.

**Intensive Service Fall/Winter Practica (Supervisor: Dr. Rebecca Young).**

Dr. Young will be accepting **up to four individuals** for the eight month Fall/Winter practica and 3-4 students for the summer rotation. This will involve immersion within the intensive training program, which provides services to clients experiencing more severe symptom presentations. The intensive service provides various clinical assessment and treatment opportunities within an interdisciplinary team, and the collaborative learning plan can be tailored to consider various opportunities. These include psychodiagnostic assessments (using the MINI, PAI), individualized OCD treatment integrating various therapeutic techniques, ERP coaching and group treatment. Please feel free to contact me directly if you have questions about the placement. Summer practica experiences will be determined by current clinical need within our centre.

**Note:** Summer practica experiences will be determined by current clinical need within our centre.

Each year, the submission and notification dates for the Fall/Winter Practica and the Spring/Summer Practica are announced by the GTA Practica organizing committee. Students have access to an office, a computer, and a telephone line. The Frederick Thompson Centre is part of the Sunnybrook Health Sciences Centre, and so students also have access to a wide variety of lectures, seminars, and symposia, provided by hospital staff. Further, students may have exposure to the various clinical research activities occurring in the program. Our intensive treatment program is offered on a satellite campus of Sunnybrook, less than 1 km from the main campus, at 175 Brentcliffe Avenue. It is housed in Bellwood Health Services.

This clinical practica provides clinical training in the context of a scientist-practitioner model. Within this framework, clinical service and research are seen as mutually enhancing activities. Students are expected to think critically about the services that they offer to individuals and to make clinical decisions based on objective data collected in the therapeutic/assessment context and informed by empirical research. In addition, students

are encouraged to integrate research and clinical practice by allowing their clinical experiences to influence the questions that they seek to answer through research.

**Supervision:** Supervision involves meeting once per week with Dr. Hawley (Outpatient Service) or Dr. Young (Bellwood) individually, for a minimum of one hour as well as the opportunity to attend weekly assessment rounds, as well as clinic meetings. Further, there is supervision before and after each treatment group, and students co-lead treatment groups. Supervisors have an “open door” policy in which students can consult as needed, throughout the week.

The Frederick Thompson Centre is part of the Sunnybrook Health Sciences Centre, and so students also have access to a wide variety of lectures, seminars, and symposia, provided by hospital staff. Further, students may have exposure to the various clinical research activities occurring in the program.

### **Training/research opportunities**

The Frederick W. Thompson Anxiety Disorders Centre aims to provide clinical services, research, and teaching for OCD and related "spectrum" disorders, including hoarding disorder, trichotillomania, compulsive skin picking and body dysmorphic disorder. The Thompson Centre brings together clinicians and researchers, with the joint goals of offering state of the art care and generating knowledge through research and improving life for individuals with obsessive-compulsive and related disorders, and their families. Psychological treatment consists of short-term, cognitive behaviour therapy (CBT) and mindfulness based cognitive therapy (MBCT).

Training of psychology practicum students includes administering structured clinical interviews for diagnostic assessment of Axis I disorders, developing clinical decision making skills, learning how to effectively communicate and collaborate with other health professionals, and training in empirically supported treatments. Given the clinical research role of this unit, clients are often participating in research trials which have a focus on the investigation of mechanisms underlying treatment response. The TADC also serves an important academic and teaching function for continued training of psychiatric residents and other mental health professionals who are interested in learning about the application of empirically validated treatment approaches. Supervision includes a minimum of two hours per week of individual supervision and group supervision, as well as weekly clinical rounds that are attended by all clinic staff.

The main focus of this practica involves collaborating with clinical psychology students in order to further develop their ability to provide a comprehensive multi-axial diagnosis, while considering optimal treatment suitability. During the practica, students develop strong case formulation skills, in order to optimally apply CBT principles to complex diagnostic presentations. Related training goals involve understanding the role of cognitive vulnerability factors, while considering the interaction between pharmacotherapy and



psychological treatment of the disorder. Opportunities for participation in research are also available; however, this is determined on a case-by-case basis, in consideration of the students' overall caseload as well as considering additional clinical opportunities offered in this clinical service that the student may choose to be involved in.

**Dr. Hawley's ResearchGate profile:** [https://www.researchgate.net/profile/Lance\\_Hawley](https://www.researchgate.net/profile/Lance_Hawley)

### **Practicum Application Deadline:**

We will follow the same application procedure and associated deadlines as established by the GTA practica co-ordination committee.

**Application procedure** (i.e. documents needed, number of references, etc.)

Applications can be sent directly to Dr. Hawley, and please cc Dr. Young. Documents can be sent electronically.

Applications for the Sunnybrook Psychology Practica should include:

- Completed practica application form (see next page)
- Cover letter, including information about the applicant's training goals.
- Curriculum Vitae
- All graduate transcripts
- Two letters of reference (preferably from an academic supervisor and from a clinical supervisor).

If you have any questions regarding the application process, contact:

Dr. Lance Hawley, C.Psych.  
Clinical Lead (Outpatient Service), Staff Psychologist, Director of Training  
Frederick W. Thompson Anxiety Disorders Centre  
Sunnybrook Health Sciences Centre  
Assistant Professor, Department of Psychiatry, University of Toronto  
Associate Graduate Faculty, University of Toronto, Scarborough  
2075 Bayview Avenue, Suite K3W46  
Toronto, Ontario, Canada  
M4N 3M5  
Email: [lance.hawley@sunnybrook.ca](mailto:lance.hawley@sunnybrook.ca)  
Phone: 416-480-6100 x84076  
Fax: 416-480-5766



**Frederick W. Thompson Anxiety Disorders Centre**  
**Practica Application Form (Available Online)**

**General Information**

<b>Name:</b>	<b>Home Phone:</b>
<b>Address:</b>	<b>Work Phone:</b>
<b>City:</b>	<b>Cell Phone:</b>
<b>Province:</b>	<b>Preferred Phone:</b>
<b>Country:</b>	<b>Primary Email:</b>

**Academic Information**

<b>Name of University Currently Attending:</b>
<b>Department:</b>
<b>Program Name (e.g., Clinical Psychology):</b>
<b>Degree seeking (e.g., MA, Ph.D.):</b>
<b>Director of Clinical Training:</b>
<b>Years in program (e.g., Ph.D. 1):</b>
<b>GPA:</b>
<b>Supervisor/Advisor's Name:</b>  <b>Phone:</b> <b>Email:</b>
<b>Research title/topic and brief description:</b>

<b>Name of Previous University/College:</b>
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<b>Department:</b>
<b>Program Name (e.g., Clinical Psychology):</b>
<b>Degree seeking (e.g., MA, Ph.D.):</b>
<b>Director of Clinical Training:</b>
<b>Years in program (e.g., Ph.D. 1):</b>
<b>GPA:</b>
<b>Supervisor/Advisor's Name:</b>
<b>Phone:</b>
<b>Email:</b>
<b>Research title/topic and brief description:</b>

### **Assessment Experience**

**Total Number of Assessments and Assessment Hours using structured clinical assessment interviews (e.g., Scid, Mini, Dart):**

**Description of Assessment Experiences:**

**Total Number of Assessments and Assessment Hours (other):**

**Description of Assessment Experiences:**

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**Individual Therapy Treatment Experience**

**Number of individual therapy cases (using CBT or MBCT):**

**Total Hours:**

**Description of individual therapy treatment experience:**

**Experience with other empirically supported treatment approaches:**

**Group Treatment Experience**

<b>Number of treatment groups (using CBT or MBCT):</b>	<b>Total Hours:</b>
<b>Description of CBT or MBCT group treatment experience:</b>	
<b>Experience with other empirically supported treatment approaches:</b>	

### **References and Contact Information**

**Please have your referees send their letters of support directly to Dr. Lance Hawley.**

**#1: Referee Name:**

**Contact Information**

**Address:**

**Phone:**

**Email:**

**#2: Referee Name:**

**Contact Information**

**Address:**

**Phone:**

**Email:**

**#3: Referee Name:**

**Contact Information**

**Address:**

**Phone:**

**Email:**

*Last Updated: October 2022*





### **Practicum Site Information Sheet**

**Name of site:** Sunnybrook HSC; Neuropsychology Service, Brain Sciences Program

**Supervisor or Contact Person:** Prathiba Shammi, PhD, CPsych

**Email:** p.shammi@sunnybrook.ca

**Phone:** 416- 480-6100; ext 1845

**Address:** H 225; 2075 Bayview Avenue; Toronto, ON M4N 3M5

**Type of Practicum offered:** Adult Neuropsychological Assessment

Child \_\_\_\_ **Adult** ☒ \_\_\_\_ Both \_\_\_\_

**Assessment** ☒ \_\_\_\_ Intervention \_\_\_\_ Both \_\_\_\_

#### **General Information About the Practicum:**

Opportunity for neuropsychological assessment of a wide range of clinical conditions (ages 18 to 85+) referred to the service from Cognitive Neurology and Neuropsychiatry. Types of patients most commonly seen include evaluation of normal aging versus early dementia or Mild Cognitive Impairment (MCI); Alzheimer's type dementia; Parkinson's and Parkinson's Plus syndromes; vascular dementia; fronto-temporal dementia; Multiple Sclerosis; stroke; general medical conditions, mood disorder, and others. Thorough foundation in test administration and scoring, learn clinical interviewing skills and chart review.

Training in administration, scoring and interpretation of standard neuropsychological tests (e.g., Baycrest-Kaplan Assessment of Neuropsychological Status; the Wechsler Adult Intelligence Scale IV – selected subtests; the Wechsler Abbreviated Scale of Intelligence-II; the Wechsler Memory Scale IV – selected subtests; the California Verbal Learning Test II; Rey Complex Figure; Trail Making Tests A & B; Boston Naming Test; Controlled Oral Word Association Test; the Wisconsin Card Sorting Test, MACFIMS for MS, and others).



Report writing – discussing interpretation of test results and cognitive profile obtained; writing integrative clinical reports outlining cognitive strengths and weaknesses, case conceptualization addressing differential diagnosis, and recommendations. Review notes and literature to enhance knowledge of cognitive profiles associated with neurological syndromes.

**Supervision:** One supervisor; Individual supervision 1-2 hours per week, depending on the number of days students are available to conduct assessments.

**Training/research opportunities:** Baycrest seminars (Wednesdays 3-4 PM, currently virtual)

**Practicum Application Deadline:** Same as other GTA sites. Early application recommended.

**Application procedure:**

1. Letter of interest
2. CV
3. 2 references

*Last Updated:* SEP-2022

## **Practicum Site Information Sheet**

**Name of site:** Toronto Metropolitan University (TMU) Centre for Student Development and Counselling. (**See supplemental brochure for additional information**)

**Supervisor or Contact Person:** Dr. Maria Chaparro, C.Psych.

**Email:** [csdcpracticum@ryerson.ca](mailto:csdcpracticum@ryerson.ca) [maria.chaparro@ryerson.ca](mailto:maria.chaparro@ryerson.ca)

**Phone:** 416-979-5195

**Address:** 350 Victoria Street

**Type of Practicum offered:**

Child \_\_\_\_ Adult X Both \_\_\_\_

Assessment \_\_\_\_ Intervention X Both \_\_\_\_

**General Information About the Practicum:** (e.g., client concerns, therapeutic modalities, virtual/in-person services, treatment approaches, assessment opportunities, etc.)

- Our student clientele displays moderate to high degree of complexity in client presentation (i.e., complex trauma, comorbidities, personality disorders, frequent crises). We primarily work from a trauma-informed transdiagnostic approach and given the complexity of the student clientele; we do not recommend this placement as a first one.
- Supervisors primarily from experiential/relational approaches (EFT, AEDP) but if students are seeking an integrative placement, some of us can also supervise behavioural/skills-based approaches (CBT, MI).
- The practicum placement at TMU is an exclusively an **intervention placement**, we do not offer assessment opportunities.
- We take pride in the diversity and multicultural lens that informs our practice and training.
- We are currently offering hybrid placements with the possibility of seeing clients in person and online, as well as working in our office and from home.

**Keywords:**

- **Training/research opportunities:** We offer an innovative didactic and experiential Microskills weekly training series bridging various treatment modalities, including common factors, brief therapy, MI, AEDP, CBT, EFT, with a focus on practice over theory.

**Practicum Application Deadline: February 1<sup>st</sup>, 2023**

**Application procedure:** *1 page cover letter, 2 letters of reference, 1 resume/CV. Merged into a single PDF. This application package can be uploaded into our portal/form which will be open December 1<sup>st</sup>. To obtain the link to this form students should email [csdcpracticum@ryerson.ca](mailto:csdcpracticum@ryerson.ca) (don't email applications directly to email, but to the form-portal)*

*Last Updated: November 2022*

## **Practicum Site Information Sheet**

**Name of site:** Transforming Emotions

**Supervisor or Contact Person:** Dr. Sarah Thompson

**Email:** [transformingemotions@gmail.com](mailto:transformingemotions@gmail.com)

**Phone:** 647-931-6617

**Address:** Virtual practice; mailing address: 65 Shuter St., Unit 133, Toronto, ON, M5B 1B2

**Type of Practicum offered:**

Child \_\_\_\_ Adult ☒ Both \_\_\_\_

Assessment \_\_\_\_ Intervention ☒ Both \_\_\_\_

**General Information About the Practicum:** (e.g., client concerns, therapeutic modalities, virtual/in-person services, treatment approaches, assessment opportunities, etc.)

Transforming Emotions is a private practice located in downtown Toronto. We are entirely virtual at the time of this writing (Fall 2022), and typically have 10-12 clinicians in the practice from practicum level through to autonomous psychologists, social workers, and psychotherapists. We work with clients from diverse backgrounds ranging in age from late adolescence to age 65.

This practicum opportunity focuses on learning the theory and practice of Emotion Focused Therapy. Students new to the model will focus primarily on working with depression, anxiety, and life transitions. Those familiar with the model (or who have previously been trained in the treatment of symptoms associated with childhood trauma) are welcome to also work with clients seeking treatment for symptoms typically associated with childhood trauma or post-traumatic stress. We are offering an 8-month, 2 day per week placement for 1-2 PhD level students who are interested in providing intervention services. Students from APA/CPA accredited programs are welcome to apply.

This site offers weekly individual supervision with Dr. Sarah Thompson along with monthly group supervision with a focus on sharing recordings of in-session material for feedback and learning. Independent learning is expected in this placement included reading and review of APA videos of EFT therapies (access to videos is provided by Dr. Thompson). Students are required to attend and complete an EFT Level 1 Certificate

course offered by Dr. Thompson in the fall term as part of their practicum experience (30 hours currently spread over two full days and six half days). We do not currently provide opportunities for psychodiagnostics assessment on site. Please visit [transformingemotions.ca](http://transformingemotions.ca) for further information about the practice.

**Keywords:** Emotion Focused Therapy, Anxiety, Depression, Trauma

**Training/research opportunities:** Possible opportunities to assist with literature searches for writing projects to related to conference presentations, academic writing, blog series, and curriculum development for community trainings; possible opportunities to assist with program evaluation within the practice.

**Anticipated number of positions:** 2

**Practicum Application Deadline:** Feb 1, 2023.

**Application procedure:** (*i.e., documents needed for application, number of references, etc.*)

Please email our principle email address (listed at [transformingemotions.ca](http://transformingemotions.ca)) with your cover letter, resume, and three references. Please include prior formal and informal training in Emotion Focused Therapy (e.g., courses, workshops, independent reading).

*Last Updated:* September 2022

## **Practicum Site Information Sheet**

**Name of site:** Trillium Health Partners - Queensway Health Centre WSIB Neurology Specialty Program

**Supervisor or Contact Person:** Dr. Amy Wilkinson, Ph.D., C. Psych, Clinical Neuropsychologist

**Email:** amy.wilkinson@thp.ca

**Phone:** 416-259-7580 x 5607

**Address:** Trillium Health Partners – Queensway Health Centre, 150 Sherway Drive, Toronto, Ontario, M9C 1A5

### **Type of Practicum offered:**

Child \_\_\_\_ Adult ☒ Both \_\_\_\_

Assessment ☒ Intervention \_\_\_\_ Both \_\_\_\_

**Anticipated Number of Positions for 2023-2024:** One

**General Information:** (i.e., description of the site, clients seen, services offered, is it TTC accessible? etc.)

Trillium Health Partners is one of Canada's largest leading academically-affiliated health centres encompassing three main sites - Credit Valley Hospital, Mississauga Hospital, and Queensway Health Centre. Trillium Health Partners offers the full range of acute care hospital services, as well as a variety of community-based, specialized programs and serves over one million residents in Peel and West Toronto and from other communities across Ontario.

The WSIB Specialty Neurology Program (Queensway Site) is an outpatient program that provides expedited assessment and treatment for adults who have sustained a traumatic brain injury at work. The program reports to the Workplace Safety and Insurance Board (WSIB). The WSIB Specialty Neurology Program is an interdisciplinary team consisting of professionals from a number of different backgrounds, including: psychology, occupational therapy, physiotherapy, kinesiology, speech language pathology, neurology, physiatry, psychiatry, ENT, neuro-ophthalmology, pain specialist, and pharmacy.

**Location:** The WSIB Specialty Neurology Program is located at Trillium Health Partners

– Queensway Health Centre, which is located between two main traffic arteries – Highway 427 and the Queen Elizabeth Way (QEW) – and serviced by both the Toronto and Mississauga Transit systems. The Centre is located across the street from Sherway Gardens. More transit information can be found here: <https://trilliumhealthpartners.ca/inneed/directions/Pages/default.aspx>

**Supervision:** (i.e., Is there more than one potential supervisor? group and/or individual? How often? etc.)

Students will work primarily with one supervisor, Dr. Amy Wilkinson, Ph.D., C.Psych, and two psychometrists. Students will receive individual supervision on a weekly basis. There is potential for seeing some cases supervised by other psychologists.

**Keywords:** Traumatic Brain Injury, mild TBI, Concussion, Return to Work, WSIB

**Training/research opportunities:**

Students will have the opportunity to participate in the neuropsychology assessments of patients referred through the WSIB Specialty Neurology Program. The patient population are adults who have sustained a traumatic brain injury at work. Assessments are conducted in order to gain an understanding of the patient's cognitive and emotional state, identify injury-related impairment should it continue to exist, and provide a diagnosis, prognosis, and if appropriate, treatment and return-to-work recommendations. Students will have the opportunity to participate in the chart review, clinical interviews, testing, scoring, report writing, and feedback sessions. Students will participate in a biweekly journal club. Additionally, students will have the opportunity to participate in interdisciplinary rounds (e.g., psychiatry rounds, OT and PT rounds), case conferences, and to shadow other professionals in the program to gain an understanding of the assessment and treatment program that the patients undergo. There is also an opportunity to attend larger hospital rounds like Ethics Grand Rounds, and other larger hospital learning events.

**Practicum Application Deadline: February 1, 2023 (required date)**

**Application procedure:** (i.e., documents needed, number of references, etc.)

Please submit a PDF containing a cover letter, updated CV, and copy of your most recent graduate transcript (unofficial copies accepted) to Dr. Amy Wilkinson ([amy.wilkinson@thp.ca](mailto:amy.wilkinson@thp.ca)). Please include information about your previous clinical experience (past training and clinical skills), research, and relevant job experience. Also, please outline the number of days per week and hours required for your program.

Additionally, please submit two references. Please ask your referees to submit the references directly to [amy.wilkinson@thp.ca](mailto:amy.wilkinson@thp.ca).



*Last Updated:* September, 2022



## **Practicum Site Information Sheet**

**Name of site:** University Health Network (**See supplemental brochure for additional information**)

**Supervisor or Contact Person:** Dr. Marta Statucka

**Email:** [marta.statucka@uhn.ca](mailto:marta.statucka@uhn.ca)

**Phone:** 416-603-5800 x5775

**Address:** multiple addresses for various hospitals

**Type of Practicum offered:**

Child \_\_\_\_ Adult x Both \_\_\_\_

Assessment \_\_\_\_ Intervention \_\_\_\_ Both x

**General Information About the Practicum:** (e.g., *client concerns, therapeutic modalities, virtual/in-person services, treatment approaches, assessment opportunities, etc.*)

For all relevant contact information, please see our Training Opportunities brochure which can be found here:

[https://www.uhn.ca/healthcareprofessionals/Meet\\_Professions/Psychology/Documents/UHN-Training-Opportunities-in-Psychology.pdf](https://www.uhn.ca/healthcareprofessionals/Meet_Professions/Psychology/Documents/UHN-Training-Opportunities-in-Psychology.pdf)

Positions are available at Toronto General Hospital, Princess Margaret Cancer Centre, Toronto Western Hospital, College Bathurst Centre, Toronto Rehab – Lyndhurst and Rumsey Centres

**Anticipated number of positions for 2023-2024:** ~16 (including summer and fall positions)

**Keywords:** Cancer, Health Psychology, Neuropsychology, Clinical Psychology, Eating Disorders, Bariatric Surgery, Tourette Syndrome, Epilepsy, Parkinson's Disease, Cardiology, Brain Injury, Spinal Injury

**Training/research opportunities:** See brochure

**Practicum Application Deadline:** tbd February 2022 (*will be determined at GTA meeting on November 11/22*)



**Application procedure:** (*i.e., documents needed for application, number of references, etc.*) For application procedures, please see our Training Opportunities brochure which can be found at:

[https://www.uhn.ca/healthcareprofessionals/Meet\\_Professions/Psychology/Documents/UHN-Training-Opportunities-in-Psychology.pdf](https://www.uhn.ca/healthcareprofessionals/Meet_Professions/Psychology/Documents/UHN-Training-Opportunities-in-Psychology.pdf)

*Last Updated:* October 25, 2022

## **Practicum Site Information Sheet**

**Name of site:** University of Toronto Health & Wellness

**Supervisor or Contact Person:** Dr. Sandra Yuen, C.Psych.

**Email:** sandra.yuen@utoronto.ca

**Phone:** (416) 978-6207

**Address:** 214 College Street, Room 111, Toronto, ON

**Type of Practicum offered:**

Adult

Brief & Short-Term Intervention, Assessment (clinical interviewing only)

We have one summer placement for advanced students

We have two fall placements for advanced students

### **General Information:**

**Health & Wellness (HW)** at the University of Toronto is a clinical service designed to meet the mental health needs of students at the university. The interprofessional team consists of psychologists, social workers, psychotherapists, psychiatrists, primary care and mental health nurses, physicians, dietitians, and administrative staff.

The counselling training program aims to develop skills brief and short-term evidence-based psychotherapy, clinical interviewing for the purposes of diagnosis and treatment planning. Opportunities might be available for training in and psychoeducational workshops and group therapy, depending on program needs and supervisory availability.

A trainee is primarily responsible for providing individual psychotherapy and crisis intervention to undergraduate and graduate students of the university. A trainee can expect to carry an ongoing case load of approximately 8-10 clients. These clients will present from diverse backgrounds with a wide range of concerns. As a university health and wellness service, providing a context for these clients to be supported in their efforts to face academic challenges is integral to the clinical work.

**Individual Supervision:** These are one hour weekly meetings with an ongoing supervisor where specific focus can be placed on a trainee's client work. Audio tapes,

process notes, role play, and discussion are used to help trainees better serve their clients by helping them develop psychotherapy skills, become more mindful of their own responses to clients and to doing psychotherapy and the effects these might be having on their client work, and progress in their general development as a therapist.

**Other Training Opportunities:** All members of the health and wellness team participate in a monthly inter-professional case conference.

**Individual Supervisors for the Practicum Program:**

Megan Davidson, Ph.D., C.Psych.  
Lauren O'Driscoll, Ph.D., C.Psych.  
Ashley Palandra, Ph.D., C.Psych. (on leave)  
Kathleen Tallon, Ph.D., C.Psych.  
Katherine Welch, Ph.D., C.Psych.  
Kate Witheridge, Ph.D., C.Psych.  
Sandra Yuen, Ph.D., C.Psych.

