

The 13th Annual Summer Institute on Early Childhood Development
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Playing for Keeps: The Long-Term Benefits of Play

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Childhood: For best results, use outdoors.
www.childnature.ca



The Biggest Risk is
**KEEPING KIDS
INDOORS**



2015

The ParticipACTION Report Card on
Physical Activity for Children and Youth



POSITION STATEMENT ON ACTIVE OUTDOOR PLAY

Position



Access to active play in nature and outdoors—with its risks—is essential for healthy child development. We recommend increasing children’s opportunities for self-directed play outdoors in all settings—at home, at school, in child care, the community and nature.



Evaluation of the Lawson Foundation Outdoor Play Strategy

Social Research and Demonstration Corporation