

Dear OISE Mentors & Mentees,

Welcome to the OISE Mentorship Program. This year, we're welcoming nearly 600 participants from many fields of education, all with unique experiences to share.

Now that you've been matched with a new mentor or mentee — please see your inbox for our automated match emails — we're excited to help you launch your mentorship journey!

In this program, alumni and students set their own goals, expectations and meeting schedules. But we're always here to offer guidance and resources to help ensure a rewarding experience for all.

What are the next steps?

To help facilitate a stress-free mentorship, please review our M&M Five-Step Plan:

1. **Say hello!**: Now that you've been matched, please connect with your mentor or mentees right away, and share 3 unique things about yourself. Getting to know each other virtually is your first order of business.
2. **Find a platform**: Together, mentors and mentees will decide on a preferred digital platform or means for your meetings. Email, phone, Zoom, Slack, Google Hangouts and Microsoft Teams offer free ways connect and share online.
3. **Do the prep work**: It's a good idea to prepare for your first official meeting in October by writing down some questions or talking points. You may work on our [mentorship handbook](#) together.
4. **Communicate your goals**: Openly discuss what you hope to get out of the mentorship program, share your boundaries and listen respectfully. *Important!* Alumni are not there to offer or search for jobs for students.
5. **Start a schedule**: Early on, come up with a meeting schedule for the year. Have a conversation about how to maintain communication for the duration of the program. [Download the goal-setting schedule](#).

Bonus: Watch highlights from the virtual launch event below.

Your role at a glance

- Review the M&M Five Step Plan above
- Maintain contact once month on mutual terms from October - March
- Discuss professional goals, career possibilities, industry trends, personal interests, and your favourite OISE experiences
- Be respectful and open with your student or volunteer mentor
- Try joining us at virtual events, webinars this fall (coming soon!)

Virtual Launch Event [Recording](#)

To learn more about the program, our volunteers and your peers, watch our

interactive welcome webinar featuring special presentations, polls and big raffle prizes! Participants came prepared to share 3 things they learned about their new match.

[25+ unique things you shared about your matches](#)

[Watch the launch event recording](#)

New in COVID-19

To help keep our community safe, this year's program will operate virtually. We will not be hosting any gatherings at OISE until it is safe to do so. Participants will be expected to connect digitally on at least 6 occasions.

Some participants may agree to meet in person. If this occurs, please practice physical distancing of at least two metres/six feet from each other and every other person, and please wear a mask. For more information, see the following COVID-19 resources.

- [OISE Together Hub: Your guide to OISE this fall](#)
- [UTogether2020: A roadmap for the University of Toronto](#)
- [COVID-19 \(coronavirus\) in Ontario](#)
- [World Health Organization COVID-19 resources](#)

IMPORTANT: Participants are under no obligation to meet in person. For everyone's health and safety, we encourage alumni and students to connect virtually. Please review our [Terms & Disclaimer](#).

Thank you for helping to make this a mutually rewarding mentorship experience.

You're all set!

Please check our website for updates, resources and future events.

[Visit our website](#)

Questions? Please contact us.

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