The traineeship is approximately 20 hours per week and runs from September to April each year. A summer placement also is possible.

**Keywords:** brief psychotherapy, short-term psychotherapy, workshops, groups, campus mental health, post-secondary mental health

**Training/research opportunities:** participate in measurement-based care

**Practicum Application Deadline:** February 1st for the following September 2022 placement.

**Application procedure:** Applications should include the following:

- A cover letter, including a statement of training goals and objectives
- Curriculum vitae
- Undergraduate and graduate transcripts (can be unofficial)
- Two letters of reference (at least one from a clinical supervisor)

Interviews will take place in February/March and offers will be made on March 23<sup>rd</sup>.

If you have any questions about the traineeship program, please contact: Dr. Sandra Yuen.

*Last Updated:* January 12, 2022



## **Practicum Site Information Sheet**

**Name of site:** Waypoint Centre for Mental Health Care

**Supervisor or Contact Person:** Dr Carolyn Houlding, C.Psych.

**Email:** [choulding@waypointcentre.ca](mailto:choulding@waypointcentre.ca)

**Phone:** 705 549 3181

**Address:** 500 Church St, Penetanguishene, ON,

**Type of Practicum offered:**

Child \_\_\_\_ Adult X Both \_\_\_\_

Assessment \_\_\_\_ Intervention \_\_\_\_ Both X

**General Information About the Practicum:** (e.g., client concerns, therapeutic modalities, virtual/in-person services, treatment approaches, assessment opportunities, etc.)

Waypoint Centre for Mental Health Care is a comprehensive mental health centre with multiple programs. Practicum opportunities that may be available include;

**(1) *Sans Souci Program for Transition and Recovery***

(Rotation available for Masters or Doctoral students)

- inpatient, medium stay psychiatric program for adults living with complex, severe and persistent mental illness (schizophrenia, schizoaffective disorders, mood disorders), commonly with comorbidities (e.g., addictions; cognitive impairment).
- CBT-based individual and group therapy
- opportunities for cognitive assessments, outcome assessment and assessment of psychopathology
- interdisciplinary team

**(2) *Forensics Assessment Program***

(Rotation only available for Doctoral students)

- inpatient, forensic setting
- adult patients admitted following referral from the courts, provincial and federal correctional facilities, and psychiatric hospitals.
- opportunities for assessment relevant to the courts (e.g., fitness to stand trial, criminal responsibility, risk of recidivism, post-trial disposition), as well as neuropsychological assessment and psycho diagnostic assessment.
- interdisciplinary team

### (3) The ***Forensic Treatment Programs***

- inpatient, high secure forensic treatment programs (Awenda, Beausoleil, Beckwith)
- adult male patients of inpatient forensic programs
- complex and severe mental health difficulties (including psychosis, mood disorders, personality disorders, behavioural dysregulation) with comorbidities (including addiction and cognitive limitations).
- opportunities for assessment (neuropsychological, psychopathological, behavioural)
- individual and group therapy
- interdisciplinary team

Residents will have the opportunity to participate in;

- Assessment (e.g., psychodiagnostic, intellectual and adaptive functioning, mental health, personality, behavioral and forensic-specific assessments).
- Individual psychotherapy (e.g., CBT)
- Developing behaviour plans
- Interdisciplinary team discussions and consultations
- Treatment plan development

### (4) ***Waypoint Research Institute***

- The Waypoint Research Institute (WRI) provides academic leadership, facilitates high-quality research, promotes Waypoint as an academic health science centre, and facilitates partnerships and collaborations with universities and other research institutes.
- WRI collaborates with clinicians to translate new research and implement evidence-based practice, ultimately improving patient outcomes. Residents' research skills will be supported by the Waypoint Research Institute (WRI). Residents will complete a research or evaluation project during their residency year, and most will do so through the WRI.
- opportunities to complete research projects with the WRI

**Keywords:** inpatient, forensic, research, complex

### **Training/research opportunities:**

- Inpatient, and forensic rotations
- Assessment and intervention
- Individual and group therapy

- Waypoint Research Institute

**Practicum Application Deadline:** 3-4 months prior to proposed start of practicum

**Application procedure:** (*i.e., documents needed for application, number of references, etc.*)

- Cover letter, CV, and two reference letters

*Last Updated:* September 30, 2022





27 Roncesvalles Avenue  
Suite 508  
Toronto, ON M6R 3B2

416-535-9377  
westendpsych.ca  
info@westendpsych.ca

## **Practicum Site Information Sheet**

**Name of site:** West End Psychological Services

**Supervisor or Contact Person:** Dr. Michelle Carroll, PhD., C.Psych

**Email:** [info@westendpsych.ca](mailto:info@westendpsych.ca)

**Phone:** 416-535-9377

**Address:** 508-27 Roncesvalles Ave., Toronto, On M6R 3B2

**Type of Practicum offered:**

Child \_\_\_\_ Adult X Both \_\_\_\_

Assessment \_\_\_\_ Intervention \_\_\_\_ Both X

**General Information:** (e.g., client concerns, therapeutic modalities, virtual/in-person services, treatment approaches, assessment opportunities, etc.)

West End Psychological Services is located in the west end of Toronto, close to High Park. It is easily accessible via transit, once streetcar from Dundas West Subway or the King St. West or Queen St. West streetcar lines. We are located in a medical building and our clinic is fully accessible. Our building looks out over Lake Ontario and the Martin Goodman Trail is easily accessible.

Our team consists of Psychologists (7) and Social Workers (5). We work as a team to provide services to adults, adolescents, and couples using evidence-based practices.

While we serve a diverse population and our clinicians have expertise in a large number of areas, we prioritize services for more marginalized clients with more severe mental illnesses. As such, we offer comprehensive Dialectical Behaviour Therapy (DBT) to individuals with pervasive emotional dysregulation (including Borderline Personality Disorder, addiction issues, and trauma). We also offer a psychosis stream and provide CBT for psychosis to individuals with Schizophrenia and Schizoaffective Disorder.

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Lastly, we also prioritize working with individuals with PTSD and offer both prolonged Exposure therapy and Cognitive Processing Therapy (CPT).

One position will be for DBT training (adults) and one for CBT (either PTSD training, general CBT, or advanced placement for CBT for psychosis) for a total of 2 open positions.

**Keywords:** DBT, CBT, CPT for Psychosis, CBT for PTSD

**Training/research opportunities:** We will offer training in DBT and CBT for Psychosis. Prior CBT training is required

**Practicum Application Deadline:** Same deadline as set by the GTA practicum committee.

**Application procedure:**

1. A one-page statement of training goals and objectives
2. An up-to-date curriculum vitae (CV)
3. Three letters of reference (one from academic; two from previous clinical positions/practica)
4. Video or On-site interview upon request

Please assemble all materials and mail or email them to our clinic. We ask that letters of reference be emailed directly to our office administrator from your referees by the GTA Application Deadline.

*Last Updated:* October 17, 2022

## **Practicum Site Information Sheet**

**Name of site:** York University Student Counselling, Health and Well-being (SCHW)

**Supervisor or Contact Person:**

Marcie Campbell, M.Ed., RP, RSW Counsellor/Counselling Supervisor Practicum Chair  
[marciec@yorku.ca](mailto:marciec@yorku.ca)

Deane Taylor, M.Ed., RP, MSW, RSW Assistant Director Counselling  
[deanecds@yorku.ca](mailto:deanecds@yorku.ca)

**Email:** [marciec@yorku.ca](mailto:marciec@yorku.ca) [deanecds@yorku.ca](mailto:deanecds@yorku.ca)

**Phone:** 416-736-5297

**Address:**

Student Counselling, Health & Well-being N110 Bennett Centre for Student Services  
4700 Keele Street, Toronto, ON, M3J 1P3

**Type of Practicum offered:**

Child \_\_\_\_ Adult **X** Both \_\_\_\_  
Assessment \_\_\_\_ Intervention **X** Both \_\_\_\_

**General Information:** Student Counselling, Health and Well-being (SCHW) is a university counselling centre. SCHW serves a diverse student population including racially and culturally diverse; international, transfer, domestic, and mature students; students living with a disability; varsity athletes; first generation students; parents; etc. We provide single session walk-in service as well as short-term ongoing counselling and group therapy. Service is provided for most presenting issues unless more intense targeted treatment is necessary. Court involved cases are excluded. SCHW's primary models of care include brief solution-focused therapy, integrative approaches (e.g., CBT, third-wave models, interpersonal, client-centered), and anti-oppressive, multicultural, and trauma-informed. Students with previous counselling experience are preferred.

**Keywords:** University Counselling Centre; walk-in single session; individual therapy; integrative approaches; anti-oppressive; multicultural; trauma-informed; diversity;

**Training/research opportunities:** Specific training offered is around individual therapy and group therapy (optional).

**Practicum Application Deadline:** February 1, 2023

**Application procedure:** The application form will be posted on the website <https://counselling.students.yorku.ca/counselling-practicum>. Please check periodically for the 2023-2024 application form.

*Last Updated:* November 9, 2022



# Child/ Adolescent & Adult Sites

## **Practicum Site Information Sheet**

**Name of site:** B&C Health

**Supervisor or Contact Person:** Matthew King

**Email:** [matthew.king@bnchealth.ca](mailto:matthew.king@bnchealth.ca)

**Phone:** 905-814-8200

**Address:** 6523 Mississauga Rd, Mississauga, ON, L5N1A6

**Type of Practicum offered:**

Child \_\_\_\_ Adult X Both \_\_\_\_

Assessment \_\_\_\_ Intervention \_\_\_\_ Both X

**General Information About the Practicum:** (e.g., client concerns, therapeutic modalities, virtual/in-person services, treatment approaches, assessment opportunities, etc.)

B&C Health is located just south of Highway 401 on Mississauga Road. It is accessible from the Meadowvale and Streetsville GO stations via Mississauga transit. Our clinic has 15 clinicians – 11 registered Psychologists and 4 in supervised practice. The clients seen at our clinic range from children to older adults (65+), and we see a variety of clinical presentations and diagnoses including mood disorders, anxiety disorders, trauma- and stressor-related disorders, and behavioural disorders. We provide individual, couple, and family therapy.

Our team of psychologists provides comprehensive assessment and report writing using a variety of clinical assessment tools including the SCID, MMPI-2, PAI, and TSI-2.

Treatment at B&C Health is predominantly CBT-oriented. Students will have the opportunity to deliver manual-driven CBT protocols for a range of diagnoses. Advanced students will have the opportunity, if appropriate and clients are available, to work with more challenging clinical presentations. Students will have their assessment and treatment supervised closely with individual weekly supervision and bi-weekly clinical rounds held on alternating Wednesday and Friday.

**Keywords:** Anxiety Disorders, Mood Disorders, Trauma- and Stressor-Related Disorders, Obsessive-Compulsive and Related Disorders, Comprehensive psychological assessments

**Training/research opportunities:** Individual therapy, Assessment (comprehensive report writing for children, adolescents, and adults), Weekly individual clinical supervision, Bi-weekly clinical rounds discussing ethical issues and challenging cases

**Practicum Application Deadline: February 1, 2022**

**Application procedure:** (*i.e., documents needed for application, number of references, etc.*)

**Unofficial transcripts from graduate school, 2 letters of reference, letter of intent/interest, CV.**

**There is a preference for students with the following:**

**Previous experience delivering CBT, Completion of at least 2 assessment courses, at least one completed 500-hour practicum**

*Last Updated: September 12, 2022*



**Broadview Psychology**

889 Broadview Avenue, Toronto, ON M4K 2P9

[www.broadviewpsychology.com](http://www.broadviewpsychology.com)

[intake@broadviewpsychology.com](mailto:intake@broadviewpsychology.com)

(647) 348 5140

**Advanced Practicum Site Information Sheet**

**Name of site:** Broadview Psychology

**Clinic Director:** Dr. Christine Sloss, Ph.D., C. Psych.

**Practicum Coordinator/Contact Person:** Bronwyn Ueberholz

- **Email:** [intake@broadviewpsychology.com](mailto:intake@broadviewpsychology.com)

**Phone:** 647-348-5140 (clinic phone)

**Address:** 889 Broadview Avenue, Toronto, ON, M4K 2P9

**Type of Practicum offered:**

- Child \_\_\_\_ Adult \_\_\_\_ **Both X** (If desired)
- Assessment \_\_\_\_ Intervention \_\_\_\_ **Both X** (primarily intervention)

\* There is the possibility of assessment and intervention, should an individual wish to gain experience in both, however our main focus is treatment.

**General Information:**

Broadview Psychology is situated in a large house on Broadview Avenue, just north of the Broadview Subway Station. Our Broadview Psychology team consisted of \_\_\_\_ clinicians. Among us there are psychologists, social workers, psychotherapists and one dietitian, who work as a team to provide a range of assessment and treatment services to children, adolescents, adults and families. Broadview Psychology strives to work collaboratively with individuals, families and their corresponding communities in providing evidence-based practice to our client-base.

Broadview Psychology has a particular specialization in offering comprehensive Dialectical Behaviour Therapy (DBT) to individuals with Borderline Personality Disorder (BPD), addictions, Bipolar Disorder, eating disorders, among other mental health struggles regarding emotional and behavioural dysregulation. We have a unique DBT program for pre-adolescents and their families, as well as DBT programs for young adolescents, adolescents, young adults, and adults. We offer many DBT skills groups (for different ages), two advanced DBT skills grad groups, and five parent DBT skills



groups and a DBT-ACES-informed young adult group. In addition, we offer various CBT/ACT groups for depression, social anxiety, and OCD.

We promote prevention by providing treatment and support to individuals experiencing difficult life circumstances, whether or not they are exhibiting mental health challenges. We focus on clients' strengths and resources, and how these help them to cope with and adapt to stressful life experiences. We work with clients within their context, and whenever relevant, involve family members, partners, friends, teachers and community members. We strive to listen, understand and validate our clients and families. We work with other professionals within the community to provide coordinated, holistic and informed services. We use treatment approaches with research evidence of their effectiveness. We continue to expand our knowledge of empirically validated treatments, such as CBT, DBT, and ACT, through reading, consultation and continuing education.

### **Supervision:**

Supervision will be provided/required **once weekly** for an hour on an individual basis and will involve reviewing recordings of sessions. Group supervision may be offered. A DBT Consultation Team meeting will be provided/required **once weekly** for two hours. Team consultation meets in person once per month and we occasionally offer team building activities.

### **Training/Research opportunities:**

Practicum students will have the opportunity to learn DBT and CBT through supervision, observation, reviewing videotapes, and regular team trainings with internal and external psychologists.

Broadview Psychology offers a 16-week, *Practicing DBT in Working with Adolescents and Families*, training course each fall. This training would be a mandatory requirement as part of the practicum for those wishing to complete their practicum at Broadview Psychology.

### **Practicum Application Deadline:**

Same deadline as set by the GTA practicum committee

### **Required Application Materials/Procedure:**

- 1) The completed *Psychology Practicum Placement Form* (located on the last page of this Information Package)
- 2) A one-page statement of training goals and objectives
- 3) An up-to-date curriculum vitae (CV)
- 4) **Three** letters of reference (one from academic; two from previous clinical positions/practica)
- 5) On-site interview upon request

Please assemble all materials (exception – letters of reference to be submitted directly to practicum coordinator) prior/as of the indicated GTA Application Deadline and **email** them to Bronwyn Ueberholz at [intake@broadviewpsychology.com](mailto:intake@broadviewpsychology.com).

\*Please request referees to **email reference letters** with the name of the applicant in the subject line as soon as possible.

**Further recommendations:** Given that Broadview Psychology works with a complex client population, we would recommend that students apply to Broadview Psychology after completing one clinical and one assessment practica. We would also recommend that they have attended at least one DBT training workshop, however not required.

Broadview Psychology participates in **Common Notification Day** with other GTA sites. You will be notified that day if we are offering you a practicum placement position. **If your university does not have an affiliation agreement with Broadview Psychology, this will need to be obtained before your acceptance.**

*Last Updated:* October 13, 2022

**Broadview Psychology:**  
**Psychology Practicum Placement Form**  
**For 2023-2024 Academic Term**

(Applications are due on or before February 1, 2023)

**Contact Information**

Full Name:

Address:

Telephone:

Email Address:

**Educational Information**

University Affiliation:

Director of Clinical Training:

Program Title:

Level of Practicum Seeking: M.A. \_\_\_\_\_ Ph.D. \_\_\_\_\_

Area of Interest: Child/Adolescent \_\_\_\_\_ Adult \_\_\_\_\_ Both \_\_\_\_\_

Anticipated Start Date of Practicum: \_\_\_\_\_

## **Practicum Site Information Sheet**

**Name of site:** Centre for Addiction and Mental Health (CAMH)

**Supervisor or Contact Person:** Longena Ng

**Email:** [longena.ng@camh.ca](mailto:longena.ng@camh.ca)

**Phone:** 416-535-8501 x77334

**Address:** 455 Spadina, Suite 200, Toronto, ON M5S 2G8

**Type of Practicum offered:**

Child \_\_\_\_ Adult \_\_\_\_ Both \_\_X\_\_

Assessment \_\_\_\_ Intervention \_\_\_\_ Both \_\_X\_\_

**Anticipated Number of Positions for 2023-2024:** 15

**General Information** (i.e., description of the site, clients seen, services offered, is it TTC accessible? etc.)

CAMH is the largest mental health and addiction facility in Canada. It is a teaching and research hospital that is affiliated with the University of Toronto. With two downtown campuses that are easily accessible by TTC, CAMH sees a diversity of clients. CAMH provides a wide range of inpatient, outpatient, and community-based treatment programs

**Supervision** (i.e., Is there more than one potential supervisor? group and/or individual? How often? etc.)

Each student will have one primary supervisor and there is the potential for a secondary supervisor or group supervision depending on the clinic

**Keywords** (i.e., Eating Disorders, Chronic Pain, Obsessive Compulsive Disorder) Mood and Anxiety Disorders, Psychosis, Addictions, Trauma, Forensic

**Training/research opportunities:**

CAMH provides centre wide training opportunities, such as Grand Rounds and Addiction Rounds, as well as student only trainings (e.g., MSE, DBT skills, MI). There is a Clinical Research rotation available and certain rotations may provide research opportunities as an adjunct to clinical work. Research only opportunities are arranged through CAMH's research office, not the practicum placements.

**Practicum Application Deadline: February 1, 2023 (required date)**

**Application procedure** (i.e., documents needed, number of references, etc.)

The following should be sent to psychology

[Psychology.PracticumApplications@camh.ca](mailto:Psychology.PracticumApplications@camh.ca).



- Application Form
- One page statement of training goals and objectives
- CV
- Undergraduate and graduate transcripts (can be unofficial)
- Two letters of reference

*Last Updated:* October 13, 2022



## **Practicum Site Information Sheet**

**Name of Site:** Centre for MindBody Health (CMBH)

**Primary Supervisor:** Dr. Shari Geller, Ph.D., C. Psych.

**Contact Person:** Alexandria Magee

**Email:** [cmbh@cmbh.space](mailto:cmbh@cmbh.space)

**Phone:** (416)-855-2624

**Address:** 505 Eglinton Ave, W, Suite 200, Toronto, ON M5N 1B1 (located in mid-town Toronto)

### **Type of Practicum Offered:**

- Child \_\_\_\_\_ Adult   X   Both \_\_\_\_\_
- Assessment \_\_\_\_\_ Intervention \_\_\_\_\_ Both   X

*Please note:* There is the possibility of assessment and intervention, should an individual wish to gain experience in both, however our main focus is treatment.

### **General Information:**

The Centre for Mindbody Health (CMBH) is a well-established private mental health clinic offering psychological services. We offer a range of services including individual and group psychotherapy and comprehensive psychological assessments. Services are offered both on-site and virtually throughout Ontario. Treatment approaches include specialization in Dialectical Behaviour Therapy (DBT), Emotion Focused Therapy (EFT), Cognitive Behavioral Therapy (CBT) and Mindfulness and Self-Compassion (MSC). Treatment is grounded in personalized approaches and in a safe and supportive therapeutic relationship.

CMBH was launched in 2014 by clinic founders, Dr. Shelley McMain and Dr. Shari Geller, Registered Psychologists with the Ontario College of Psychologists. The co-directors are internationally recognized authorities in Dialectical Behaviour Therapy and Emotional Focused Therapy and Self-Compassion Therapy, respectively. Drs McMain and Geller oversee an expert team of psychologists, social workers and

psychotherapists whose attention to excellence in evidence-based mental health treatments is a core tenet of our professional practice.

Our clinic is easily accessible by TTC. The closest stop is located in front our building at Eglinton Ave. and Tarlton Rd. There is also Green P Parking along Eglinton Ave. or in the parking lot located at Burnaby Blvd. and Castle Knock Rd. The clinic is wheelchair accessible. CMBH welcomes applications from all applicants. Preference will be given to students who demonstrate interest or have previous training in DBT and/or EFT.

### **Key Words:**

Adult, Intervention, Assessment, Borderline Personality Disorder (BPD), Emotion Dysregulation, Mood and Anxiety Disorders, Depression, Trauma, Post-Traumatic Stress Disorder (PTSD), Grief, Life Transitions, Relationship Issues, Eating Disorders, Obsessive Compulsive Disorder (OCD), Dialectical Behavior Therapy (DBT), Emotion Focused Therapy (EFT), Mindfulness and Compassion-Based Approaches, Cognitive Behavior Therapy (CBT).

### **Training Opportunities:**

Practicum students will engage in weekly Dialectical Behavior Therapy and/or Emotion Focused Therapy consultation meetings, monthly lunch and learn series, and 3-4 annual professional continuing education workshops.

Practicum students will also receive individual supervision by the clinic directors, Dr. Shari Geller, Dr. Shelley McMain, or CMBH psychologists including Dr. Annie Chinneck, Dr. Nicole Dignard, Dr. Beverley Fredborg, Dr. Lorraine Patterson, Dr. Molly Robertson, and Dr. Tanya Teall.

### **Practicum Application Deadline:**

Same deadline as set by the GTA practicum committee – February 1, 2023

### **Application Procedure:**

1. Application form
2. Letter of intent
3. Graduate transcript (unofficial)
4. Curriculum vitae
5. Two references (at least one from a professor; other can be work or volunteer supervisor)
6. On-site interview upon request

Please prepare all materials (with the exception of reference letters) prior to submission and email them to Alexandria Magee at [cmbh@cmbh.space](mailto:cmbh@cmbh.space). Please ask referees to email reference letters with the name of the applicant in the subject line as soon as possible.

*Last Updated:* October 19, 2022



## **Practicum Site Information Sheet**

**Name of site:** Centre for Interpersonal Relationships (CFIR)

**Supervisor or Contact Person:** Dr. Jean Kim., C. Psych.

**Email:** [jean.kim@cfir.ca](mailto:jean.kim@cfir.ca)

**Phone:** 1-855-779-2347

**Address:** 790 Bay Street, Suite # 520, Toronto, Ontario, M5G 1N8

### **Type of Practicum offered:**

Child \_\_\_\_ Adult \_\_\_\_ Both X \_\_\_\_

Assessment \_\_\_\_ Intervention \_\_\_\_ Both X \_\_\_\_

**General Information About the Practicum:** (*e.g., client concerns, therapeutic modalities, virtual/in-person services, treatment approaches, assessment opportunities, etc.*)

The Centre for Interpersonal Relationships (CFIR) is a collective of mental health care professionals providing assessment and treatment to children, adolescents, adults, couples and families. We have offices in downtown Toronto (Bay & College) and Ottawa. CFIR Toronto offers treatment services in the following areas: Adoption; Anger & Emotion Regulation; Anxiety, Stress & Obsessive-Compulsive; Attention Deficit & Learning Challenges; Career & Workplace; Child, Adolescent & Family Psychology; Depression, Mood & Grief; Eating, Weight & Body Image; Fertility Counselling; Multicultural Service; Personality; Relationship & Sex Therapy; Self- Growth & Self-Esteem; Sexual Addiction; Sexuality, Gender & Relationship Diversity; Substance Use; Trauma Psychology & PTSD Service. Assessment services available

at CFIR Toronto include: Adoption; Alcohol & Drug Evaluation; Attention Deficit & ADHD; Career & Vocational; Couples & Pre-Marital; Disability, Injury & Accident; Fertility & Third Party Reproduction; Immigrant & Refugee; Personality & Interpersonal Functioning; Psychodiagnosis & Mental Health Evaluation; and Trauma &

Dissociation. Our approach is theoretically integrative with a focus on empirically validated treatments including emotion-focused, psychodynamic, attachment, cognitive, behavioural, mindfulness-based and existential-humanistic.

### **Keywords:**

**Treatment:** Anger & Emotion Regulation; Anxiety, Stress & Obsessive-Compulsive; Attention Deficit & Learning Challenges; Career & Workplace; Child, Adolescent & Family Psychology; Depression, Mood & Grief; Eating, Weight & Body Image; Fertility Counselling; Multicultural Service; Personality; Relationship & Sex Therapy; Self-Growth & Self-Esteem; Sexual Addiction; Sexuality, Gender & Relationship Diversity; Substance Use; Trauma Psychology & PTSD.

**Assessment:** Adoption; Alcohol & Drug Evaluation; Attention Deficit & ADHD; Career & Vocational; Couples & Pre-Marital; Disability, Injury & Accident; Fertility & Third Party Reproduction; Immigrant & Refugee; Personality & Interpersonal Functioning; Psychodiagnosis & Mental Health Evaluation; Psychoeducational and ASD; and Trauma & Dissociation.

### **Training/research opportunities:**

Our service-based approach allows for specialized training in additional areas of interest (e.g., addictions, personality, fertility, relationships, sexual functioning) and evidenced-based treatment practices (e.g., Emotionally-Focused Therapy, Trauma-Focused Therapy) based on each student.

Multiple potential primary supervisors all Registered Psychologists, matched based on populations and services the student will work in (e.g., Anxiety and Stress; Depression, Mood & Grief; Trauma Psychology & PTSD; Couples and Sex Therapy; Psychodiagnostic Assessments, etc.).

Students are encouraged to attend weekly Consultation Group Seminars for CFIR Associates, Residents and Practicum students, which include: Individual Adult Therapy; Couples Therapy; Child, Adolescent & Family; Neuropsychology

Psychological testing for treatment planning is a regular part of practice of clinicians at CFIR, and students have the experience of feedback to clients as a part of the therapeutic process. In addition, session ratings are involved in treatment to monitor client response to sessions and therapeutic effectiveness.

Research opportunities are potentially available in the area of treatment outcome/effectiveness and program evaluation for students interested.

### **Practicum Application Deadline: February 1, 2023 (required date)**

**Application procedure:** (*i.e., documents needed for application, number of references, etc.*)

CV and Cover Letter e-mailed to [jean.kim@cfir.ca](mailto:jean.kim@cfir.ca). Written references not required but will be accepted (1 to 2 references).



*Last Updated: October 2022*

## **Practicum Site Information Sheet**

**Name of site:** Cognitive & Interpersonal Therapy Centre (CITC)

**Supervisor or Contact Person:** Dr. Carolina McBride

**Email:** mcbride@citcassociates.com

**Phone:** 416-570-5050

**Address:** 20 Eglinton Ave West, Suite 1007, P.O. Box 2019

### **Type of Practicum offered:**

Child \_\_\_\_ Adult \_\_\_\_ Both X

Assessment \_\_\_\_ Intervention \_\_\_\_ Both X

### **Anticipated Number of Positions for 2023-2024:**

4 total (2 Adult, 2 child/adolescent)

**General Information** (i.e. description of the site, clients seen, services offered, is it TTC accessible? etc.)

Founded by Dr. Carolina McBride, C. Psych in 2003, CITC has grown to be a leading psychology practice that offers specialized treatment in [Cognitive Behaviour Therapy \(CBT\)](#) and [Interpersonal Psychotherapy \(IPT\)](#) for adults, adolescents and children. Practicum students will have the opportunity to work with children/adolescents or adults. The [Child/Adolescent Practicum Track](#) will be supervised by Registered Psychologist Ameeta Dudani, Ph.D., C. Psych., who is registered in Clinical and School Psychology with children and adolescents. The [Adult Practicum Track](#) will be supervised by Registered Psychologist and CITC Director Carolina McBride, Ph.D., C. Psych.

Our team is made of Psychologists, Psychological Associates, and Psychotherapists who have extensive experience in CBT and IPT. Our aim at CITC is to improve clients' overall health and well being by teaching them specific skills. CITC embraces the vision that both cognitive and interpersonal factors play a significant role in psychological health and that by helping clients make changes to the ways in which they think and to the ways in which they relate to others, we can have a profound positive impact on their day-to-day functioning.

Due to COVID-19 CITC is now a 100% virtual office and offers online sessions through a secure and encrypted portal called OnCall Health. Regardless of the global health crisis, we anticipate that virtual appointments will continue to be offered in the future and will play a significant role in the upcoming year's practicum placement and beyond.

**Supervision** (i.e. Is there more than one potential supervisor? group and/or individual? How often? etc.)

Dr. McBride is primary supervisor of the adult practicum, and Dr. Dudani will be the primary supervisor of the child/adult practicum. There are monthly rounds which will allow practicum students to present cases and receive feedback from our multidisciplinary team. Both group and individual supervision will be provided by the supervisors.

**Keywords** (i.e. Eating Disorders, Chronic Pain, Obsessive Compulsive Disorder)

Depression, anxiety, OCD, panic disorder, GAD, social anxiety, stress management, interpersonal problems, role disputes, role transition, grief, trauma, parent-child attachment, ADHD, Learning disorder, oppositional defiance/behavioural difficulties, emotional regulation difficulties.

IPT, CBT, DBT, Mindfulness-based therapy, Parent-child intervention, Parent consultation.

**Training/research opportunities:**

**Practicum Application Deadline:** February 1, 2022 (required date)

**Application procedure** (i.e. documents needed, number of references, etc.)

Students interested in applying for a practicum placement at CITC should send the following materials to Dr. Carolina McBride ([mcbride@citcassociates.com](mailto:mcbride@citcassociates.com)):



- A letter of interest describing training experiences and goals, and specifying which practicum track (Adult or Child/Adolescent) you are interested in.
- A current CV
- Two letters of reference, to be sent directly from referees to Dr. McBride

*Last Updated: September 2022*

## **Practicum Site Information Sheet**

**Name of site:** Community Head Injury Resource Services of Toronto (CHIRS)

**Supervisor or Contact Person:** Michelle Busse, Psy.D., C.Psych.

**Email:** [michelleb@chirs.com](mailto:michelleb@chirs.com)

**Phone:** 416 240 8000 x255

**Address:** 62 Finch Avenue West, Toronto, Ontario, M2N 7G1

### **Type of Practicum offered:**

Child \_\_\_\_ Adult ☒ Both \_\_\_\_

Assessment ☒ Intervention \_\_\_\_ Both \_\_\_\_

**General Information** (i.e. description of the site, clients seen, services offered, is it TTC accessible? etc.)

The Neuropsychology Clinic at CHIRS is dedicated to providing evidence-based, client-centered programming to pursue our mission of enhancing the lives of people who have been affected by acquired brain injury. At CHIRS, we seek to utilize the best of evidence-based practices, implemented in the community, with a focus on meeting clients' personal goals.

Practicum students will have the opportunity to complete neuropsychological evaluations with newly injured older adolescents and adults as well as those who have been living with their injuries for several decades. All referrals have a history of acquired brain injury, and those from our community partners may also have complex co-morbid conditions. While the focus is on acquired brain injury, students will get exposure to a variety of medical conditions including anoxia, brain tumor, toxic exposures and serious mental illness. Exposure to medical-legal evaluations may also be provided. There are also opportunities for students to observe and/or co-facilitate a range of clinical groups at CHIRS.

The Neuropsychology Clinic at CHIRS is currently using a mixed model of assessment, using virtual platforms as well as remote/in-person testing. Practicum students will predominantly be doing work from the office, but they will be provided with a CHIRS laptop, including VPN access, for work at home. At this time (September 2022), we continue to conduct the majority of clinical interviews and feedback sessions virtually, using the Ontario Telehealth Network (OTN) platform. Testing is always occurring on

site at CHIRS. All clients, staff, and students complete COVID-19 screening upon entering the building. Testing occurs in a large boardroom with the client. Safety measures include use of a Plexiglas barrier and air purifier. Clients are required to wear masks. Staff/students are also required to wear masks, gowns, and gloves during in-room testing with clients. All necessary PPE is supplied by CHIRS. The remainder of testing occurs in separate rooms using OTN and iPads to administer tests. As a result, students will receive training on this method of test administration and scoring. Please note that CHIRS requires all new volunteers, staff, and students to be fully vaccinated upon their start date at CHIRS.

**Supervision** (i.e. Is there more than one potential supervisor? group and/or individual? How often? etc.)

Practicum students can expect to have 1 hour per week of face- to -face supervision and 1 hour per month of face- to –face group supervision, in addition to accompanying supervising psychologists during various clinical activities. Supervision will be provided by either Dr. Michelle Busse, Dr. Carolyn Lemsky, or Dr. Lisa Bolshin. All supervising psychologists are registered with the College of Psychologists of Ontario. All written reports and correspondence are reviewed and countersigned by the supervising psychologist.

**Keywords** (i.e. Eating Disorders, Chronic Pain, Obsessive Compulsive Disorder)

Acquired brain injury, traumatic brain injury, substance use, mental illness

**Training/research opportunities:**

Research opportunities may be available and will depend on the interests of the student.

Students are encouraged to engage in a number of virtual webinars and didactic trainings including Baycrest International Behavioural Neurology Videoconference Rounds, KnowNeuropsychology Didactic Series, and ECHO Concussion.

**Practicum Application Deadline:**

February 1, 2023

**Application procedure** (i.e. documents needed, number of references, etc.)

The following application materials should be submitted electronically to Dr. Busse ([michelleb@chirs.com](mailto:michelleb@chirs.com)):





- Graduate transcript
- Curriculum vitae
- Two letters of reference
- A letter of interest describing your training experiences and goals
- Completed test administration form

Last Updated: September 15, 2022

### Test Administration Form

Test Name	Trained to Administer	Trained to Interpret
Test of Premorbid Functioning		
Wide Range Achievement Test-4		
Wechsler Individual Achievement Test II		
Repeatable Battery for the Assessment of Neuropsychological Status		
Kaplan Baycrest Neurocognitive Assessment		
WAIS-IV		
WASI-II		
Trail Making Test		
Stroop		
PASAT		
Ruff 2 & 7		
WMS-IV		
CVLT-II		
Rey Complex Figure Test		
Boston Naming Test		
COWA		
Aphasia Screening Test		
Token Test		
Receptive One-Word Picture Vocabulary Test		
Hooper		
Visual Form Discrimination Test		
Wisconsin Card Sorting Test		
Category Test		
Delis-Kaplan Executive Function System		
IOWA Gambling		
Grooved Pegboard		
Tapping Test		
Grip Strength		
Rey-15		
TOMM		
Word Memory Test		
Victoria Symptom Validity Test		
Beck Depression Inventory		
Beck Anxiety Inventory		
Personality Assessment Inventory		
Behavior Rating Inventory of Executive Function		
Neurobehavioral Functioning Inventory		





## **Practicum Site Information Sheet**

**Name of site:** Dr. Gillian Kirsh & Associates

**Supervisor or Contact Person:** Gillian Kirsh

**Email:** [gkirsh@rogers.com](mailto:gkirsh@rogers.com)

**Phone:** 416-388-5505

**Address:**

220 Duncan Mill Rd., suite 602, North York, ON, M3B 3J5

**Type of Practicum offered:** Child \_\_\_\_ Adult \_\_\_\_ Both \_\_X\_\_

Assessment \_\_\_\_ Intervention \_\_\_\_ Both \_\_X\_\_

**# Positions:** 1 summer student & 1 fall/winter student

**General Information About the Practicum:** Dr. Gillian Kirsh & Associates is a private practice servicing the North York community (located close to North York General Hospital)

Populations Served

- Children, adolescents & adults presenting with mood, anxiety, and eating disorders
- Children & adolescents seeking psychoeducational assessments (for learning disabilities and ADHD)

**Primary Models of Care**

- Cognitive behavioural therapy (CBT)
- Family-Based Therapy for Eating Disorders (Maudsley model)
- Emotion Focused Therapy (including Emotion Focused Family Therapy)
- Motivational Interviewing (MI)

**Benefits of Training at this Practice**

- Opportunity for exposure to work with a specialized population (eating disorders) in a well-established community setting
- Assessment and therapy opportunities

- Supervision provided in a nurturing, supportive environment with opportunities for independence

- Flexibility to extend the practicum into the summer

**Supervision** is individual and group, 1 hour per week. More supervision is available as needed.

**Keywords:** psychoeducational assessments, eating disorders, children/adolescents, Family Based Therapy

**Practicum Application Deadline:** February 1, 2023

**Your application should include the following information:**

- 1) Letter of intent
- 2) Two references
- 3) Curriculum vitae
- 4) Graduate transcript (unofficial)

*Last Updated:* October 28, 2022

## **Practicum Site Information Sheet**

**Name of site:** Dr. Jennifer Barbera ([findinnercalm.ca](http://findinnercalm.ca))

**Supervisor or Contact Person:** Jennifer Barbera

**Email:** jennifer.barbera2011@gmail.com

**Phone:** 905-407-5758

**Address:** 67 Frid St 1C Hamilton ON L8P 3M4

### **Type of Practicum offered:**

Child \_\_\_\_ Adult X Both \_\_\_\_ & adolescents 14 years and up,

Assessment \_\_\_\_ Intervention \_\_\_\_ Both X

### **Anticipated Number of Positions for 2023-2024: 1**

**General Information** (i.e. description of the site, clients seen, services offered, is it TTC accessible? etc.)

We are a close knit psychological practice, with a specific focus on trauma and anxiety using an eclectic approach that draws primarily from ACT (acceptance & Commitment therapy), and IFS (internal family systems) and CBT.

**Supervision** (i.e. Is there more than one potential supervisor? group and/or individual? How often? etc.)

Individual and small group supervision is offered, with regular opportunity for additional ad hoc supervision as required. There is one other psychologist in the practice.

**Keywords** (i.e. Eating Disorders, Chronic Pain, Obsessive Compulsive Disorder)

Trauma, PTSD, Anxiety, OCD, Depression, Alcohol & substance use.

**Training/research opportunities:** Training is provided primarily in therapeutic interventions (see above approaches), with some opportunities for assessment. Ongoing training in IFS and ACT is provided.

**Practicum Application Deadline: February 1, 2023 (required date)**

**Application procedure** (i.e. documents needed, number of references, etc.)

Please forward a CV, cover letter and 1 reference contact or letter.



*Last Updated:* November 2022





## **Practicum Site Information Sheet 2022**

**Name of site:** The Forest Hill Centre for Cognitive Behavioral Therapy  
**Supervisor, Director of Clinical Training:** Dr. Neil A. Rector  
**Supervisor (s):** Dr. Leah Zalan, C. Psych., Dr. Neil A. Rector, C. Psych.  
**Email:** [info@foresthilcbt.com](mailto:info@foresthilcbt.com), [neil.rector@sunnybrook.ca](mailto:neil.rector@sunnybrook.ca),  
**Phone:** 416-432-4587 (Forest Hill CBT)  
**Address:** 439 Spadina Rd, Toronto, ON M5P 2W3  
**Type of Practicum offered:** Adult / Adolescent / Couples  
Assessment \_\_\_\_ Intervention \_\_\_\_ **Both X**

### **General Information**

The Forest Hill Centre for CBT (FH-CBT) is located in the heart of the Forest Hill village.

In addition to providing excellence in clinical care in a supportive team environment, it is our mission to provide advanced clinical training opportunities for individuals looking for hands-on, evidence-based supervision with adult, couple and/or adolescent cases. Our practicum is for like-minded CBT Clinicians seeking highly collaborative supervision, engagement in workshops and lectures, and further training opportunities within local hospital and university settings.

In this practicum rotation, students will be provided with intensive, collaborative supervision on both adult (individual, couples) and adolescent cases. Students will have the opportunity to develop their assessment and treatment skills, while utilizing empirically-supported treatments including Cognitive Behavioral Therapy (CBT),

Mindfulness Based Cognitive Therapy (MBCT), Dialectical Behavior Therapy (DBT) and Acceptance and Commitment Therapy (ACT).

Our primary focus involves collaborating with clinical psychology students to further develop their ability to provide a comprehensive multi-axial diagnosis, while considering optimal treatment suitability. Related training goals involve understanding the role of cognitive vulnerability factors, while considering the interaction between pharmacotherapy and psychological treatment of the disorder. Opportunities for participation in research are also available; however, this is determined on a case-by-case basis, in consideration of the students' overall caseload as well as considering additional clinical opportunities offered in this clinical service that the student may choose to be involved in.

### **Primary Areas of Focus**

- Anxiety Disorders
- OCD and related Disorders
- Mood Disorders
- Relationship, self-esteem, and stress management issues
- Self-growth
- Emotional regulation

Our adolescent clinic focuses on evidence-based psychological treatments to adolescents (ages 12+) and emerging adults for mood and anxiety disorders and OCD and related conditions. This experience would be considered an asset for those wanting to declare 'adolescents' as an area of competency when later registering with the College of Psychologists of Ontario.

## 2023/2024 Placements

- We will be accepting four students for each rotation (i.e., F/W, Summer) for the 2023-2024 calendar year.
- Both Summer and Fall/Winter practicum placements are available. Full time practicum placements are 3 days per week.
- Optional part-time practicum placements (i.e., 1-2 days per week) are also available.
- This practicum is virtual (online), with a potential for in-person sessions at a future date.

## Supervision

- Students will meet individually with supervisor, at a minimum of one hour per week.
- Supervision is available under Dr. Leah Zalan, C. Psych and Dr. Neil A. Rector, C. Psych.

## Application

- Interested applicants should forward the following to [info@foresthilcbt.com](mailto:info@foresthilcbt.com) :
  1. CV
  2. Cover letter (Including a description of training goals and prior clinical experience)
  3. Unofficial graduate transcripts
  4. Two letters of references (at least one clinical) sent electronically directly from reference
- If you have further questions on applications and practicum placement at The Forest Hill Centre for CBT, please contact Dr. Leah Zalan or Dr. Neil Rector at [info@foresthilcbt.com](mailto:info@foresthilcbt.com).

**Dr. Neil A. Rector's ResearchGate Profile:** <https://www.researchgate.net/scientific-contributions/Neil-A-Rector-38542213>

**Practicum Application Deadline:** We will follow the same application procedure and associated deadlines as established by the GTA practica co-ordination committee.



**Name of site:** **Forward Thinking Psychological Services (FTPS)**

**Supervisor or Contact Person:** **Dr. Marlene Taube-Schiff, C. Psych., R. Psych.**

**Email:** [marlene@ftpsych.ca](mailto:marlene@ftpsych.ca)

**Phone:** 416-576-4948

**Address:** Virtual Tele-Therapy

**Type of Practicum offered:**

Child \_\_\_\_ Adult \_\_\_\_ Both X – Adult and Adolescent training (starting age 12)

Assessment \_\_\_\_ Intervention \_\_\_\_ Both X – primarily intervention; psycho diagnostic assessment training is available

**General Information:**

### **Who We Are:**

We are a **multidisciplinary group practice of 25 associates**, offering virtual psychological services throughout Ontario and British Columbia. We also plan to have physical space in 2022 (spring/summer) to be able to then offer both virtual and in person services in Ontario.

Associates are located across Ontario and also in BC. Associates include psychologists, social workers, parenting coach, psychotherapist, occupational therapists and several doctoral level therapists. Services offered in British Columbia are offered by or are under the supervision of a psychologist.

We all meet once a month to discuss challenging cases, collaborate and socialize.

### **What We Do:**

We see clients with **OCD and anxiety disorders**, as well as a range of **other presenting issues**, including trauma, bipolar disorder, depression, relationship issues, emotion dysregulation, trauma, life transitions, ADHD and general life stressors. We treat **adolescents and teens, adults, families and couples** using **individual** and

## group treatment approaches.

We offer ongoing groups for OCD for adults and teens as well as a DBT skills group and parenting workshops.

### Our Approach:

We provide **evidence-based therapy** to help individuals overcome a variety of mental health concerns. Our approaches include **Cognitive Behaviour Therapy (CBT)**, **Exposure and Response Prevention (ERP)**, **Acceptance and Commitment Therapy (ACT)**, **Cognitive Processing Therapy**, **Dialectical Behaviour Therapy (DBT)** and Mindfulness. We also offer **formal psycho diagnostic assessments** that can enhance treatment planning and an understanding of presenting issues. Formal reports are provided as part of this service.

### As a Member of Our Team, during your practicum placement:

You will be provided with supervision and training in a variety of interventions, including CBT, CPT, ACT, Motivational Interviewing as well as DBT. Supervision is provided in both individual and group settings to allow for enhanced learning from others and individualized teaching time. All associates have access to a resourceful shared drive that provides comprehensive information on a multitude of assessment and treatment interventions.

### Other excellent opportunities at FTPS:

- Associates have the freedom to select clients they want to work with, in order to meet their training goals and learning objectives
- Sessions are scheduled in a manner that best fits the associates' availability
- Learning to deliver effective therapy within a virtual environment is an essential therapeutic skill. Virtual therapy has been proven to be effective and offers enhanced accessibility, flexibility and the therapeutic benefit of working with individuals within their home environment – which is often extremely triggering for anxiety and OCD
- Opportunities to co-facilitate groups as part of training goals
- Eventual opportunities to work in a collaborative in-person environment as well

We are looking for someone that has a solid foundation in CBT and is excited to join a collaborative and growing private practice for their training experience and help clients gain the skills they need to move forward and live the life they want.

For more information about FTPS, you can check out [www.ftpsych.ca](http://www.ftpsych.ca)

**Keywords:** Obsessive compulsive and related disorders, anxiety disorder, panic disorder, Generalized Anxiety Disorder, PTSD, Social Anxiety Disorder, depression, trauma, adolescent, adult, individual, group, CBT, ACT, DBT

### **Training/research opportunities:**

Trainees work with Dr. Marlene Taube-Schiff. Dr. Taube-Schiff was the team lead for the Thompson Anxiety Disorders Intensive Services program for OCD at Sunnybrook Health Sciences Centre for 5 years. She will supervise your training in CBT for OCD, with an emphasis on ERP for OCD and anxiety disorders. She will also provide training in a number of other evidence-based therapies, including ACT and DBT. Trainees have had the opportunity to co-facilitate groups with Dr. Taube-Schiff as well. Supervision is delivered through didactics, supervision role-plays, interactive supervision sessions (group and individual), note review and audio recording of sessions as desired.

Trainees can also undertake program evaluation initiatives as well as quality assurance initiatives during individual sessions as well as group treatment delivery.

We also engage in measurement-based care with clients, which can lead to refinement of treatment interventions on an ongoing basis.

Trainees also have the opportunity to become involved in our published monthly blog series as well as our ongoing social media work, which aims to disseminate skills and knowledge to the community with a particular focus on OCD and anxiety.

Please check out our [monthly blogs](#) and [social media work](#)

**Practicum Application Deadline:** consistent with GTA match day

### **Application procedure:**

Please feel free to submit a cover letter (stating areas of interest and training objectives), CV and two reference letters to Dr. Marlene Taube-Schiff at: [marlene@ftpsych.ca](mailto:marlene@ftpsych.ca)

Supervisors should submit reference letters directly.

*Last Updated: October 7, 2022*



## **Practicum Site Information Sheet**

**Name of site:** Framework Therapy and Assessment Centre

**Supervisor or Contact Person:** Dr. Pamela Wilansky or Dr. Hayley Wood

**Email:** [info@frameworkcentre.com](mailto:info@frameworkcentre.com)

**Phone:** 416-792-2202

**Address:** 209 Wicksteed Avenue Unit 46, Toronto ON M4G0B1

### **Type of Practicum offered:**

Child \_\_\_\_ Adult \_\_\_\_ Both X \_\_\_\_  
Assessment \_\_\_\_ Intervention \_\_\_\_ Both X \_\_\_\_

**General Information** (i.e. description of the site, clients seen, services offered, is it TTC accessible? etc.)

Framework Therapy and Assessment Centre provides a comprehensive spectrum of mental health care services for children, adolescents, adults, couples, and families. Supported by a team of skilled practitioners – psychologists, social workers, occupational therapists, speech pathologists – we understand that everyone has distinctive needs and can structure a program that best suits you. Our assessment, therapy, counseling, and training services are cutting edge, based on the leading research and best practice guidelines.

In addition to in-person practicum experiences, at Framework we can accommodate applicants who would like to have a virtual practicum experience.

**Supervision** (i.e. Is there more than one potential supervisor? group and/or individual? How often? etc.)

There are several supervisors. We offer individual and group supervision with students of all levels of training, from first practicum through year of supervised practice.

**Keywords** (i.e. Eating Disorders, Chronic Pain, Obsessive Compulsive Disorder) Child, adolescent, adult, intervention, assessment, anxiety, depression, OCD, PTSD, personality disorder, short-term, long-term, CBT, DBT, psychodynamic, family therapy

**Training/research opportunities:** CBT for adolescents



**Practicum Application Deadline:** In line with GTA practicum deadline (may except after)

**Application procedure** (i.e. documents needed, number of references, etc.) Cover letter, cv and 2 or 3 references.

*Last Updated:* October 2022

### **Practicum Site Information Sheet**

**Name of site:** Garden City Psychology

**Supervisor or Contact Person:** Dr. Andrea Miller

**Email:** [admin@gardencitypsychology.ca](mailto:admin@gardencitypsychology.ca)

**Phone:** 905-937-2345

**Address:** 201-282 Linwell Rd., St. Catharines, ON, L2N 6N5

**Type of Practicum offered:**

Child \_\_\_\_ Adult \_\_\_\_ Both ☒ \_\_\_\_

Assessment \_\_\_\_ Intervention \_\_\_\_ Both ☒ \_\_\_\_

**General Information About the Practicum:** (e.g., client concerns, therapeutic modalities, virtual/in-person services, treatment approaches, assessment opportunities, etc.)

Garden City Psychology is a busy private practice serving the Niagara area. There are eight psychologists who work in the practice, and although practicum students will have a primary supervisor assigned to them, they will have learning opportunities available from multiple team members.

We see children, adolescents, adults, and families. Students will have the option of seeing a diverse group of clients ranging from 5 to 65 years old, depending on the student's prior training and interests. Notably, experience/training in couples therapy and work with seniors are not available at this time.

With regard to therapy, presenting problems can include anxiety, depression, family conflict, ADHD, grief, and adjustment problems. Therapy modalities include, but are not limited to, Cognitive Behavioral Therapy (CBT), Cognitive Processing Therapy (CPT), Dialectical Behavior Therapy (DBT), and Acceptance and Commitment Therapy (ACT). Therapy is offered in-person, virtually and via the telephone. A range of assessments are also conducted at the practice, the most common being psychoeducational assessments, adult ADHD assessments, and differential diagnostic assessments.

We encourage interested students to look at our website, [www.gardencitypsychology.ca](http://www.gardencitypsychology.ca), for more information on the practice.

**Keywords:** Cognitive Behavioral Therapy (CBT), Dialectical Behavior Therapy (DBT), Cognitive Processing Therapy (CPT), Acceptance and Commitment Therapy (ACT), Psychoeducational Assessments, Therapy

**Training/research opportunities:** We use a developmental model of supervision. That is, we will provide and discuss readings, have students conduct mock assessments on team members, observe and discuss therapy sessions, participate in roleplayed therapy, and move toward more autonomous opportunities as the student is ready for this step. Supervision will include both weekly structured meetings, and access to supervisors and team members on a more casual as-needed basis. Ideally, there will be two students working within the practice. If this is the case, peer supervision/consultation will also be included in the training model.

Formal research is not part of this placement. Students will be asked to present at least one case study or topic of interest to the team.

**Practicum Application Deadline:** We are using the deadline and Match process set out by the GTA practicum coordinators.

**Application procedure:** (*i.e., documents needed for application, number of references, etc.*)

We are accepting applicants who are PhD/Doctorate level students who can make a minimum of an 8-month, part-time, commitment. Practicum placements occur on-site; virtual/work-from-home practicum placements are not available.

Interested students should send a resume, cover letter, three references and an unofficial transcript to Dr. Andrea Miller at [admin@gardencitypsychology.ca](mailto:admin@gardencitypsychology.ca).

*Last Updated:* October 2022

### **Practicum Site Information Sheet**

**Name of site:** Hamilton Health Sciences

**Supervisor or Contact Person:** Dr. Felicia Chang, C. Psych.

**Email:** [psychpracticum@hhsc.ca](mailto:psychpracticum@hhsc.ca)

**Phone:** 905-521-2100 ext, 77349

**Candidates can email application materials to [psychpracticum@hhsc.ca](mailto:psychpracticum@hhsc.ca)**

**Please have references email Dr. Chang directly (at the same email address) with letters of reference.**

**Address:**

Ron Joyce Children's Health Centre, 3<sup>rd</sup> Floor  
237 Barton St. E.  
Hamilton, Ontario  
L8L 2X2

**Type of Practicum offered:**

Child ☐ Adult ☐ Both ☒

Assessment ☐ Intervention ☐ Both ☒

**Anticipated Number of Positions for 2023-2024:** 6

**General Information** (i.e. description of the site, clients seen, services offered, is it TTC accessible? etc.)

All of the hospitals at Hamilton Health Sciences (HHS) are teaching hospitals affiliated with the Faculty of Health Sciences at McMaster University. Programs that provide training in clinical psychology, health psychology, and clinical neuropsychology are located in the Ron Joyce Children's Health Centre (RJCHC), McMaster University Medical Centre (MUMC also known as McMaster Children's Hospital), and Juravinski Cancer Centre (JCC).

The RJCHC provides a range of child and family services to the community, such as the Child and Youth Mental Health Outpatient Service, the Specialized Developmental and Behavioural Service, the Autism Spectrum Disorder Service, and the Infant Parent Program.

Services at MUMC provide general medical and surgical services, pediatric care (including the Child and Youth Mental Health Program's Emergency Mental Health Assessment Unit and Pediatric Mental Health Inpatient Unit, as well as the pediatric Neurology, Epilepsy, and Oncology Neuropsychology clinics), and specialized adult and women's health services.

JCC is a regional referral centre for central-west Ontario. With many patients coming from outside of Hamilton, the JCC collaborates with providers in the patient's home community. JCC is where cancer treatments such as chemotherapy and radiation take place, as well ground-breaking cancer research. There are no overnight beds at the cancer centre. The JCC recently invested in the Psychosocial Oncology Program, which psychology had a large role in setting up. The Psychosocial Oncology Program is dedicated to helping adult patients and their families cope with the psychological, emotional, social, spiritual, and functional impact of cancer.

Psychology staff at HHS currently include approximately thirty psychologists who are integral members of teams in child and adult psychiatry, pediatrics, geriatrics and rehabilitation and in many cases have developed and are responsible for running programs. Psychology staff have backgrounds ranging from clinical and health psychology to applied behavioural analysis, rehabilitation, and neuropsychology. Most of the psychologists have cross appointments with McMaster University in the Faculty of Health Sciences. Teaching and research are central to the mandate of the hospital and major community based intervention projects are ongoing in adult and child programs. The entire corporation is committed to a client/family-centered, evidence-based approach to health care.

The HHS affiliation with the Faculty of Health Sciences at McMaster University provides psychology students with an invaluable opportunity to learn from and interact with students, clinicians, and faculty in medicine, pediatrics, psychiatry, social work and other allied health disciplines (e.g., speech/language pathology, physiotherapy and occupational therapy).

**Supervision** (i.e. Is there more than one potential supervisor? group and/or individual? How often? etc.)

Practicum students are typically assigned 1 main supervisor from within the program where they will be primarily working, but may have opportunities to work with other supervisors if involved in other programs/areas (depending on the duration of their practicum). Each supervisor provides at least 1 hour of individual supervision per week. Most supervisors take a developmental approach and focus on a competency-based supervision model.

**Keywords** (i.e. Eating Disorders, Chronic Pain, Obsessive Compulsive Disorder) children, adolescents, family, parent, caregiver, adult, emotion focused, cognitive behaviour, behaviour therapy, dialectical behaviour therapy, acceptance and commitment therapy, motivational interviewing, suicide risk, self harm, violence risk, chronic pain, oncology, health psychology, anxiety, depression, complex case formulation, inpatient, outpatient, emergency, differential diagnoses, comprehensive assessment, interdisciplinary, multidisciplinary, intervention

**Training/research opportunities:**

**CHILD:** A variety of child and family experiences are available depending on the practicum student's goals and experience and availability of supervisors. Practicum students function as team members on the interdisciplinary teams where they train (e.g., attending teams meetings as appropriate).

Trainees complete practica in either comprehensive psychological assessment, psychological intervention, or both. With respect to psychological assessment, exposure to children from a range of ages (infant, preschool, latency age, adolescent) and diagnostic categories is possible once basic psychometric skills are established. Practicum students are also able to see clients with complex diagnostic presentations and diverse cultural backgrounds, as well as be exposed to detailed risk assessments via inpatient, outpatient, and/or emergency services.

Training in intervention for children, adolescents, families, and parent support is available. Therapeutic modalities include: behaviour therapy, cognitive behaviour therapy, dialectical

behaviour therapy, acceptance and commitment therapy, motivational interviewing, family therapy, and emotion focused family therapy. Training is offered in individual and group therapy, including parent and psychoeducation group formats. Supervision for each treatment modality is negotiated with the assistance of the practicum student's primary supervisor.

## Pediatric Practicum Opportunities at HHS for 2023-2024

Program	Level	Term(s)	Days/Week	Focus	Supervisor
CYMH Outpatient Service - at Ron Joyce	MA or PhD	Summer 2023	3-4 days/week	Assessment and/or Intervention	Dr. Jennifer Cometto or Dr. Seamus O'Byrne
CYMH Outpatient Service - at Ron Joyce	PhD	Fall + Winter	2 days/week	(1) Intervention or (2) Intervention and Assessment	Dr. Brittany Jamieson or Dr. Seamus O'Byrne
Pediatric Chronic Pain Program - at MUMC	MA or PhD	Fall + Winter	2 days/week	Intervention and Psychodiagnostic assesment	Dr. Rachel Santos Jackson
Pediatric Neurology/Comprehensive Pediatric Epilepsy Program/Neurosurgery - at MUMC	PhD	Summer 2022 or Fall + Winter	3-4 days/week if summer; 2 days if Fall + Winter	Assessment	Dr. Nevena Simic & Dr. Abbi Graves

### Child and Youth Mental Health Program (CYMH) Outpatient Service

The CYMH Outpatient Service provides outpatient assessment, consultation, and treatment for children and adolescents (ages 3 to 18) with comorbid problems of an internalizing and/or externalizing nature that interfere with functioning in the home, school, and/or community. Treatment services offered include individual therapy, family therapy, group therapy, parent skills training, medication consultation, and consultation with community agencies and schools.

Team members on the CYMH Outpatient Service include psychologists, psychiatrists, social workers, nurses, child and youth workers, and early childhood resource specialists. If possible, we ask that practicum students aim to participate on and provide consultation to the Outpatient Multidisciplinary Team (Monday meetings). Some CYMH Outpatient Service team members are also part of the DBT Consultation Team, which meets weekly.

Individual therapy modalities include CBT, DBT, ACT, MI, EFFT, and interpersonal therapy. Group therapy offerings typically involve Parenting Your Child/Youth with OCD, Bossing Back OCD (child & youth groups), Unified Protocol CBT, Parent-Led CBT for Anxiety, DBT Multifamily Skills Group, and Acceptance and Commitment Therapy.

The CYMH Outpatient Service offers an array of family-based interventions, including 2-day EFFT caregiver workshops and individual EFFT work with caregivers. Additionally, The Family Therapy Clinic allows families to work with an interdisciplinary team that adopts a co-therapist model and incorporates principles from Family Systems Therapy, Narrative Family Therapy, and Structural Family Therapy. Learners may have the opportunity to support families as a co-therapist and/or as part of the Reflection Team that observes family therapy sessions and offers reflections. Finally, Family Check-Up is a 3-session, ecological, family-based assessment that incorporates multi-method (interviewing, video interaction tasks, questionnaire data) and multi-rater information on risk and protective factors to understand influences on the developmental trajectory of the child. The FCU model is strengths-based, collaborative and uses principles of motivational interviewing to understand how parent well-being, child well-being and parenting/family environment are connected. The FCU has a strong evidence base from decades of research. It has been delivered in the USA for quite some time, and clinicians within the Child and Youth Mental Health Outpatient Service who typically provide parent training were initially trained and credentialed in this model in early 2018. We are the first Canadian mental health service to offer the FCU. After the FCU is completed with a family, goals are set in collaboration with the parents/caregivers, which may include the parent skills training intervention connected to the FCU called Every Day Parenting (EDP). The EDP program follows the same principles as the FCU. Both FCU and EDP are transdiagnostic (i.e., not restricted to certain diagnostic presentations). The EDP manual is made up of 12 distinct sessions that are meant to be tailored to the needs of the family.

The **Pediatric Chronic Pain Program (PCPP)**, located at MUMC, provides outpatient, interdisciplinary, family-centred care to children and youth who face chronic pain. There are many different types of chronic pain conditions in children and youth, including headaches, abdominal pain, musculoskeletal pain, and arthritis. The PCPP aims to provide youth and caregivers with skills to reduce the impact of pain on their daily life by utilizing an interdisciplinary functional rehabilitation approach. Some of the interventions in the clinic include psychoeducation, goal-setting, medication review, physiotherapy, activity pacing, parent groups, relaxation and mindfulness, cognitive behavioural therapy, acceptance and commitment therapy, emotion-focused family therapy, motivational interviewing, and consultation with school and community agencies. The team includes many health professionals (i.e., psychologists, social workers, an occupational therapist, a nurse practitioner, physiotherapists, child life specialists, pediatricians, a psychiatrist, a pharmacist, and an anesthesiologist) who work together to collaborate and coordinate care for youth with chronic pain. Opportunities for students include participation in interdisciplinary assessments, completion of comprehensive psychodiagnostic assessments, co-facilitating parent groups, and providing individual psychotherapy.

**Pediatric Neurology/Comprehensive Pediatric Epilepsy Program/Neurosurgery**, located at MUMC, provides clinical neuropsychological and psychological assessments to children and adolescents. Practicum students will be involved in outpatient (ambulatory) neuropsychological



assessments of children and adolescents with epilepsy and other neurological conditions (e.g., stroke, MS, autoimmune disorders, AVM, genetic disorders, hydrocephalus), including interview, review of medical and academic documentation, direct testing, formulation, feedback, and report writing. A developmental model of supervision is used where students taking on increasingly more responsibility within the assessment, as their skills and confidence develops. Courses in child psychopathology and theories of neuropsychology (brain-behaviour relations) are required. Completed training in pediatric assessment and test administration is required, specifically students must be able to accurately administer the WISC-V, with competent administration of additional child/adolescent cognitive measures being a highly desired asset. Prior experience in psychological assessment of cognitive/academic issues in children and adolescents is required (e.g., psycho-educational assessments); this does not need to be past neuropsychological assessment practicum experience, although this would be considered an asset. Students do not have to come from a “neuropsychology” program to be considered.

**ADULT:** Clinical training opportunities for practicum students can be available through the Adult Acquired Brain Injury Program, Integrated Stroke System, Adult Consultation Neuropsychology Services, Adult Epilepsy Monitoring Unit, Adult Chronic Pain Program, Psychosocial Oncology, and Diabetes Care and Research Program. The specific programs that offer placements vary year-to-year. Practicum students’ involvement will be tailored depending on their skill level and requisite training needs. They may have the opportunity to participate in administration and scoring of a wide variety of measures, interviewing, team/family meetings, case formulations, etc. While most clinics focus on assessment, some clinics focus almost exclusively on intervention. Opportunities for program evaluation and research may also be available.

## Adult Practicum Opportunities at HHS for 2023-2024

Program	Level	Term(s)	Days/Week	Focus	Supervisor(s)
Michael G DeGroote Pain Clinic—at MUMC	PhD	Fall + Winter	2 days/week	Assessment and Intervention	Dr. Gregory Tippin & Dr. Abi Muere
Psychosocial Oncology - at JCC	PhD	Fall + Winter	1-2 days/week	Assessment and Intervention	Dr. Karen Zhang

The **Michael G. DeGroote Pain Clinic** at McMaster University Medical Centre focuses on chronic pain from clinical, health, and rehabilitation psychology perspectives. Clients are adults (very early adulthood to seniors), who vary widely as to their socio-economic, educational, vocational, and ethnic backgrounds. The interdisciplinary, multi-modal program consists of an intensive 4-week, outpatient (day) or inpatient stay (Intensive Program). Students in this program will work (virtual



or in-person) to provide groups on self-talk, grief and loss, relaxation/mindfulness, and see patients 1:1 as needed. Students will also conduct at least 1 of 4 weekly assessments for candidacy for admission to the program. The Michael G. DeGroote Pain Clinic also provides a publically funded program (OHIP Program) that is a regional hub for the outpatient management of a range of persistent pain conditions in adults. The clinic uses a biopsychosocial approach that includes both medical and non-medical intervention to provide patient-centred care. Psychology plays an active role in the clinic, across treatment, assessment, consultation, research, and program development and evaluation. Learners work as part of an interprofessional team comprised of a range of health professions, including psychologists, social workers, occupational therapists, physiotherapists, pharmacists, dietitians, nurses, nurse practitioners, physicians, and physician assistants. Opportunities include individual and group treatment, consultation to the team, psychodiagnostic assessment, and presentations at case rounds. Learners will work with patients presenting with persistent pain problems and often comorbid mental health difficulties, including depression, anxiety, trauma, insomnia, and adjustment-related difficulties. Opportunities for program evaluation and research may also be available.

The **Psychosocial Oncology Program (PSO)** at JCC is dedicated to helping adult patients and their families cope with the psychological, emotional, social, spiritual, and functional impact of cancer. The program provides outpatient and inpatient care across the cancer continuum and for a variety of cancer disease sites, including breast, lung, head and neck, haematology, gastrointestinal, gynecological, genitourinary, central nervous system, skin, endocrine and sarcoma. Residents actively work as part of an interdisciplinary team consisting of psychologist, psychiatrists, nurses, social workers, dieticians, and oncologists. They routinely participate and present at interdisciplinary rounds that review complex patient cases. Training opportunities may include providing psychological assessments for distress and functioning, inpatient consultations, and short-term individual and group interventions. Psychological interventions target anxiety, mood, grief, end-of-life concerns, caregiver burden, body image, fatigue, insomnia, adherence and adjustment-related concerns. Residents may also co-lead psycho-education sessions to build staff, patient and caregiver capacity to address psychosocial needs that impact cancer care. Opportunities for program evaluation and research may also be available.

**Practicum Application Deadline:** See GTA Psychology Practicum Deadlines

**Application procedure** (i.e. documents needed, number of references, etc.)

HHS participates in the GTA practicum process, which standardizes the application deadline and notification day procedures. Please see your Director of Training for more information.

Applicants are required to submit the following to Dr. Felicia Chang at [psychpracticum@hpsc.ca](mailto:psychpracticum@hpsc.ca) :

- 1 page cover letter including
  - A summary of clinical training thus far (e.g., coursework and practical work),
  - Training goals and objectives (including mention of specific HHS programs of interest)
- Up-to-date curriculum vitae
- Unofficial transcripts of graduate studies
- Minimum of 1 reference letter from a clinical supervisor

Applicants should **clearly indicate** whether they are applying for:

- A summer (typically 4 days/week) or fall/winter (typically 2 days/week) placement.
- An assessment or intervention placement.
- The program to which they are applying (see the attached list of available placements).

Students may submit applications via email. To ensure the security of reference letters, please have referees email letters to Dr. Chang directly.

*Please note more detailed information is provided in the 2023-2024 Hamilton Health Sciences brochure.*

*Last Updated:* November 2022

## **Practicum Site Information Sheet**

**Name of site:** Humber River Hospital

**Supervisor or Contact Person:** Dr. Laura Leong, Psychologist (contact person and supervisor in Adult Mental Health)

**Email:** [LLeong@hrh.ca](mailto:LLeong@hrh.ca)

**Phone:** (416) 242-1000 Ext. 43084

**Address:** 1235 Wilson Ave, Toronto, ON. M3M 0B2

### **Type of Practicum offered:**

Child \_\_\_\_ Adult  X  Both \_\_\_\_

Assessment \_\_\_\_ Intervention \_\_\_\_ Both  X

### **General Information:**

One position is available in the **Adult Outpatient Mental Health** program. The patient populations served at Humber River Hospital are very diverse and often come from vulnerable, marginalized communities in the northwest part of Toronto and parts of York Region.

In the Adult Outpatient Mental Health program, both therapy and assessments are available. The balance of therapy/assessment work will be tailored to the student's needs and interests. With regard to therapy, with a large outpatient department, students will get individual referrals to see anyone from moderate depression or anxiety to severe mental illness (e.g., psychosis). Patients typically also have comorbid conditions and/or personality disorders. There are many opportunities to run therapy groups (e.g., CBT for mood and anxiety disorders). Assessments most often involve a mixture of cognitive, diagnostic, and personality components. Students will learn how to do complicated case conceptualizations and formulations and write detailed psychological reports. Learning to work in a multidisciplinary team (e.g., with psychiatry, nursing, social work, occupational therapy) in a public hospital setting is a key part of this experience. This rotation is available **2 days per week, on-site only, 8:30-4:30pm**, with flexibility on which two days are selected.

**\*\*Please note that all staff, physicians, and volunteers (including psychology practicum students) are required to have received a **complete COVID-19 vaccine series** with a**

WHO-approved vaccine or combination of vaccines (e.g., two doses of a two-dose vaccine series or one dose of a single-dose vaccine series).\*\*

The site is TTC accessible (the Wilson bus goes west to Keele from Wilson Station; the Keele buses run north/south frequently). It is also just off Highway 401.

**Keywords:** Hospital; Outpatient; Multidisciplinary

**Training/research opportunities:** No research opportunities at this time. There may be program evaluation opportunities in the Adult program as we implement measurement-based care. Students may have the opportunity to attend training in trauma-informed care, concurrent disorders, CBT, and DBT.

**Practicum Application Deadline:** February 1, 2023

**Application procedure:** Please e-mail your cover letter and CV to Dr. Laura Leong at [LLeong@hrh.ca](mailto:LLeong@hrh.ca); additionally, please have **two** referees send a letter directly. If this would be your *final practicum before internship*, it would be helpful for you indicate that in your cover letter. Interviews with selected applicants occur in February of each year and we will follow the GTA practicum rules for notification.

*Last Updated:* October 17, 2022

## **Practicum Site Information Sheet**

**Name of site:** JVS Toronto  
**Supervisor or Contact Person:** Dr. Natalia Manay  
**Email:** [Natalia.manay@jvstoronto.org](mailto:Natalia.manay@jvstoronto.org)  
**Phone:** 416-649-1664  
**Address:** 74 Tycos Drive, Toronto, ON, M6B 1V9

**Type of Practicum offered:**

Child \_\_\_\_ Adult \_\_\_\_ Both \_\_\_\_x\_  
Assessment \_\_\_\_ Intervention \_\_\_\_ Both \_\_\_\_x\_\_

**General Information About the Practicum:** *(e.g., client concerns, therapeutic modalities, virtual/in-person services, treatment approaches, assessment opportunities, etc.)*

JVS provides assessment and counselling services to children, adolescents and adults. We work with a diverse clientele, including clients from various cultural and socioeconomic backgrounds. We work alongside several schools and many of our clients are hard to serve such as adults on Ontario Works. We provide psychology as well as career counselling services though the practicum is specific to psychology. The psychology practicum will be primarily focused on psychoeducational and clinical assessments with individuals of all age levels, including assessments for neurodevelopmental disorders including LD, ID, ADHD, and ASD. Practicum students will have opportunities for consultation with schools and parents. Students will also have an opportunity to take on some treatment cases with children, adolescents, or adults. Currently, psychoeducational assessments are conducted in person though related aspects such as intake and feedback meetings are done virtually using MS Teams.

**Keywords:**

**Training/research opportunities:** No research component. Students will access whatever training is available to staff including regularly scheduled case discussions.

**Practicum Application Deadline:** We are following the application deadline and Match process set out by the GTA practicum coordinators.

**Application procedure:** *(i.e., documents needed for application, number of references, etc.)*

Applicants interested in a September 2023 placement should email the following



documents to [Natalia.manay@ivstoronto.org](mailto:Natalia.manay@ivstoronto.org)

- Cover letter
- CV
- Unofficial graduate transcript
- 2 reference letters

*Last Updated:* October 4, 2022



## **Practicum Site Information Sheet**

**Name of site:** New Leaf Psychology Centre

**Contact Person:** Dr. Sherry Van Blyderveen, Ph.D., Clinical Director

**Email:** [info@newleafpsychology.ca](mailto:info@newleafpsychology.ca)

**Phone:** 905-878-5050

**Address:** 400 Main Street East, Suite 210, Milton, Ontario, L7M 3G3

### **Type of Practicum offered:**

Child \_\_\_\_ Adult \_\_\_\_ Both X

Assessment \_\_\_\_ Intervention \_\_\_\_ Both X

### **General Information:**

New Leaf Psychology Centre is a private practice located at 400 Main Street East, Suite 210, in Milton, Ontario, which is easily accessible from Brampton, Mississauga, Oakville, Burlington and Guelph. Associates with New Leaf Psychology Centre provide assessment and treatment services across the lifespan, from early childhood through to adulthood. Treatment services are offered in individual, family, couple, and group formats. Assessment services include psychoeducational, developmental, giftedness, psychological, and rehabilitation (MVA/WSIB) assessments. In the provision of assessment, we work with family, physicians, and schools, in Halton, Peel, Wellington, and Hamilton, to ensure comprehensive and thorough reports, with detailed recommendations.

Our team consists of Psychologists, Psychological Associates, Psychometrists, Occupational Therapists, and Educational Consultants. Our associates have expertise in a wide range of presenting problems and related evidence-based interventions.

### **Practicum Rotations:**

The following therapy-based rotations are available from September 2023 through April 2024 (2.5-3 days/week), while the assessment rotation is available May through August 2024 (5 days/week):

### **CBT & DBT Stream/Rotation:**

The student's primary role will be to provide individual therapy. Depending on their clients' needs, students will work with specific CBT treatment protocols for a range of diagnoses (e.g., GAD, PTSD, OCD, etc.) and/or take a DBT approach. Students will

also co-facilitate our DBT Skills Group for Adults or our Multifamily DBT Skills Group for Youth.

*This rotation is available for both child/youth and adult populations.*

**EFT & EFT for Couples Stream/Rotation:**

Students will provide both individual and couples' therapy. A process-experiential approach will be taken with individual clients who present with depressed mood and/or interpersonal difficulties, and with couples who present with relational distress.

*This rotation is available for adult and couple populations.*

**Assessment Rotation:**

Students will have the opportunity to assist clinical and school psychologists in the administration of psychological, developmental, cognitive, psychoeducational, and giftedness assessments. Supervision and training will be provided in the administration, scoring, and interpretation of psychological tests and questionnaires, conducting collateral interviews with family and/or school personnel, and the preparation of psychological assessment reports. Students will gain experience working with a variety of assessment tools (WISC, WAIS, WRAML, WIAT, RCFT, CPT/CATA, CTOP, CELF, ADOS) and measures (BRIEF, Connors, BASC, PAI-A, MASC, ADRI).

A developmental model of training is taken. Based on the student's previous experiences, the rotation will begin by observing the intake, assessment, and feedback sessions, with the student taking on responsibility for increasingly larger portions of the assessment process as the placement progresses.

*This rotation is available for child/youth populations.*

**Keywords:** Individual therapy, group therapy, assessment, psychoeducational assessments, CBT, EFT, DBT, CPT, OCD, Borderline Personality Disorder, PTSD, Anxiety Disorders, Mood Disorders, Couples' Therapy

**Training/Research opportunities:**

In addition to weekly individual supervision, practicum students will be expected to participate in weekly training specific to their rotation (e.g., 2-hour DBT seminar course and DBT consultation group; 1 hour CBT or EFT seminar course). Additional external training is also provided (workshops specific to CBT, EFT or DBT). Additional supervision is provided before and after each DBT skills group. Supervisors also provide consultation on as needed basis between formal supervision sessions.

**Practicum Application Deadline:**

February 1, 2023. Interviews will occur throughout the month of February.

**Application Procedure:**

Interested applicants are asked to email a cover letter, their CV, and two letters of reference to [info@newleafpsychology.ca](mailto:info@newleafpsychology.ca)



In the cover letter be sure to specify your interests (child, adult, and/or couples; assessment and/or intervention; DBT & CBT and/or EFT & EFT Couples).

*Last Updated: November 2, 2022*



General Site  
4001 Leslie Street  
Toronto, ON M2K 1E1  
T 416.756.6000  
[nygh.on.ca](http://nygh.on.ca)

## Practicum Site Information Sheet

**Name of site:** North York General Hospital

Dr. Gillian Kirsh, C.Psych	Adult	<a href="mailto:gillian.kirsh@nygh.on.ca">gillian.kirsh@nygh.on.ca</a>	416-756-6444 x3168
Dr. Sandra Doyle-Lisek	Child/adolescent	<a href="mailto:Sandra.Doyle-Lisek@nygh.on.ca">Sandra.Doyle-Lisek@nygh.on.ca</a>	416-756-6000 x8612

### Address:

#### Adult Practicum Applications

8<sup>th</sup> floor, Adult Eating Disorder Program  
North York General Hospital  
4001 Leslie Street  
Toronto, Ontario M2K 1E1

#### Child/Adolescent Practicum Applications:

Dr. Sandra Doyle-Lisek  
NYGH - Phillips House  
10 Buchan Court  
Toronto, ON M2J 0B1

**Type of Practicum offered:** Child \_\_\_\_ Adult \_\_\_\_ Both  X   
Assessment \_\_\_\_ Intervention \_\_\_\_ Both  X

**General Information:** North York General Hospital is a community academic teaching hospital with a large and diverse Mental Health Program.

### Populations Served:

- Adolescents presenting with mood and anxiety disorders, as well as a broad range of other mental health diagnoses.
- Adults presenting with eating disorders
- Adults injured at the workplace (through WSIB)

### Primary Models of Care:

- Acceptance and Commitment Therapy (ACT)
- Cognitive behavioural therapy (CBT)

- Dialectical behavioural therapy (DBT)
- Motivational Interviewing (MI)
- Psychoeducation

#### **The benefits of training at NYGH:**

- Opportunity for exposure to a broad range of patient populations (i.e., chronic pain, PTSD, mood and anxiety disorders, ADHD, eating disorders and personality disorders)
- Opportunity to attend and/or present at Mental Health Grand Rounds.
- Flexibility to extend the practicum into the summer
- Research opportunities if interested
- Located on the Sheppard subway line

**Supervision** Supervision is individual and group, 1-1.5 hours per week. More supervision is available as needed.

#### **Training Opportunities**

##### **1. WSIB Assessment and Treatment (2 students for summer of 2023; 2 students for 2023/24)**

- Assessment and subsequent treatment as needed. Patients have musculoskeletal injuries secondary to an injury at the workplace, and have developed mental health and psychosocial sequelae (e.g. depression, anxiety, somatic symptoms, posttraumatic stress disorder).
- Practicum students will be involved with comprehensive psychological assessment for these patients which includes : medical file review followed by in-person assessment with clinical interview and questionnaire administration in order to provide direction regarding psychological diagnosis, prognosis, treatment and functional recommendations.
- All psychological work is carried out at either the North York General Assessment and Wellness Centre (locations at NYGH and 255 Consumers Rd Suite 220)

##### **2. Adult Eating Disorder Program (1 student for summer of 2023; 1 student for 2023/24)**

- The program is a partial day hospital program. It runs Monday, Wednesday, and Thursday from 12:00-2 :30pm.
- Assessment: Clinical interviews (Eating Disorders Examination – Interview), supplementary SCID-based modules; administer, score and interpret

psychological tests, write assessment reports and provide feedback to patients and the multidisciplinary health care team.

- Instruments: PAI, BDI, Eating Disorder Examination - Questionnaire, Eating Disorder Inventory
- Psychotherapy: Group (and opportunity for individual, if desired). Techniques include: *CBT, Dialectic Behaviour Therapy (DBT), Expressive Arts, and Psychoeducational*

### **3. Child and Adolescent Day Hospital Program (1 student for 2023/24)**

- Our program offers youth and their families support in overcoming various difficulties that interfere with their ability to function in their daily lives. These problems can include depression, anxiety, difficulties socializing and various other problems. Many of our patients have had a great deal of difficulty attending school. We aim to work together with youth, their families and their schools to assist them in receiving appropriate treatment, identify their individual needs, and support them in transitioning to a community school environment. Treatment requires daily attendance from 9am-3pm and focuses on helping youth normalize their behaviour by providing a supportive structured environment where they can work towards their goals.
- Treatment is offered by a multidisciplinary team and includes individual, group and family therapy. We offer a range of services including: Psychiatric Assessment, Stabilization, Medication Management, and Individual, Group and Family Therapy. Our facilities also include a classroom where a teacher from the Toronto Catholic District School Board provides an education program for inpatient and day hospital patients.
- Practicum students will have opportunities to provide individual, group and family therapy as well as participate in interdisciplinary rounds, grand rounds and other team meetings.

**Practicum Application Deadline:** February 1, 2023

Please specify which program(s) you are applying to (Adult Eating Disorders, WSIB, or both) in the body of your email when you submit your application

Your application should include the following information:

1. Letter of intent



2. Two reference letters
3. Curriculum vitae
4. Graduate transcript (unofficial)

*Last Updated: October 28, 2022*



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& Counselling  
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## **Practicum Site Information Sheet**

**Name of site:** Possibilities Clinic

**Supervisor or Contact Person:** Liz Gesicki, Operations Coordinator

**Email:** [liz.gesicki@possibilitiesclinic.com](mailto:liz.gesicki@possibilitiesclinic.com)

**Phone:** 1-833-482-5558 ext. 5

**Address:** 1920 Yonge Street, Suite 200, Toronto, ON, M4S 3E2

**Type of Practicum offered:**

Child \_\_\_\_ Adult \_\_\_\_ Both ☒

Assessment \_\_\_\_ Intervention \_\_\_\_ Both ☒

**General Information About the Practicum:** (*e.g., client concerns, therapeutic modalities, virtual/in-person services, treatment approaches, assessment opportunities, etc.*)

- Your practicum experience at Possibilities will be shaped and influenced by a Multidisciplinary Team of experts in Neurodevelopmental Disorders, including ADHD and its common comorbidities including ASD, Learning Disabilities, Anxiety and Mood Disorders, OCD, Tic Disorders and Tourette Syndrome. Our Team Members include Clinical Psychologists, Neuropsychologists, School Psychologists, Counseling Psychologists, Psychotherapists, Psychiatrists, Pediatricians, Family Physicians, Social Workers, Occupational Therapists, Speech-Language Pathologists, and Teachers working together to improve possibilities for our clients.
- Your learning will not be limited by your location. We offer Comprehensive Diagnostic Assessments and Treatments to our patients through **secure video sessions, so we accept practicum students from across Canada.**
- In an Assessment Practicum, you will learn how to administer video assessments for ADHD and Learning Disabilities (LD). You'll have opportunities to learn about and participate in ASD assessments, too. In addition to questions regarding ADHD, LD, and ASD you'll be exposed to many other DSM-5 TR diagnoses, including but not limited to Generalized Anxiety Disorder, Major Depressive Disorder, Tourette Syndrome and Tic Disorders.
- Our Treatment Practicum offers you experience at various levels of evidence-based therapies delivered virtually, including ADHD Coaching, CBT, Dialectical Behavior Therapy, ACT, Executive Function Therapies, and Collaborative and Proactive Solutions.
- You will participate in processes that provide clients with truly coordinated care. Compartmentalized approaches to assessment and treatment can decrease diagnostic accuracy and limit positive outcomes. Right from the start, our assessments combine clinicians from psychology and medicine because the clinical presentations we see are complex and require integrated approaches and expertise.

- You may observe daily Clinical Team Meetings where diagnoses and treatment plans are discussed among psychology and medicine, including psychiatry.
- You will learn more about neuroscience! Our Assessments and Treatments are brain-based in their perspective—reflecting our expertise in neuropsychology and neuropsychiatry—which means assessment training is offered in neurocognitive interpretations of data derived from extensive testing batteries. Treatments are also scientifically-supported, with outcomes considered from a neuroscience perspective. *Science, Support, Synergy* That's our motto—and guiding perspective—for creating possibilities.
- You will have opportunities to see clients of all ages, from preschool through adults in Assessment and Treatment practicums.

**Keywords:** ADHD, Learning Disabilities, Autism Spectrum Disorder, Mental Health Disorders, Tic Disorders, Tourette Syndrome, Neuroscience, Multidisciplinary Teams

**Training/research opportunities:** Specifics to be determined based on the interests and experiences of potential candidates

**Practicum Application Deadline:** TBD by GTA Practicum Committee

**Application procedure:** Please submit your CV and cover letter, and a minimum of three references

*Last Updated: 2022-10-14*



## Step Stone Psychology



### **Practicum Site Information Sheet**

**Name of site:** Step Stone Psychology

**Supervisor or Contact Person:** Dr. Barbara Mancini, Ph.D., C.Psych.

**Email:** [bmancini@stepstonepsychology.com](mailto:bmancini@stepstonepsychology.com)

**Phone:** 416 551 7284

**Website:** [www.stepstonepsychology.com](http://www.stepstonepsychology.com)

**Address:**

**600 Sherbourne Street, Suite 312**

Toronto, ON

M4X 1W4

**137 Finch Ave. West**

North York, ON

M2N 2J1

**Type of Practicum offered:**

Child ☒ Adult ☒ Both ☒

Assessment ☒ Intervention ☒ Both ☒

**Anticipated Number of Positions for 2023-2024:**

4 – 6

**General Information** (i.e. description of the site, clients seen, services offered, is it TTC accessible? etc.)

**Site Description:** Step Stone Psychology is a well-established private practice of 21 interdisciplinary clinicians (including psychologists, registered psychotherapists, social workers, qualifying candidates and students) that has been serving **children, adolescents, adults, families, and couples** in the Toronto's downtown core and North York area. Step Stone Psychology is proud to offer broad and diverse clinical services across the lifespan, including specialized pediatric health and forensic psychology services.

As a 2SLGBTQ+ positive space, we also feature out and allied clinicians with specialized knowledge, skills, and resources to share with students.

Our practice values our clinicians and students as much as our clients and thus emphasizes work-life balance and self-care for all members of our team.

In the spring of 2023, our service will now also feature Occupational Therapy and Speech Language Pathology services. Step Stone offers a unique opportunity to collaborate with other clinical disciplines in a rich learning environment.

**Transit/Accessibility:** We have two wheelchair and TTC accessible offices which are recently renovated, modern, stylishly furnished, and well-appointed.

Two locations are **downtown Toronto**. Our new Interdisciplinary clinic, Step Stone Center in **North York** launched in Spring/Summer 2021.

**Current Students and Trainees:** We are proud to currently include assessment and treatment practicum students, doctoral associates, and psychologists in supervised practice from York University, the University of Toronto, the University of Guelph, and Toronto Metropolitan University as members of our team.

**Services:** Step Stone Psychology offers intervention and assessment services across the lifespan. Intervention services include treatment with children, youth, parents, and couples as well as parent-child and family care. There is opportunity to be involved in both individual and group treatment.

With regards to assessment, we offer comprehensive psychodiagnostic, psychoeducational, and neuropsychological assessments.

Step Stone also offers unique intervention and assessment services across various practice areas including child and adult clinical psychology, pediatric health psychology, youth forensic psychology, and autism mental health.

**Modalities:** Our clinicians and supervisors have expertise in CBT, DBT, ACT, EFT, IPT, Mindfulness, Motivational Interviewing, Psychodynamic/Relational, infant-parent, Circle of Security Parenting, supportive therapy, and play-based treatment approaches.

**Populations:** We work with a wide range of populations and concerns including mood and anxiety, trauma, emotion regulation issues, relationships, infant-parent relational and attachment concerns, parenting and family functioning, learning issues, giftedness, attentional issues, developmental concerns (e.g., ASD, FASD), pediatric health

psychology needs, youth forensic issues, career development needs, substance use concerns, 2SLGBTQ+ health and gender identity concerns, among others.

**Supervision:** Supervision is provided by several psychologists and psychological associates:

***Primary/Core Supervisors:***

- Dr. Barbara Mancini (Clinical/Counselling Psychology; populations: children, youth, adults, and families)
- Dr. Nina Vitopoulos (Clinical/Forensic Psychology; populations: children, youth, and adults)
- Dr. Stella Dentakos (Clinical/Health Psychology; populations: children and youth)
- Dr. Laura Gollino (Clinical/Counselling Psychology; populations: adults and couples)

***Alternate/Additional Supervisors:*** (providing supervision on particular cases for add-on experience in specialized areas)

- Dr. Vicky Lishak (Clinical/Neuropsychology)
- Dr. Michelle Todorow (Clinical/Neuropsychology)
- Dr. Jonathan Leef (Clinical Psychology)
- Dr. Azin Taheri (Clinical Psychology)
- Armita Hosseini (Clinical/Counselling Psychology)

Supervision will be provided on a **weekly individual basis** and in a **group format**. Supervision may include observation, reviewing video recordings, and collaborative assessment or co-therapy opportunities.

**Training/research opportunities:**

Practicum students will have the opportunity to strengthen foundational clinical skills while working with diverse clients presenting with a broad range of clinical presentations across the lifespan.

**Assessment**

Students will broaden their assessment skills by participating in complex clinical psychodiagnostic assessments:

- mental health,
- personality,
- concurrent disorders,
- ASD/developmental concerns, ADHD, etc.

and psychoeducational assessments

- learning concerns,
- giftedness,
- attentional concerns,
- behavioural issues,
- comorbid mental health and addictions, etc.

Opportunities for additional add-on experience and training in assessment in the areas of pediatric health psychology, neuropsychology, youth forensic psychology are also possible (see below).

### **Treatment**

Students will be able to learn integrative therapeutic approaches that include elements of CBT, EFT, DBT, ACT, and motivational interviewing, as well as elements of Relational/Psychodynamic/Object Relations modalities.

Work with children, adolescents, families/parents in particular will also include attachment-focused modalities, and/or targeted cognitive and behavioral interventions. Students will also be trained in developing and adopting a trauma-informed approach to care.

### **Additional Training Opportunities**

Interested students will have the opportunity to broaden their clinical training and gain exposure and skills in different psychology practice areas and/or populations. This includes Pediatric Health Psychology, Forensic Youth Psychology, Pediatric Neuropsychology, and Autism Mental Health.

### **Pediatric Health Psychology**

*Supervisor: Dr. Stella Dentakos*

Students will be trained in the provision of psychological consultation, assessment, formulation, diagnosis, and treatment of children and youth in the context of concurrent physical and mental health needs. A biopsychosocial and trauma-informed approach to case formulation and conceptualization is emphasized in which medical, physical, psychological, and socio-cultural domains are simultaneously considered.

Common health psychology treatment targets include:

- Adjustment and coping with medical diagnosis and/or prognosis

- Adherence barriers to medical treatments and interventions
- Psychological strategies for symptom management (e.g., chronic pain, fatigue, headaches)
- Functional inference and quality of life
- Somatization (e.g., somatic disorders, functional neurological disorder, psychogenic seizures)
- Health anxiety
- Needle fears, procedural pain, surgery readiness
- Medical trauma
- Parenting support

Primary treatment modalities include Acceptance and Commitment therapy (ACT), Cognitive Behavioral Therapy (CBT), and Motivational Interviewing (MI). The Health Psychology Service also includes bi-weekly didactics aimed at increasing knowledge and skills in this practice area.

### **Forensic Youth Psychology**

*Supervisor: Dr. Nina Vitopoulos*

Students will be trained in the provision of psychological consultation, assessment, formulation, diagnosis, and treatment of youth in the context of youth justice involvement and concurrent mental health needs. Primary modalities include CBT (Cognitive Behavioral Therapy), Dialectical Behavior Therapy (DBT), Motivation Interviewing (MI). Students will also be offered training opportunities in liaising with families, other clinicians, and justice-related professionals (lawyers, parole officers, judges).

### **Pediatric Neuropsychology**

*Supervisors: Dr. Vicky Lishak and Dr. Michelle Todorow*

Students will be trained in pediatric clinical neuropsychology. Comprehensive neuropsychological assessments include administering a broad range of assessment tools, conducting client, parent, and school interviews, integrating collateral, test scores, and historical information, writing comprehensive reports, and providing feedback and recommendations to clients and family.

### **Autism and Mental Health**

*Supervisor: Dr. Azin Taheri and Armita Hosseini*

This is a highly specialized rotation for students with experience working with Autistic children and youth. Students will be trained in the provision of mental health services to children, youth, (and possibly adults) with Autism Spectrum Disorder. Individual and

group therapy options, as well as parent support will be part of this rotation (dependent upon COVID-19 guidelines).

### **Additional Supervision and Learning**

**Supplemental supervision and learning opportunities** also include various in-house seminars such as:

- **Bi-weekly EFT Training Seminar**
- **Bi-weekly Pediatric Health Psychology didactic**
- **Gender and Sexuality/Identity Workshops**
- **Trauma-Informed Care didactic**
- **Parenting and Attachment didactic**
- **Career Development in Psychology didactic**

We will be offering group therapy virtually, or in-person depending upon the COVID-19 pandemic guidelines at the time, in which students may be able to **co-facilitate/assist** with alongside supervisors and senior clinicians to deliver groups such as DBT skills training, Circle of Security Parenting, Helping with Needle Fears, Trans and Non-binary Support Group, Anxiety Treatment and/or Social Skills Training for children/youth with ASD, etc.

Where indicated, Step Stone Psychology will potentially pay for one day of relevant training off-site in the community.

### **Keywords**

Mood and Anxiety Disorders, Trauma, Attachment/Parenting concerns, Health Psychology, 2SLGBTQ+ concerns, Gender, Youth Forensic Learning/Giftedness and Attentional concerns, ASD, behavioural and developmental concerns.

### **Practicum Application Deadline: February 1, 2023 (required date)**

Same deadline as set by the GTA practicum committee – **February 1, 2023**, but will accept applications afterwards.

### **Application procedure** (i.e., documents needed, number of references, etc.)

- 1) A one-page statement of training goals and objectives,
- 2) An up-to-date curriculum vitae (CV),
- 3) Two letters of reference,
- 4) Virtual interview (or post-COVID-19 On-site).

Please assemble all materials (except for reference letters) prior to submission and email them to Dr. Barbara Mancini at [bmancini@stepstonepsychology.com](mailto:bmancini@stepstonepsychology.com). Please

ask referees to email reference letters with the name of the applicant in the subject line as soon as possible.

**Further recommendations:**

\* Placements are typically 1 year to allow you to learn and apply knowledge over time, (some flexibility of end dates are possible).

*Last Updated:* October 2022

## **Practicum Site Information Sheet**

**Name of site:** The Downtown Psychology Clinic (see supplemental brochure for additional information)

**Supervisor or Contact Person:** Dr. Daniel Peluso, C.Psych.

**Email:** [training@downtownpsychologyclinic.com](mailto:training@downtownpsychologyclinic.com)

**Phone:** 647-508-1111

**Address:** The Downtown Psychology Clinic  
65 Queen Street West, Suite 510  
Toronto, ON, M5H 2M5

### **Type of Practicum offered:**

Child \_\_\_\_ Adult \_\_\_\_ Both X

Assessment \_\_\_\_ Intervention \_\_\_\_ Both X

**General Information About the Practicum:** (e.g., client concerns, therapeutic modalities, virtual/in-person services, treatment approaches, assessment opportunities, etc.)

Located in the heart of Downtown Toronto, and providing virtual services across the province, The Downtown Psychology Clinic is a multidisciplinary private practice focused on providing high-quality, evidenced-based treatments for children, adolescents and adults.

We offer a warm, supportive and collegial atmosphere, and can provide supervision in the areas of clinical and health psychology for adults, children and adolescents.

We focus on further developing clinicians' skills in the areas of evidence-based treatment, such as Cognitive Behavioural Therapy, Dialectical Behavioural Therapy, Mindfulness-Based Therapy and Acceptance and Commitment Therapy. We can provide clinical experience in the areas of:

- Anxiety Disorders, including obsessive compulsive disorder, worry, phobias, panic disorder, social anxiety, and health anxiety
- Post-Traumatic Stress Disorder
- Mood Disorders, including depression and bipolar disorder
- Psychosis and Schizophrenia



- Coping with chronic health conditions and medical concerns
- Grief and bereavement
- Fertility concerns and perinatal mental health
- Sexuality and sexual health
- Workplace issues and return to work
- Relationship issues

The practicum program is 6 months in length, with trainees committing to 1-2 days per week of clinical work. Trainees will be expected to see an average of 4-5 clients per day, and will receive 1-2 hours of weekly supervision. Trainees will also participate in report-writing, educational events, and didactic seminars. Trainees will be assigned to a primary supervisor and may also participate in group supervision.

Supervision will be matched to each trainees' training needs and skills, and supervisors will often provide a gradual level of increased autonomy over the course of the practicum. We encourage our trainees to speak with their supervisors about their training needs and comfort with increased autonomy. Initial goals and a supervision contract will also be established during the initial supervision sessions.

Trainees will be regularly evaluated throughout the course of their practicum, and more formal evaluations will be conducted at three and six months.

**Keywords:**

Cognitive Behavioural Therapy (CBT), Acceptance and Commitment Therapy (ACT), Evidence-Based Treatment, ADHD Assessment, Anxiety Disorders, Mood Disorders, OCD, PTSD, Panic Disorder, Generalized Anxiety Disorder, Social Anxiety Disorder, Individual Therapy, Private Practice

**Training/research opportunities:**

At the Downtown Psychology Clinic, we approach our training through a scientist-practitioner model, focusing on integrating the latest research in clinical practice with a client-centred approach. We focus on utilizing evidence-based treatments, such as Cognitive Behavioural Therapy, Dialectical Behavioural Therapy, Mindfulness-Based Therapy and Acceptance and Commitment Therapy to help our clients achieve positive and meaningful outcomes.

Trainees will learn to assess clients, with a focus on case conceptualization, in order to develop evidence-based and client-centred treatment plans. Trainees will also be encouraged to monitor client progress through outcome monitoring, as well as develop termination and relapse prevention plans.

Our primary training goals include:

- 1) **Development of assessment skills.** Trainees will become proficient with the use of semi-structured diagnostic interviews, psychometric testing, differential diagnosis, and the provision of treatment recommendations and feedback. Case conceptualization is also an important focus during initial treatment sessions in order to formulate the presenting problem, as well as select appropriate interventions.
- 2) **Development of treatment skills.** Trainees will become proficient in planning treatment goals and plans, and providing evidence-based psychological treatments, such as Cognitive Behavioural Therapy, Dialectical Behavioural Therapy, Mindfulness-Based Therapy and Acceptance and Commitment Therapy. Process issues related to the interventions will also be an important focus.
- 3) **Development of professional ethics and standards.** Trainees will become proficient in their knowledge and application of ethical and professional principles of psychologists, especially in the context of a private practice setting. Ethical standards are regularly discussed in supervision to ensure that trainees demonstrate a comprehensive and advanced knowledge of ethical standards, codes of conduct, ethical decision-making, and legal obligations related to the practice of psychology.
- 4) **Development of consultation skills.** Trainees will become proficient in collaborating with diverse mental health professionals, and develop the necessary professional and interpersonal skills to work within a multidisciplinary team of healthcare professionals.
- 5) **Development of cultural competency skills.** Trainees will become proficient in working with clients from diverse cultural backgrounds, and to become aware of cultural differences in the context of their assessment and treatment work.
- 6) **Development of professional identity.** Trainees will be guided in the development of their professional identities. Trainees will also have opportunities to attend other educational and professional development events, as well as being aware of the current literature and treatment manuals.
- 7) **Development through supervision.** Supervision will be provided by doctoral-level psychologists, and is matched to each trainees' training needs and skills. Both group and individual supervision will be provided. Initial supervision sessions may be more instructive, with the intention of the trainee taking more autonomy in later supervision sessions.

We are able to offer training experiences in the areas of adult mental health, child and adolescent mental health, health psychology, and adult ADHD/psychodiagnostic comprehensive assessments.

### Adult Mental Health

Trainees will work with adults ranging from ages 18 to 64 years old, from diverse backgrounds, and presenting with varying clinical presentations. Individuals often present with mood disorders (Major Depressive Disorder or Bipolar Disorder), Anxiety Disorders (Panic Disorder, Agoraphobia, Specific Phobias, Social Anxiety Disorder, and Generalized Anxiety Disorder), Obsessive Compulsive and related disorders, Post-Traumatic Stress Disorder and related disorders, Eating Disorders, health anxiety, psychosis, as well as non-diagnostic issues such as grief, relationship difficulties, role transitions, and work difficulties. Trainees will focus on assessment for the purpose of treatment, differential diagnosis, provision of feedback, case conceptualization, as well as the provision of evidence-based treatment for the presenting conditions.

### Child and Adolescent Mental Health

Trainees will work with children and/or adolescents from age 5 to 17 years old, as well as their parents where appropriate, from diverse backgrounds, and presenting with varying clinical presentations. Individuals often present with mood disorders (Major Depressive Disorder or Bipolar Disorder), Anxiety Disorders (Panic Disorder, Agoraphobia, Specific Phobias, Social Anxiety Disorder, Separation Anxiety Disorder, and Generalized Anxiety Disorder), Obsessive Compulsive and related disorders, Post-Traumatic Stress Disorder and related disorders, Eating Disorders, health anxiety, as well as non-diagnostic issues such as grief, relationship difficulties, role transitions, and educational difficulties. Trainees will focus on assessment for the purpose of treatment, differential diagnosis, provision of feedback, case conceptualization, as well as the provision of evidence-based treatment for the presenting conditions.

### Health Psychology

Trainees will work with children, adolescents and/or adults who are working on navigating various chronic medical conditions, as well as the healthcare system. Trainees will work within a biopsychosocial model, focused on the biological aspects of the medical condition, the psychological factors that enhance or reduce functioning, and the fostering healthy coping and social belongingness. Individuals often present with medical conditions such as, allergies, cancer, endocrinological conditions, gastrointestinal conditions, headaches and migraines, insomnia, neurological conditions, pain, genetic conditions, respiratory conditions, tinnitus and vestibular disorders. Trainees will focus on assessment for the purpose of treatment, differential

diagnosis, provision of feedback, case conceptualization, as well as the provision of evidence-based treatment to help clients better manage these conditions.

### ADHD and Psychodiagnostic Assessments

Trainees will work on conducting objective third-party assessment that may be used to assess and/or diagnose Attention Deficit Hyperactivity Disorder (ADHD) in adults. Often these assessments are requested by employers or academic programs to determine eligibility for accommodations. The ADHD assessment usually involves both direct contact with the trainee and the client (e.g., clinical interview, psychometric testing, validity testing, self-report measures), as well as file review of any available medical records, and collateral contacts, as necessary.

Once all the material is gathered, the trainee will write a comprehensive assessment report to address diagnostic considerations and potential recommendations. Typically, an ADHD assessment involves the provision of a diagnosis, if appropriate, of ADHD and other related mental health conditions. Potential treatment options, as well as accommodations are also addressed in the final report.

**Practicum Application Deadline:** February 1, 2023

**Application procedure:** (*i.e., documents needed for application, number of references, etc.*)

Potential Candidates:

- Are in their process of completing their Ph.D. in Clinical Psychology (i.e., M.A or M.Sc. degree has been successfully completed)
- Have experience in assessment and treatment with adults, children or adolescents
- Are committed to evidence-based practice (e.g., CBT, DBT, ACT, EFT, Mindfulness, etc.),
- Have excellent oral and written communication skills
- Value Teamwork

Applications should include:

- An up-to-date CV
- A cover letter indicating your training goals and clinical interests
- Undergraduate and graduate transcripts

- Two letters of reference who are familiar with your clinical skills. Please have the referees email the reference letters and indicate your name in the subject line.

Applications should be emailed to [Training@downtownpsychologyclinic.com](mailto:Training@downtownpsychologyclinic.com) and addressed to Dr. Daniel Peluso.

Interviews for successful applicants will be offered within several weeks of the receipt of the application package.

*Last Updated: September 2022*

## **Practicum Site Information Sheet**

**Name of site:** The Mindful Living Centre (see supplemental brochure for additional information)

**Supervisor or Contact Person:** Dr. Chris Parrish & Dr. Susan Sergeant

**Email:** cparrish@mindfullivingcentre.ca

**Phone:** 289-270-1757

**Address:**     **Location 1:** 400 Bronte St. South, Unit #219, Milton, ON, L9T 0H7

**Location 2:** 5045 Mainway, Unit #204, Burlington, ON, L7L 5H9

**Location 3 (expected 2023):** 1943 Ironoak Way, Unit #B204, Oakville, ON

**Type of Practicum offered:**

Child \_\_\_\_ Adult \_\_\_\_ Both X

Assessment \_\_\_\_ Intervention \_\_\_\_ Both X

**General Information About the Practicum:** (e.g., client concerns, therapeutic modalities, virtual/in-person services, treatment approaches, assessment opportunities, etc.)

The Mindful Living Centre currently has two locations (Milton & Burlington), and has a brand-new third office location (Oakville) expected to open in 2023. We offer services to adults, adolescents, children, families and couples.

At The Mindful Living Centre, we partner with clients to explore individually tailored strategies for addressing life's challenges, in our quest to promote personal growth and well-being. We provide effective psychological assessment and counseling services in a compassionate and non-judgmental atmosphere, empowering clients to achieve a better quality of life.

***Why choose us?***

**Dedication to excellence:** We embrace the scientist-practitioner model and insist on using evidence-based treatments. Financial support is offered for continuing education, and opportunities exist for rounds and peer supervision.

**Quality of work life:** We offer very comfortable and well-appointed office spaces, fantastic administrative support, and highly competitive compensation. Work-life balance is encouraged with flexible hours and a health & wellness stipend, and fun team-building events create a warm and collegial atmosphere.

**Variety:** In addition to “standard” assessment and therapy work, Associates will have opportunities to become involved in facilitating workshops and community events, online therapy sessions, and insurance-funded assessment and treatment.

**Convenience:** With two existing locations in Milton and Burlington (and a third, Oakville location expected to open in 2023), our offices are situated within 20 minutes of Hamilton, Brampton, Georgetown, Acton and Mississauga, thus serving a broad area of clients and minimizing commute times!

More information can be found on our website: [www.mindfullivingcentre.ca](http://www.mindfullivingcentre.ca)

**Keywords:**

Anxiety, Depression, Stress, Relationship issues, OCD, GAD, Social anxiety, Panic Disorder, PTSD, Chronic Pain, Addictions, Behavioural issues, Psycho-educational assessments

**Training/research opportunities:**

Supervision is offered individually on a weekly or bi-weekly basis, depending on case load. The Mindful Living Centre has several autonomously practicing psychologists who are able to provide supervision. In addition, practicum students will have the opportunity to attend regular rounds meetings, and private workshops and webinars offered at our Centre.

**Practicum Application Deadline:** n/a (applications accepted at any time)

**Application procedure:** Interested applicants should send their C.V. along with cover letter to Dr. Chris Parrish at [cparrish@mindfullivingcentre.ca](mailto:cparrish@mindfullivingcentre.ca)

*Last Updated:* September 20, 2022

## **Practicum Site Information Sheet**

**Name of site:** Toronto Psychology & Wellness Group (TPWG)

**Supervisor or Contact Person:** Dr. Nina Mafriqi/Dr. Michele Foster, Clinical Directors

**Email:** [drmafrici@tpwg.ca](mailto:drmafrici@tpwg.ca) and [drfoster@tpwg.ca](mailto:drfoster@tpwg.ca)

**Phone:** 647-344-5448

**Address:** 3080 Yonge St., Suites 5090/5012, Toronto, ON, M4N 3N1

**Type of Practicum offered:**

Child \_\_\_\_ **Adult X + Adolescent (12+) X** Both \_\_\_\_

Assessment \_\_\_\_ Intervention \_\_\_\_ **Both X**

**General Information About the Practicum:** (e.g., client concerns, therapeutic modalities, virtual/in-person services, treatment approaches, assessment opportunities, etc.)

Toronto Psychology & Wellness Group is a large practice in midtown Toronto, specializing in the assessment and treatment of adolescents and adults with a variety of mental health concerns. With over 35 therapists and dietitians, and 4 administrative staff, we are able to offer many exciting virtual and/or in-person clinical training opportunities for our students.

In our treatment division, we offer two specialized program streams in addition to our regular therapy services: i) our **Dialectical Behaviour Therapy Program** is available to adolescents and adults and combines elements of individual therapy, group therapy and caregiving support; ii) our **Outpatient Eating Disorders Program** is similarly available to adolescents and adults and combines evidence-based individual and group treatment, as well as dietetic interventions. Program evaluation is an essential component of both our programs, with opportunities for students to evaluate and present on pre- and post- treatment outcomes.

In our assessment division, we offer comprehensive psychodiagnostics assessments for adolescents and adults, as well as psychoeducational and ADHD assessments.

Our clinical training program incorporates weekly individual supervision, as well as several opportunities for group supervision through our weekly peer consultations, bi-weekly eating disorder-specific consultation and team-wide meetings. Additionally, we regularly offer training opportunities throughout the year for our staff. Recent trainings



have included: cognitive processing therapy (CPT) for trauma; emotion-focused therapy; and dialectical behaviour therapy for adolescents.

To learn more about our many services and the specialized programs we offer, please visit our website at [www.tpwg.ca](http://www.tpwg.ca).

**Keywords:**

**Training/research opportunities:** Clinical intervention for adolescents and adolescents; Individual and group psychotherapy; Psychodiagnostic and psychoeducational assessments; Eating disorder outpatient program; Dialectical behaviour therapy program; Program evaluation; Development of group programs and community workshops

**Practicum Application Deadline:** February 1<sup>st</sup>

**Application procedure:** (*i.e., documents needed for application, number of references, etc.*) Please submit a CV, cover letter and 2 references to [drmafrici@tpwg.ca](mailto:drmafrici@tpwg.ca) and [drfoster@tpwg.ca](mailto:drfoster@tpwg.ca). Selected applicants will be invited for an interview.

*Last Updated:* October 2, 2022



# Child/ Adolescent Sites

## **Practicum Site Information Sheet**

**Name of site:** The Child and Adolescent Psychology (CAP) Centre

**Supervisor or Contact Person:** Dr. Daliah Chapnik and Dr. Caryn Moulton

**Email:** admin@thecapcentre.com

**Phone:** 905 841 7886

**Address:** 49 Wellington St. E, Aurora, ON

### **Type of Practicum offered:**

Child X Adult \_\_\_\_ Both \_\_\_\_

Assessment \_\_\_\_ Intervention \_\_\_\_ Both X

**General Information** (i.e. description of the site, clients seen, services offered, is it TTC accessible? etc.)

The Child and Adolescent Psychology Centre (The CAP Centre) is a busy, fast-paced private group psychology practice that provides assessment and treatment to children, adolescents and their families in Aurora, Ontario. The Centre is located in a two story house in the heart of the town of Aurora, close to the Aurora Go Station.

The CAP Centre offers advanced intervention practicum with experience in:

- Anxiety
- Depression
- ADHD/Behaviour modification
- ASD social skills

We also offer a practicum in comprehensive psychological assessment with experience in:

- Learning Disabilities
- Attention Deficit/Hyperactivity Disorder
- Autism Spectrum Disorder
- Mood Disorders
- Socio-emotional assessments

**Supervision** (i.e. Is there more than one potential supervisor? group and/or individual? How often? etc.)

We offer individual, group, and peer supervision on a regular basis

**Keywords** (i.e. Eating Disorders, Chronic Pain, Obsessive Compulsive Disorder)

Anxiety, Depression, ADHD/Behaviour modification, ASD social skills, Learning Disabilities, Attention Deficit/Hyperactivity Disorder, Autism Spectrum Disorder, Mood Disorders, Socio-emotional assessments

**Training/research opportunities:**

Training and supervision on CBT, DBT, ACT, and family counseling, as well as psychological assessments.

**Practicum Application Deadline:**

February 1, 2023

**Application procedure** (i.e. documents needed, number of references, etc.)

To apply, please contact Jenny Wong at [admin@thecapcentre.com](mailto:admin@thecapcentre.com)  
Please attach your CV, cover letter, and a list of references (minimum of 2).

*Please note we only accept Ph.D. level advanced practicum applicants for intervention (i.e., 2nd intervention practicum) and will consider 1st year Ph.D. level applicants and beyond for assessment.*

*Last Updated: Fall 2022*



**DR. ANGELA FOUNTAIN, C. Psych. &**

**ASSOCIATES**

**1037 Howden Road East., Oshawa, Ontario L1H 0L7 Phone: (905) 655-5813**

**Email: [Office@drfountain.ca](mailto:Office@drfountain.ca)**

**Web Site: [www.drfountain.ca](http://www.drfountain.ca)**

**CLINICAL PRACTICUM TRAINING INFORMATION**

**CONTACT:** Dr. Patricia Zimmerman, Ph.D., C.Psych.

**EMAIL:** [pzimmerman@drfountain.ca](mailto:pzimmerman@drfountain.ca)

**PHONE:** 905-655-5813

**ADDRESS:** 1037 Howden Road East, Oshawa, Ontario, L1H 0L7

**TYPE OF PRACTICUM OFFERED:** Summer Psychology Practicum focusing on group therapy with children in our camp day treatment program. We expect to have positions for 1-2 students for the Summer of 2023.

**COVID-19 STATEMENT:**

The Summer Psychology Practicum placement is conditional on the practice being able to operate a camp day treatment program (whether in person or virtually) for the Summer of 2023. In the event that we are unable to offer the practicum placement as outlined here due to constraints related to COVID-19, we would strive to find an alternative learning opportunity for the student, though this cannot be guaranteed. We, however, successfully ran camp in 2021 and 2022 so we do not foresee any issues for 2023.

**\*\*Effective October 20, 2021, all new staff, students, interns/residents and volunteers are required to show proof of full vaccination against COVID-19 and any potential future required vaccinations such as boosters as a condition of employment at Dr. Angela Fountain & Associates at least fourteen (14) calendar days prior to their start date. The only exception to this new immunization mandate is for: 1) those who have written documentation of an approved medical exemption from a qualified medical professional; or 2) those who are not vaccinated due to a protected ground as defined by the Ontario Human Rights Code. In these exception cases, those who are not fully vaccinated against COVID-19 will be required to participate in rapid antigen testing, at their own expense, at the start of every in-person working day.\*\***

**PRACTICE INFORMATION:**

We are a group private practice in psychology that is located in north Oshawa, serving clients primarily in the Durham region. We are a friendly, creative and lively multidisciplinary team of around 20 clinical staff and students from a variety of disciplines (i.e., psychology, social work, registered psychotherapists, child and youth work) as well as a full administration team, barn staff, and volunteers. We offer mental health services (assessment and treatment) designed to fit the needs of families, children (infants to adolescents) and adults with a range of presenting problems. We take an integrative approach to clinical work in order to develop individualized treatment programs to meet our clients' specific needs. Our treatment plans can range from brief solution focused interventions to longer-term more traditional treatment programs. We are particularly well known for our children's treatment programs, which include play therapy, group therapy programs, and fun therapeutic day programs throughout the summer months. Unique to Dr. Angela Fountain & Associates is our clinical setting. We are located on a therapeutic farm which includes farming, horseback riding, equine and other animal activities, day camp and recreational facilities and programs.

For additional information about our practice, clinical staff and services offered, please refer to our website: [www.drffountain.ca](http://www.drffountain.ca).

**TRAINING:**

Summer practicum students will receive training in our group therapy programs led and/or supervised by one of our staff clinical psychologists. Group therapy is an overarching milieu-based token economy run on a daily basis and forms an integral component of the practice's summer camp day program: the token economy focuses on behaviour management and reinforcing social thinking skills and the other is an equine-assisted therapy group led by Dr. Angela Fountain. Clients in our day treatment summer camp program present with a range of issues, from internalizing to externalizing problems and the therapy groups within the camp program are tailored depending on the composition of the group enrollment. Practicum students would be directly involved in the therapy group(s) to observe and/or co-facilitate (depending on level of experience) as well as participate in regular supervision with the psychologists to develop clinical skills in group therapy, and to review group process and planning issues. The practicum student would also develop skills in documentation of group notes. Training will also be provided for students to learn skills associated with our farm and outdoor based clinical activities in order to integrate them into assessment and/or treatment of clients. Depending on interest and availability, though not the focus of the practicum, there may be additional training opportunities within other aspects of the clinical practice.

For the Summer Psychology Practicum placement we require a minimum time commitment of 5 days/week Monday to Friday for the two week camp periods which are scheduled to occur twice in the month of July 2023, with a training period prior to the camp program. There would be an additional 8-10 meetings in June for orientation, preparation and training and a debrief meeting at the end of the practicum.

**SUPERVISION:**

Supervision will be provided in accordance with the requirements of the university in which the student is enrolled. A combination of live, individual and group supervision (depending on the number of students) will be provided by a registered psychologist. Additional training opportunities include participation in weekly team clinical consultation meetings as well as any available practice-wide staff training.

### **APPLICATION PROCEDURE:**

**Application Material** (to be submitted to the attention of Dr. Patricia Zimmerman):

- Up-to-date Curriculum Vitae
- Covering letter outlining clinical experiences to date in addition to training objectives
- Two letters of reference, at least one of which would ideally be from a psychologist familiar with the student's clinical work • Unofficial graduate transcript

#### **Requirements:**

- Current enrollment in a graduate program in Clinical Psychology
- Previous clinical experience or comparable experience working with children
- Preference will be given to students with graduate training in child and developmental psychology
- \*\*Successful candidates will be required to complete a vulnerable sector criminal background check, at the student's expense, prior to the start of the placement.

#### **Deadlines:**

- Applications due by Friday, February 24, 2023
- Only successful applicants will be invited for interviews
- Interviews are expected to take place mid/end of March 2023
- Timelines for final notification of selected candidates will be discussed in the interview

## **Practicum Site Information Sheet**

**Name of site:** Dr. Julie Wallis

**Supervisor or Contact Person:** Dr. Julie Wallis

**Email:** [drjuliewallis@gmail.com](mailto:drjuliewallis@gmail.com)

**Phone:** 416-698-6877

**Address:** 2205 Danforth Ave, Toronto, Ont,

**Type of Practicum offered:**

Child ☒ Adult ☐ Both ☐

Assessment ☐ Intervention ☐ Both ☒

**General Information About the Practicum:**

More information about my practice can be found here: <https://www.drjuliewallis.com/>

I provide in-person and virtual services to the Danforth community. My practice is evenly divided between psychoeducational and ADHD assessments and therapy. In addition to standard English assessments, I also provide bilingual assessments for children from French Immersion programs and French language schools. Applicants are not required to be bilingual; this is simply an additional opportunity for those who do speak fluent French.

In intervention, my primary interest is in very young children. I provide parent counselling for common early childhood concerns such as tantrums, defiance, difficulty with routines, bowel retention, and sibling conflict. My individual therapy clients predominantly range from 6-12 years old. Common concerns are anxiety, depression, and anger.

**Keywords:** early childhood, parent coaching, parent-child relationship, anxiety, psychoeducational assessment, ADHD, bilingual assessments

**Training/research opportunities:** I would be happy to financially support participation in relevant courses or workshops.

**Practicum Application Deadline:** February 1st, 2023 is the deadline for applicants



looking for placement in September 2023. If students are looking for a placement to begin earlier than September 2023 please send you application asap.

**Application procedure:** *Please submit a cover letter, CV, and 2 letters of reference.*

*Last Updated: September 2022*

## **Practicum Site Information Sheet**

**Name of site:** Dufferin-Peel Catholic District School Board

**Supervisor or Contact Person:** Dr. Tanya Galway, C. Psych.

**Email:** [tanya.galway@dpcdsb.org](mailto:tanya.galway@dpcdsb.org)

**Phone:** (905) 890-0708, ext. 24330

**Address:** 40 Matheson Blvd. W, Mississauga

**Type of Practicum offered:**

Child ☒ Adult ☐ Both ☐

Assessment ☒ Intervention ☒ Both ☐

**General Information About the Practicum:** (e.g., client concerns, therapeutic modalities, virtual/in-person services, treatment approaches, assessment opportunities, etc.)

The Dufferin-Peel Catholic District School board is one of the largest boards in Ontario. Our students, staff and families are diverse with respect to language, culture, ability, sexuality, gender, and strengths and needs, etc. School psychology staff at Dufferin-Peel are assigned to schools within a Family of Schools. They work together with students, families, and school personnel to support learning and mental health. They provide consultation, comprehensive psychodiagnostic assessment, intervention (individual and group), and community referral.

**Keywords:** School setting, assessment, psychodiagnostics, evidence-based academic and social-emotional/behavioral & mental health interventions

**Training/research opportunities:** Monthly department meetings; Interdisciplinary PD

**Practicum Application Deadline:** March 1, 2023

**Application procedure:** (i.e., documents needed for application, number of references, etc.)

- CV outlining assessment & intervention experience and relevant coursework



*Last Updated:* November 10, 2022

### **Practicum Site Information Sheet**

**Name of site:** Family First Play Therapy Centre (Bradford & Burlington, Ontario)

**Supervisor or Contact Person:** Dr. Dillon Browne, C.Psych.

**Email:** dillon.browne@uwaterloo.ca

**Phone:** 905-775-1620

**Address:** 47 Holland St W, Bradford, ON L3Z 2B9

**Type of Practicum offered:**

Child ☒ Adult ☐ Both ☐

Assessment ☒ Intervention ☐ Both ☐

**General Information:** Family First Play Therapy Centre is excited to offer practicum placements in assessment for clinical psychology graduate students. In accordance with our service mandate, students will receive high-quality training opportunities in assessment for children and youth who struggle with mental health, learning, trauma, and related difficulties. Our assessment services adhere to the best practices in trauma-informed care. Students who complete practicum placements with Family First will gain experience in comprehensive psychological assessment, including psychoeducational test administration, socioemotional evaluation, and trauma assessment. Opportunities for complex case conceptualization and formulation will be emphasized, including supervision in the controlled act of conveying a diagnosis. Students will be part of a multidisciplinary team that includes psychotherapists, social workers, and marriage and family therapists, in addition to clinical psychology. Regular didactics will be part of the practicum, in addition to both group and one-on-one supervision. Summer and academic-year positions are available, and students should indicate their interest in a cover letter.

**Keywords:** children, youth, family, learning, mental health, trauma

**Training/research opportunities:** comprehensive psychological assessment

**Practicum Application Deadline:** Dec 1, 2022

**Application procedure:** Applicants should submit a cover letter, CV and unofficial transcripts to [admin@famfirst.ca](mailto:admin@famfirst.ca). Candidates will be invited for virtual interviews.

*Last Updated:* October 31, 2022

## **Practicum Site Information Sheet**

**Name of site:** Family Psychology Centre (FPC)

**Supervisor or Contact Person:** Dr. Mirisse Foroughe, Ph.D., C. Psych.

**Email:** [mforoughe@familypsychology.org](mailto:mforoughe@familypsychology.org)

**Phone:** 416.456.3164

**Address:** 181 Eglinton Avenue East, suite 300, Toronto, Ontario, M4P 1J4

**Type of Practicum offered:**

Child ☒ Adult ☐ Both ☐

Assessment ☐ Intervention ☐ Both ☒

**General Information About the Practicum:** (e.g., client concerns, therapeutic modalities, virtual/in-person services, treatment approaches, assessment opportunities, etc.)

FPC is a community-based clinic, clinical training site, and psychology research lab operating with a collaborative team of psychologists, social workers, occupational therapists, art therapists, and child psychiatrists. We also collaborate professionally with many local health professionals including pediatricians, developmental pediatricians, speech and language pathologists, dietitians, and neurologists. FPC has built a strong reputation for professional consultation and clinical teaching, as well as empowering parents and families to support children, teens, and adults with mental health difficulties. We are walking distance from Eglinton Subway station and the TTC.

**Keywords:** Emotion Regulation, Depression, Primary Care, Eating Disorders, Anxiety and Obsessive-Compulsive Disorder, Autism Spectrum Disorder, Giftedness, Family Conflict, Parenting Stress.

**Training/research opportunities:** Opportunities to train in intervention with all categories/age-groups within the population: infants and preschoolers, school-aged children, teens, adults, parents, and families. Wide range of presenting concerns; individual therapy, parent-child interventions, and family therapy; seminars and clinical training in emotion focused therapies, family therapy, eating disorders, and treatment of OCD.

**Practicum Application Deadline:** As per Match guidelines

**Application procedure:** Please send your CV, two letters of recommendation, copy of transcripts (unofficial/released to student is fine), and please indicate the following in your cover letter or email:

- a. Availability, if known (days of the week)
- b. Number of days per week you would like to be placed (typical is 2 days/week)
- c. Number of months per placement (typical is 8 months)
- d. Your daytime phone number

*Last Updated:* October 2022

## **Practicum Site Information Sheet**

**Name of site:** Holland Bloorview Kids Rehabilitation Hospital (**see supplemental brochure for additional information**)

**Supervisor or Contact Person:** Dr. Janine Hay, Practicum Coordinator

**Email:** [jhay@hollandbloorview.ca](mailto:jhay@hollandbloorview.ca)

**Phone:** 416-425-6220 ext. 6342

**Address:** 150 Kilgour Road, Toronto, ON M4G 1R8

**Type of Practicum Offered:** Child ☒ Adult ☐ Both ☐

Assessment ☒ Intervention ☐ Both ☐

### **General Information about the**

**Practicum:** (*e.g., client concerns, therapeutic modalities, virtual/in-person services, treatment approaches, assessment opportunities, etc.*)

Holland Bloorview Kids Rehabilitation Hospital is Canada's largest children's rehabilitation hospital focused on improving the lives of children and youth with disabilities. We are a global leader in applied research, teaching and learning, and client and family centred care. Our vision is to create the most meaningful and healthy futures for all children, youth and families. Holland Bloorview is fully affiliated with the University of Toronto and home to the Bloorview Research Institute. Services at Holland Bloorview include inpatient hospital care for children, outpatient assessment clinics, therapy programs and community outreach programs. We have a school on the premises that provides educational programming during inpatient stays in the hospital, as well as a comprehensive program for young children with physical disabilities.

Holland Bloorview is centrally located in Toronto within a residential neighborhood that backs onto parks and recreational trails. It is accessible by public transit and includes many amenities to benefit clients, families, staff and the community, such as a family resource centre, a swimming pool, a fitness room for staff, a hotel for parents of clients, and a daycare for staff parents and the community.

We serve children and youth with many disabilities and diagnoses including acquired brain injury, concussion, Autism Spectrum Disorder (ASD), cerebral palsy, spina bifida, and genetic disorders. The focus within our clinical and research programs is on client and family centered care. Respect for diversity is also embedded within our core values and our facility is accessible for individuals with physical disabilities.

Holland Bloorview currently offers an assessment practicum specializing in **pediatric neuropsychology** within the Brain Injury Rehabilitation Program. Psychology practicum

students in this placement will gain experience in neuropsychological assessment with clients who have sustained moderate to severe acquired brain injuries. There will also be training opportunities through our Concussion Clinic, providing focused neuropsychological assessments and consultations for children and youth with persisting post-concussion symptoms. Students will participate on multi-disciplinary rehabilitation teams and they will learn about brain injury recovery over time and across different levels of severity.

In this placement, students will gain experience working on the outpatient Brain Injury Rehabilitation Team (BIRT), as well as our Concussion Team, with specific training in the administration, scoring and interpretation of neuropsychological tests. Additional training will be provided in conducting intake interviews and feedback sessions, formulating impressions and diagnoses, writing clinical reports and consulting with healthcare providers on multi-disciplinary teams. Some exposure to inpatient neuropsychological services will also be provided.

### **Supervision:**

This neuropsychology practicum placement is based on a collaborative, team-based training model within the Brain Injury Rehabilitation Program. Each practicum student will be assigned a primary clinical supervisor although case supervision will also be provided by other neuropsychologists on the team. Students will receive a minimum of 1-2 hours a week of individual supervision by a licensed clinical neuropsychologist. The practicum coordinator will also meet with students in regular meetings to track the progress of training goals during the practicum placement. To support opportunities for intern training in supervision (CPA Standard II.B.4), practicum students will receive additional supervision and mentorship by pre-doctoral psychology interns receiving metasupervision from supervising neuropsychologists for 1 hour each month.

### **Keywords:**

Neuropsychology, Brain Injury, Concussion, Pediatric

### **Training/Research Opportunities:**

This practicum offers a unique opportunity to develop a specialized skill set by working with complex neurological populations while developing broad-based skills that can be generalized to clinical work in a variety of settings. Training will follow a mastery model in which students will be expected to assume increased clinical responsibility as the placement progresses. Practicum students will have additional learning opportunities by attending didactic seminars, Psychology Journal Club, clinical case rounds, and centre-wide forums presented by Holland Bloorview staff and external speakers, such as Grand Rounds and Bioethics presentations. The Teaching and Learning Institute also provides opportunities to enhance and develop learning initiatives for students throughout Holland Bloorview. Research opportunities will be limited, as the focus of the placement is on clinical skill development.

### **Practicum Application Deadline:**

As determined by GTA Practicum Match process



**Application Procedure:** (*i.e., documents needed for application, number of references, etc.*)

Applicants interested in a September 2023 placement should email the following documents to Dr. Janine Hay at [jhay@hollandbloorview.ca](mailto:jhay@hollandbloorview.ca)

- Current CV
- Letter of interest describing how your training experiences and goals would be a good fit for our program
- Two letters of reference (to be emailed separately)

To learn more about the neuropsychology practicum program at Holland Bloorview, please contact Dr. Janine Hay, Practicum Coordinator.

E-mail: [jhay@hollandbloorview.ca](mailto:jhay@hollandbloorview.ca)

Phone: 416-425-6220 ext. 6342 or toll free: 1-800-363-2440

Please review our website at: [www.hollandbloorview.ca](http://www.hollandbloorview.ca)

*Last Updated:* September 23, 2022

## **Practicum Site Information Sheet**

**Name of site:** Kinark Child and Family Services – Community Mental Health Program

**Website:** <https://kinark.on.ca>

**Contact person:** Dr. Sarah Glaser (supervisor for York site)

**Email:** [sarah.glaser@kinark.on.ca](mailto:sarah.glaser@kinark.on.ca)

**Phone:** (289) 879-5647 work cell

**Addresses:** 218 Earl Stewart Drive, Unit 7, Aurora, ON L4G 6V7 (York site)  
419 King Street W, Suite 3550A, Oshawa, ON L1J 2K5 (Durham site)  
34 Simcoe Street, Suite 301, Barrie, ON L4N 6T4 (Simcoe site)  
380 Armour Rd, Suite 275, Peterborough, ON K9H 7L7 (Peterborough site)  
475 Iroquois Shore Rd, Oakville ON L6H 1M3 (Syl Apps Youth Centre)

**Type of practicum offered:** Child ☒ Adult ☐ Both ☐

Assessment ☐ Intervention ☐ Both ☒

### **General information:**

***The Community Mental Health Program at Kinark offers practicum placements at four separate sites. Students will be placed either in York (Aurora), Durham (Oshawa), Simcoe (Barrie), Peterborough, or Syl Apps. A minimum of 2 days per week is required.***

#### **York (Aurora) site:**

Dr. Sarah Glaser (Clinical Lead), Dr. Kofi Belfon (Clinical Lead)

*Accepting 1 student for co-supervision*

Aurora is located north of Toronto in York Region. We are reachable by GO Transit or Viva Blue (York Region Transit) bus line from Finch TTC station, although having a car is an asset. The site is an open-concept work space with bookable treatment, assessment, and meeting rooms. The office is multi-disciplinary with psychologists, a nurse, a psychiatrist, social workers, and child and youth workers. Clients seen are typically school age (6 to 18), with a larger focus on teens. Clients seen by the psychology team present with a diverse range of diagnoses and difficulties such as disruptive behavior disorders, ADHD, learning disabilities, mood and anxiety disorders, emerging personality disorders, high functioning ASD, significant family discord, suicidality and self-harm behaviors, substance use, and a history of trauma.

The psychology team in York includes two full-time psychologists and one full-time clinical lead psychologist. The psychology team provides consultation, assessment, and treatment to outpatient clients, day treatment clients, and live-in treatment clients. Our day treatment programs are housed in section 23 classrooms in local schools. Assessments are comprehensive and include cognitive/academic, personality, and psychosocial measures.

The psychology service also offers individual treatment, including approaches such as CBT, DBT, trauma-focused therapy, and group therapy (CBT, DBT). Treatment within psychology is reserved for youth with high-risk behaviours, complex presentations, and/or for those requiring specialized treatment. We also provide consultation for staff on our various client service teams, as well as to external agencies. There are opportunities to attend and participate in various committees (e.g., Diversity, Equity, & Inclusivity) treatment team meetings.

Durham (Whitby) site:

Dr. Sophie Durisko (Psychologist) & Dr. Megan Hancock (Clinical Lead)

*Accepting 2 students*

The Durham site is located in Whitby, which is east of Toronto in Durham Region. It is an open-concept work space with bookable treatment, assessment, and meeting rooms. We are reachable by GO Transit and Durham Region Transit, although having a car is an asset. The office is multi-disciplinary with psychologists, social workers, and child and youth care workers. The clients seen at the Durham site have traditionally been children under the age of 12 with complex mental health needs, although we also occasionally see adolescent clients.

The psychology team consists of two full time psychologists and a part-time psychologist. The psychology team offers consultation, assessment, and treatment services. Assessments include cognitive/academic and psychosocial measures. The psychology team offers individual and group treatment (e.g., trauma-focused CBT, DBT). We also provide consultation for staff on our various client service teams.

Simcoe (Barrie) site:

Supervisor: Dr. Shanna Deasley (Psychologist)

*Accepting 1 student*

The Simcoe site is located close to Highway 400 in Barrie. Although driving is more convenient, the site is accessible by GO bus and rail systems from Toronto, Waterloo, and other major cities in Ontario. The site operates from a multi-disciplinary perspective that includes psychology, nursing, psychiatry, social work, and child and youth work, and it serves clients between the ages of 6 to 18 years. Clients present with a diverse

range of difficulties such as developmental, emotional, and behavioural disorders (often in conjunction with self-harming behaviours), many of which emerge from adverse early childhood experience.

The psychology team in Simcoe comprises a Clinical Lead psychologist and one full-time psychologist. The team offers consultation and comprehensive assessments in order to provide recommendations for Kinark-based treatment services. Opportunities for therapeutic intervention can include group and individual therapy (CBT, DBT, trauma-focused approaches). Psychology services also consult to external agencies and other community-based providers.

Peterborough site:

Dr. Michael Saxton (Psychologist)

*Accepting 1 student*

The Peterborough site is located just east of downtown Peterborough. Clinicians work out of an open-concept work space with bookable treatment, assessment, and meeting rooms. We are reachable by GO Transit and Peterborough Transit, although having a car is an asset. The office is multi-disciplinary with two psychologists, off-site psychiatric consultation, social workers, and child and youth care workers. The Peterborough office serves children and adolescents (ages 6 to 17) with various programs and services. The placement would primarily involve work with adolescents aged 12-17.

The psychology team consists of a full-time psychologist, as well as a Clinical Lead psychologist. The psychology team offers consultation, assessment and treatment services. Assessments are often multi-faceted and include cognitive/academic and psychosocial measures. The psychology team also offers individual treatment. Treatment is often reserved for youth with high-risk behaviours, complex presentations, and/or requiring specialized treatment (e.g., DBT, CBT for OCD). We also provide consultation for staff on our various client service teams, including live-in treatment and day treatment programs.

Syl Apps Youth Centre site:

Dr. Na Zhu (Psychologist)

*Accepting 1 student*

Syl Apps Youth Centre is located in Oakville. The facility operates two secure programs: (1) the Secure Treatment Program and (2) the Ontario Review Board, Youth Forensic Services Program. Both programs provide a range of services to youth ages 12-18 with substantial mental health concerns who are in need of a secure setting. DBT is the primary modality of treatment. Youth are supported by a multidisciplinary mental health team made up of a variety of disciplines, including Child and Youth Workers, Social Workers, Nurses, Psychologists, Psychiatrists, Recreation Therapists, and Art

Therapists. The therapeutic milieu is clinically intensive, and youth who reside in the facility have access to mental health assessment and treatment, as well as a variety of group and volunteer programs. The facility also has a Section 23 school operated by the Halton District School Board. Practicum students at Syl Apps Youth Centre have the opportunities to participate in the following: Mental health assessments (e.g., psychoeducational, diagnostic clarification, forensic assessment, risk assessment), individual and group DBT, consultation to multidisciplinary team members, and program evaluation and other research projects.

**Supervision:**

Supervision at each site is individual with a combination of formal/informal supervision.

**Key Words:**

CBT, DBT, anxiety disorders, depression, oppositional defiant disorder, PTSD, complex trauma, conduct disorder, self-harm, suicidality, ADHD, learning disabilities, borderline personality disorder, OCD, live-in treatment, secure treatment, day treatment

**Training/research opportunities:**

There are often training/educational opportunities offered at each site. Recent examples of in-house trainings offered include suicide risk assessment and intervention, foundations of DBT, foundations of CBT, and compassion fatigue. There is no research component to this practicum, aside from occasional opportunities at Syl Apps.

**Practicum application deadline:**

We adhere to the common GTA practicum application deadline and notification dates. You will be notified that day if you are offered a placement.

**Application procedure:**

Please include: CV, cover letter, unofficial graduate transcript, and 2 letters of reference\*. Cover letter must include which site(s) you are interested in.

Students and persons providing letters of reference should submit all application materials by e-mail to Dr. Sarah Glaser, practicum director, at: [practicum@kinark.on.ca](mailto:practicum@kinark.on.ca).

*Last updated: Oct 2022*

## **Practicum Site Information Sheet**

**Name of site:** Lutherwood (see supplemental brochure for additional information)

**Supervisor or Contact Person:** Dr. Karen MacLeod

**Email:** [kmacleod@lutherwood.ca](mailto:kmacleod@lutherwood.ca)

**Phone:** 519 884 1470 x2287

**Address:** 285 Benjamin Road, Waterloo, Ontario

**Type of Practicum offered:** Child ☒ Adult ☐ Both ☐  
Assessment ☒ Intervention ☐ Both ☐

**General Information About the Practicum:** (e.g., client concerns, therapeutic modalities, virtual/in-person services, treatment approaches, assessment opportunities, etc.)

An assessment practicum at Lutherwood focuses on providing comprehensive psychological assessment to children and adolescents experiencing moderate to serious mental health challenges, most of whom are involved with the child protection system and have a history of complex trauma. There may also be some opportunity to work with youth who are involved in our residential, day treatment, or youth justice programs (not guaranteed). Lutherwood is located in Waterloo, Ontario, and psychology services are centred at our Benjamin Road location. It is accessible by transit within the city of Waterloo, however, easiest access is by car. As of the fall of 2022, most assessment services are being offered in person, with virtual components for some aspects such as caregiver interviews in some instances.

Further information about Lutherwood more broadly can be found at our website: Lutherwood - Caring People. Strengthening Lives - Lutherwood.

**Keywords:** Child/adolescent; complex trauma, developmental trauma, child protection

### **Training/research opportunities:**

Applied research occurs in our agency, however involvement is not typically a focus during practicum placements. Students completing practicum are welcome to participate in any in-service or agency training opportunities that arise during their time with Lutherwood.

**Practicum Application Deadline:** Flexible.

**Application procedure:** (*i.e., documents needed for application, number of references, etc.*)

Interested students are invited to submit a cover letter, CV, and names of three references that can be contacted to Dr. Karen MacLeod, Senior Psychologist (contact information above).

*Last Updated:* October 2022

## **Practicum Site Information Sheet**

**Name of site:** North Peel Family Health Team

**Supervisor or Contact Person:** Dr. Ameeta Dudani, C. Psych.

**Email:** [adudani@npfht.com](mailto:adudani@npfht.com)

**Phone:** 905-459-2181 (clinic), 416-884-2383 (cell)

**Address:** 157 Queen St. East, Suite 210, Brampton, ON L6W 3X4

### **Type of Practicum offered:**

Child ☒ Adult ☐ Both ☐

Assessment ☐ Intervention ☒ Both ☐

(NB: primarily intervention with some assessment opportunities, if this is of interest)

**Anticipated Number of Positions for 2023-2024:** 1-2 (\*NB: This is an advanced intervention/third practicum)

**General Information** (i.e. description of the site, clients seen, services offered, is it TTC accessible? etc.)

North Peel Family Health Team (NPFHT) is an approach to primary health care that brings together different health care providers to co-ordinate the highest possible quality of care for patients in Brampton. The setting is a multidisciplinary family medicine practice, located close to the William Osler Health Centre-Peel Memorial site. FHTs are designed to give doctors support from other allied health professionals, including nurses, nurse practitioner, dietitians, kinesiologists, chiropractors and mental health professionals (two social workers and a part-time psychologist). Working in primary care is an exciting opportunity for psychologists, uniquely affording the roles of mental health prevention, early intervention and health promotion. Allied health services are available at no cost to patients of the FHT, as they are covered by OHIP, and as such provide a timely access point for patients without financial support.



Child and Adolescent Psychology is a new role to the NPFHT. The Practicum Student will gain innovative experience in primary care and in working within a multidisciplinary team environment and with an Electronic Medical Record (EMR) system. The practicum focus is to develop diagnostic assessment, case conceptualization and intervention skills in child and adolescent psychology. The student will learn to conduct a clinical diagnostic assessment and provide evidence-based, time-limited psychotherapy to children, adolescents, and their families, with the goal to develop and strengthen conceptualization and intervention/treatment skills with a diverse range of common presenting concerns in children's mental health. Parent consultation is also part of the role. The practicum student will also gain secondary experience in psychodiagnostic assessment/diagnostic clarification and provision of treatment recommendations, ADHD assessment, and psychoeducational assessment (when available). The student may gain experience in group therapy with mindfulness-based group intervention (i.e., a Mind-body therapy group for adolescents). A short research/program evaluation project can also be arranged if this is of interest.

The practicum can be somewhat tailored to the student's interests/goals, while keeping in mind that the primary intention of the practicum is to develop child intervention skills in a range of modalities appropriate to the concern, and always from a biopsychosocial, developmental, client- and family-centered framework. Regardless of the modality, the focus is on client-centered and common factors of therapeutic skill development in child and adolescent therapy. Effort is made to provide experience and exposure to a breadth of cases across the age range and presenting concerns.

Unique opportunities for observing and collaborating with doctors, medical residents, and allied professional staff may be an additional perk of this practicum placement, as well as providing education to doctors and allied health colleagues.

The placement is for 1 or 2 days per week, from September to June. The days of the practicum would need to be on a Monday, Tuesday and/or Wednesday and these may need to be limited to specific days of these three, given clinic parameters. The primary supervisor will be on site on the student's days.

**Supervision** (i.e. Is there more than one potential supervisor? group and/or individual? How often? etc.)

Weekly individual supervision will be offered by Child and Adolescent Clinical Psychologist Dr. Ameeta Dudani, with additional supervision provided as needed. In the

case of more than one student, individual supervision will be supplemented by group supervision. In addition to working with their own assigned patients, the practicum student will have the opportunity to observe Dr. Dudani's therapeutic, diagnostic, and consultation work. A developmental learning model will be used during the practicum placement, involving ample opportunity for shadowing and co-leading at the beginning of the practicum, with greater independence towards the latter half of the practicum.

**Keywords:** (i.e. Eating Disorders, Chronic Pain, Obsessive Compulsive Disorder)

Primary care, mental health across the full spectrum (mood, anxiety, OCD, trauma, grief, behaviour, eating disorders, chronic illness, etc.), neurodevelopmental disorders (ADHD, LD)

Dr. Dudani's orientation is integrative, though primarily attachment-based/relational, cognitive-behavioural and mindfulness-based. Various modalities are drawn upon, including CBT, DBT, behaviour therapy, emotion-focused, parent intervention and play therapy.

**Training/research opportunities:**

These can be designed according to the student's interests.

**Practicum Application Deadline: February 1, 2022 (required date)**

**Application procedure** (i.e. documents needed, number of references, etc.)

Students interested in applying for a practicum placement at North Peel should send the following materials by email to Dr. Ameeta Dudani (adudani@npfht.com):

- A letter of interest describing why you are interested in a practicum at NPFHT, your goals for the practicum, and relevant training experiences; please specify if you are seeking a 1 or 2 day practicum.
- A current, updated CV
- Unofficial transcript
- A sample, de-identified initial assessment report (for treatment preferred, if available)
- Two letters of reference, to be sent directly from referees to Dr. Dudani

Please submit all documents to Dr. Dudani by email or regular mail to the address above.

*Last Updated:* October 2022



## **Practicum Site Information Sheet**

**Name of site:** Peel District School Board

**Contact Person:** Dr. Rummy Gill, C.Psych., Psychology Manager

**Email:** [rummy.gill@peelsb.com](mailto:rummy.gill@peelsb.com)

**Address:** 5650 Hurontario Street, Mississauga, Ontario L5R 1C6

**Type of Practicum:** Child and Adolescent, Assessment and Intervention

The Peel District School Board (PDSB) serves approximately 153,000 kindergarten to grade 12 students at more than 259 schools in the Region of Peel (municipalities of Caledon, Brampton and Mississauga). The board employs more than 15,000 full-time staff and is the largest employer in Peel Region. As a practicum student you would be working within different schools and programs and serving a diverse group of students.

PDSB psychology services include:

1. Psycho-educational, diagnostic and risk assessments
2. Consultation with other mental health professionals, families, teachers, and administrators
3. Intervention and therapy services

The Psychology Department will often support students presenting with the following:

- students with autism/pervasive developmental disorder (PDD)
- students with developmental disabilities
- students with emotional and behaviour challenges
- gifted students
- students with physical disabilities
- students with learning disabilities

Supervision would occur with a member of the psychology department as often as needed but no less than once per week (this will depend on students' level of training). Being a part of multi-disciplinary teams (social workers, speech-language pathologists, special education teachers, etc.) and observing school review processes will be available. Practicum students will be welcomed to group supervision and/or departmental professional development meetings if they are interested.

**Practicum Application Deadline:** February 1<sup>st</sup>, 2023 is the deadline for applicants looking for placement in September 2023. If students are looking for a placement to begin earlier than September 2023 please send your application asap as they will be considered if space is available.

**Application procedure:** CV with cover letter, description of practicum requirements (i.e. hours of direct client contact hours, assessment vs. intervention, supervision hours), and two clinical references. Please send application information and questions to [rummy.gill@peelsb.com](mailto:rummy.gill@peelsb.com).

Please note: students that are successful in receiving a practicum placement will be required to submit a current Police Check for working with vulnerable sector and should have practice insurance coverage from their educational institution.

Last Updated: October 2022

## **Practicum Site Information Sheet**

**Name of site:** Peterborough Regional Health Centre

**Supervisor or Contact Person:** Krista Davis, Ph.D., C.Psych.

**Email:** [kdavis@prhc.on.ca](mailto:kdavis@prhc.on.ca)

**Phone:** 705-743-2121 x3847

**Address:** 1 Hospital Drive, Peterborough, Ontario, K9J 7C6

**Type of Practicum offered:**

Child ☒ Adult ☐ Both ☐

Assessment ☐ Intervention ☐ Both ☒ (though primarily intervention)

**Anticipated Number of Positions for 2023-2024:** 1 to 2

**General Information** (i.e. description of the site, clients seen, services offered, is it TTC accessible? etc.): PRHC is a Schedule 1 hospital with both child and adult outpatient mental health programs, a pediatric outpatient program that offers health psychology services, a 6 bed child and adolescent inpatient psychiatric unit, and a 26 bed adult inpatient psychiatric unit. Practicum students would work primarily in the outpatient services. The site is located in Peterborough, approximately 130 km north west of downtown Toronto. It is accessible by Go Train/Bus service as well as Greyhound Bus.

**Supervision** (i.e. Is there more than one potential supervisor? group and/or individual? How often? etc.): Group (depending on pandemic restrictions) and individual supervision is offered with weekly supervision provided. There will be two psychologists providing supervision.

**Keywords** (i.e. Eating Disorders, Chronic Pain, Obsessive Compulsive Disorder): Depression, anxiety, traumatic stress, comorbid health conditions, as well as more specific conditions such as OCD and Eating Disorders depending on suitability.

**Training/research opportunities:** Typically students would have access to mental health lunch and learn sessions, grand rounds as well as local regular training in interventions such as DBT, Stage 1 trauma treatment and motivational interviewing, but this will vary in the coming years depending on the pandemic.

**Practicum Application Deadline: February 1, 2023 (required date)**

**Application procedure** (i.e. documents needed, number of references, etc.): Please send covering letter, resume and 2 references to Dr. Davis.

*Last Updated:* October 11, 2022

## **Practicum Site Information Sheet**

**Name of site:** ROCK Reach Out Centre for Kids

**Supervisor or Contact Person:** Dr. Terry Diamond Ph.D., C. Psych.

**Email:** psychpracticum@rockonline.ca

**Phone:** 905-634-2347 ext. 1232

**Address:** 471 Pearl St. Burlington ON L7R 4M4

### **Type of Practicum offered:**

Child ☒ Adult ☐ Both ☐

Assessment ☒ Intervention ☐ Both ☒

**General Information** (i.e. description of the site, clients seen, services offered, is it TTC accessible? etc.)

ROCK is an accredited children's mental health agency servicing Halton Region (i.e., Oakville, Burlington, Milton, Halton Hills, Georgetown). Assessment, treatment, and consultation services are offered to children 0-18 years of age and their families. Students will have the opportunity to receive training in complex psychological assessment, which may include diagnostic interviewing, administration of structured assessment measures and measures of socioemotional functioning, school observation, parent interview, and school feedback meetings. Although this is primarily an assessment practicum, students will also have the opportunity to be involved in some therapy opportunities should they wish to (e.g., groups, single session, brief therapy). Students will participate in multidisciplinary teams and will be exposed to children and families dealing with a wide range of presenting issues.

**Supervision** (i.e. Is there more than one potential supervisor? group and/or individual? How often? etc.)

Supervision is tailored to the particular needs of the students and their academic programs. Students will receive at least 2 hours of supervision per week. As ROCK has a CPA accredited Clinical Psychology Residency program, students may receive additional supervision from Clinical Psychology Residents.



**Keywords** (i.e. Eating Disorders, Chronic Pain, Obsessive Compulsive Disorder)

A wide range of mental health and developmental conditions are assessed including: Anxiety, depression, learning disabilities, autism, FASD, OCD, eating disorders, trauma, attachment disruption, intellectual disability, etc.

**Training/research opportunities:**

Students have the opportunity to attend monthly Clinical Rounds. Students are also invited to attend agency-wide training opportunities. Examples of past training have included Circle of Security, EFFT, FASD, Trauma Therapy, Dialectical Behaviour Therapy, Legislation and Ethics etc.

**Practicum Application Deadline:**

We follow the deadlines determined by the GTA Practicum Sites group. This date is typically February 1<sup>st</sup> with interviews occurring February-March. Notification date will comply with the GTA Practicum Match Day.

**Application procedure** (i.e. documents needed, number of references, etc.)

Applications are comprised of a cover letter stating training goals, CV, unofficial graduate transcripts, and 2 reference letters. Applications can be forwarded by email to [psychpracticum@rockonline.ca](mailto:psychpracticum@rockonline.ca)

*Last Updated: September 2022*

## **Practicum Site Information Sheet**

**Name of site:** SickKids Centre for Community Mental Health  
(aka, Gary Hurvitz Centre for Community Mental Health at SickKids)

**Supervisor or Contact Person:** Dr. Susan Yabsley, C.Psych.

**Email:** [syabsley@sickkidscmh.ca](mailto:syabsley@sickkidscmh.ca)

**Phone:** 647-234-6512

**Address:** 440 Jarvis Street Toronto, ON. M4Y 2H4

**Type of Practicum offered:**

Child ☒ Adult ☐ Both ☐  
Assessment ☐ Intervention ☒ Both ☐

**General Information About the Practicum:** (e.g., client concerns, therapeutic modalities, virtual/in-person services, treatment approaches, assessment opportunities, etc.)

Please, see our brochure for more detailed information:

[Psychology - The Garry Hurvitz Centre for Community Mental Health at SickKids \(sickkidscmh.ca\)](http://sickkidscmh.ca)

- SickKids Centre for Community Mental Health (SickKids CCMH) is a multi-professional, not-for-profit, **children's mental health centre** located in Toronto, Ontario, Canada. SickKids CCMH provides primary prevention, early intervention, and clinical treatment services to infants, children, and youth (from birth to 18) and to their families and communities.
- We offer 2 intervention practicum spots at our downtown (Jarvis and Wellesley) site
- Placements are for doctoral level graduate students who must be enrolled in a doctoral program in clinical psychology accredited by the Canadian and/or American Psychological Associations.
- Practicum placement positions generally are **11 months, 2 to 2.5 days a week**, beginning on the first Wednesday after Labour Day and ending on the last working day of July the following year.
- All intervention practicum placements are based within our [Individual and Family Services](#). The placement is designed so students will become familiar with a broad bio-psychosocial, multi-systemic orientation, utilizing a variety of interventions in accordance with client needs and the training objectives of the student. This is accomplished through direct service activities.
- Generally, students will be assigned a primary and a secondary supervisor and will have individual supervision for a minimum of 2 hours supervision per week.

**Keywords:**

Intervention psychology practicum  
Community-based children's mental health  
Children's mental health  
Child & adolescent mental health

**Training/research opportunities:** No research opportunities.

Please, see our brochure for more detailed information:

[Psychology - The Garry Hurvitz Centre for Community Mental Health at SickKids \(sickkidscmh.ca\)](http://Psychology - The Garry Hurvitz Centre for Community Mental Health at SickKids (sickkidscmh.ca))

**Practicum Application Deadline:**

Applications are due on or before 01 February. Offers of a practicum placement will be made on the Greater Toronto Area Common Notification Day by e-mail and/or telephone. Check with your Director of Clinical Training for the date each year (typically mid-March).

*Last Updated:* October 2022

## **Practicum Site Information Sheet**

**Name of site:** The Hospital for Sick Children

**Supervisor or Contact Person:** Dr. Jennifer Stanga

**Email:** [jennifer.stanga@sickkids.ca](mailto:jennifer.stanga@sickkids.ca)

**Phone:** 416-813-6376

**Address:** Psychology Department, 555 University Ave., Toronto, M6G 2S2

**Type of Practicum offered:**

Child ☒ Adult ☐ Both ☐

Assessment ☐ Intervention ☐ Both ☒

**General Information** (i.e. description of the site, clients seen, services offered, is it TTC accessible? etc.)

- SickKids is a world-renowned teaching hospital in downtown Toronto, easily accessible by TTC
- The Psychology department at SickKids specializes in neuropsychological assessment, health psychology, and clinical psychology with medically-complex children and their families
- Practicum placements typically fall into one of two categories: 1) Intervention (health psychology and/or clinical psychology), 2) Neuropsychological assessment.
- Please see our department website for a listing of available supervisors and programs. <http://www.sickkids.ca/Psychology/Education-and-learning/Predoctoral-internship-program/Specific-rotation-descriptions/index.html>
- Please see our practicum brochure. <https://www.sickkids.ca/siteassets/care--services/clinical-departments/psychology/sk-practicum-brochure-2021-2022.pdf>
- Not all supervisors accept practicum students each year.

**Supervision** (i.e. Is there more than one potential supervisor? group and/or individual? How often? etc.)

- Students generally work with one supervisor and receive individual supervision time on a weekly basis
- There may be opportunities to work with multiple supervisors, negotiated on an individual basis

**Keywords** (i.e. Eating Disorders, Chronic Pain, Obsessive Compulsive Disorder)

- Health Psychology, Neuropsychology, Medically-complex children, Eating Disorders, Obesity Management

**Training/research opportunities:**

In addition to direct clinical work, students will have the opportunity to attend interdisciplinary rounds, case conferences, and professional development events offered within the Psychology Department and specific medical/surgical programs. This includes monthly Psychology rounds, health psychology didactic seminars, neuropsychology didactic seminars, and Psychology Education Day.

**Practicum Application Deadline:**

February 1<sup>st</sup>, 2023 for practicum placements to begin summer 2023 or fall 2023.

**Application procedure** (i.e. documents needed, number of references, etc.)

- Please submit a PDF document containing a cover letter and CV to Dr. Jennifer Stanga at [psychology.practicum@sickkids.ca](mailto:psychology.practicum@sickkids.ca).
- The cover letter should contain the following information:
  - Brief description of your training experiences and skills
  - Reason for applying to SickKids
  - Desire for assessment focus vs. intervention focus for placement
  - Number of hours and/or days per week required
  - Desired duration of placement (e.g. summer term, academic year, etc.)
  - Specific rotations/programs in which you are most interested
- Please also submit one or two reference letters – please ask referees to submit directly to [psychology.practicum@sickkids.ca](mailto:psychology.practicum@sickkids.ca) (any file format is acceptable)

- No applications will be considered if received after the stated deadlines. Your application will be reviewed by staff available to offer placements and you will be contacted directly if an interview is going to be scheduled.
- Notification of placement offers will be made in mid-March.

*Last Updated:* October 25, 2022

## **Practicum Site Information Sheet**

**Name of site:** Surrey Place Centre

**Supervisor or Contact Person:** Dr. Nozomi Minowa, C.Psych.

**Email:** [Nozomi.minowa@surreyplace.ca](mailto:Nozomi.minowa@surreyplace.ca)

**Phone:** 416-420-0446

**Address:** 2 Surrey Place, Toronto M5S2C2

**Type of Practicum offered:**

Child ☒ Adult ☐ Both ☐

Assessment ☐ Intervention ☒ Both ☐

**General Information About the Practicum:** (e.g., client concerns, therapeutic modalities, virtual/in-person services, treatment approaches, assessment opportunities, etc.)

Psychodynamic-attachment based therapeutic approach to school age children with a range of neurodevelopmental and intellectual disabilities

Play therapy and dyadic therapy opportunities available

**Keywords:**

**Training/research opportunities:** No

**Practicum Application Deadline:** February 1, 2023

**Application procedure:** (i.e., documents needed for application, number of references, etc.) 1. cover letter, 2. C.V., 3. one sample clinical report, 4) two reference letters

*Last Updated:* September 19, 2022



Office: 460 Main St. E., Suite 201 Hamilton, ON L8N 1K4  
Mail: P.O. Box 5189, LCD 1, Hamilton, ON L8L 8G1  
Phone 905-523-1020 | Fax 905-523-1877  
info@thrivechildand youth.ca | www.thrivechildand youth.ca  
Charitable Reg. No. 893261727RR1

## **Practicum Site Information Sheet**

**Name of site:** THRIVE Child and Youth Trauma Services

**Supervisor or Contact Person:** Sheryn Ricker, Dip.C.S., C.P.T., C.Psych.Assoc.

**Email:** [info@thrivechildand youth.ca](mailto:info@thrivechildand youth.ca)

**Phone:** (905)-523-1020 ext. 210

**Address:** 460 Main Street East, Suite 201 Hamilton, ON L8L 8G1

### **Type of Practicum offered:**

Child ☒ Adult ☐ Both ☐

Assessment ☐ Intervention ☐ Both ☒

### **General Information:**

#### **Who We Are:**

THRIVE Child and Youth Trauma Services is a not-for-profit organization that provides professional assessment and trauma treatment services, as well as prevention and educational programs. Our catchment area for services extends across the Greater Hamilton and surrounding area. We are providing our usual services during the COVID-19 pandemic while using a mixed model of assessment, using virtual platforms as well as remote/in-person appointments at a limited capacity. Therefore, practicum students will need to attend clinical supervision in-person, at our office in Hamilton to maximize the learning capacity and quality of experience. For the convenience of our team, free parking on site is available at the back of the building.

#### **What We Do:**



Our treatment programs include comprehensive assessment and specialized treatment for children and youth in the Hamilton community who have been sexually abused, have been involved in intrafamilial sexual abuse, or have concerning sexualized behaviours. We also offer services to address the unique needs of refugee and immigrant children and youth experiencing trauma symptoms or significant acculturation stress as well as support to their families. We also offer Hamilton's only funded children's mental health support specially designed for Racialized and Indigenous young people. Our work in this program is two fold; to provide culturally responsive mental health supports to youth by a diverse team of clinicians, and to increase capacity in children's mental health service providers through the delivery of Anti-Black Racism training and support. Our primary goal across all programs is to provide a psychologically and physically safe and secure environment that promotes healing from trauma. We also aim to educate our community and our clients about trauma, child abuse and its impact.

### **Our Approach:**

Our organization is strongly committed to delivering outstanding service, and thus, our clinical programs are designed based on best practice and evidence-informed research and are delivered by trained clinical specialists in the field under the careful direction and expertise of our Clinical Supervisors.

### **As a Member of our Team, During your Practicum Placement:**

You will administer, score, and interpret, both orally and in writing, psychological assessment tools relevant to our practice. Depending on learning goals, opportunities for completion of comprehensive Psychological Assessments as well as specialized assessments and interventions relevant to the client populations we serve is also available. We function as a multidisciplinary team and as such there will be opportunities and expectations for participation in the same. This could include community collaboration where appropriate, as the practicum supervisor is in a unique partnership role with another community service provider. Treatment modalities used within the organization include, but are not limited to, TFCBT, CBT, ACT, EFFT, Play Therapy, Art Therapy, Narrative Therapy, Brief/Solution Focussed interventions and relevant psychoeducation delivered individually, in a family context or in groups. Depending on case requirements, exposure to some but not all of these can be expected.

*If you wish to learn more about our organization and the services we provide, please visit our website at [www.thrivechildandyouth.ca](http://www.thrivechildandyouth.ca).*

**Keywords:** Child and Youth mental health, Trauma, Psychology, Clinical Assessment

**Training/research opportunities: what they will be doing maybe and what the training will look like in terms of supervision?**

It is our hope that the successful applicant will have some of the required skills and exposure to at least some of the tools we use regularly. We will train in the use of others and assist in developing the skills for integration of data gathered from a variety of sources leading to a cohesive formulation and effective communication of the same. Individual supervision will be provided in accordance with the requirements of the sponsoring educational institution, the College of Psychologists and THRIVE. As interests and time allow, there is the possibility of a limited scope research project comparing pre and post treatment measures which have already been collected.

**Practicum Application Deadline:** We are following the application deadline and Match process set out by the GTA practicum coordinators.

**Application procedure:** Please submit a Curriculum Vitae, a statement of interest, along with 2 professional/clinical references to the following email: [sheryn.ricker@thrivechildand youth.ca](mailto:sheryn.ricker@thrivechildand youth.ca). Students selected will be contacted for an interview

*Last Updated:* November 2022

**\*NOTE:** Supervision at this site is available only from a Psychological Associate, which may affect eligibility for some programs. Please check with your Director of Clinical Training / Practicum Coordinator prior to applying.

## **Practicum Site Information Sheet**

**Name of site:** [The Red Oak Centre](#)

**Supervisor or Contact Person:** Dr. Dahlia Fisher, C.Psych. & Peyton Sullivan

**Email:** [dfisher@theredoak.ca](mailto:dfisher@theredoak.ca) (email preferred to phone) & [psullivan@theredoak.ca](mailto:psullivan@theredoak.ca)

**Phone:** 647-748-4441

**Address:** 446 Spadina Road Suite 206 Toronto, ON M5P 3M2

**Type of Practicum offered:**

**Child** ✓

**Primarily Intervention** ✓ ; Some assessment opportunities may be possible

**Anticipated Number of Positions for 2023-2024:** 1-2

### **General Information:**

We are located in the Spadina village, just north of Spadina and St. Clair West. Our centre is TTC accessible - we are a short walk from St. Clair West subway station and the TTC Forest Hill #33 bus stops in front of our Centre. You can also take the TTC 512 St Clair streetcar and get off at Spadina and St. Clair.

We support children, adolescents and parents through psychological services. Other treatment services at our practice include psychoeducational assessments, occupational therapy, speech language pathology, academic support, executive function support, education consulting and social communication.

### **Supervision:**

Dr. Dahlia Fisher, C.Psych. will oversee the supervision for the practicum program. However, additional psychologists will contribute to supervision as well. If there is more than one practicum student at any time, group supervision is available.

**Keywords:** Anxiety disorders, mood disorders, OCD, ADHD, parent consultation

### **Training/research opportunities:**

There are informal opportunities to learn about evidence-based treatment modalities including CBT, DBT and ACT through supervision. There are also opportunities to learn

about health psychology.

**Practicum Application Deadline: February 1, 2023**

**Application procedure**

We ask all applicants to include a cover letter, CV, and 2 letters of reference.

*Last Updated:* October 25, 2022